

|                  | MONDAY             | TUESDAY            | WEDNESDAY          | THURSDAY           | FRIDAY           | SATURDAY              | SUNDAY            |
|------------------|--------------------|--------------------|--------------------|--------------------|------------------|-----------------------|-------------------|
| SENIORS (PM)     | 5.30pm-7.30pm MP   | 5.30pm-7.30pm MP   | 5.30pm-7.30pm MP   | 5.30pm-7.30pm MP   | 5.30pm-7.30pm MP |                       |                   |
| SENIORS (AM)     | 5.15am-7.30am CP   | 5.15am-7.30am MP   | 5.15am-7.30am CP   | 5.15am-7.30am MP   | 5.15am-7.30am CP | 6.00am-8.00am CP      |                   |
| SENIORS (LAND)   | 7.30pm-8.00pm      | 7.30pm-8.00pm      | 7.30pm-8.00pm      | 7.30pm-8.00pm      | 7.30pm-8.00pm    |                       |                   |
| AGE GROUP (PM)   | 7.30pm-9.00pm MP   | 7.30pm-9.00pm MP   | 7.30pm-9.00pm MP   | 7.30pm-9.00pm MP   | 7.30pm-9.00pm MP |                       |                   |
| AGE GROUP (AM)   |                    | 5.15am-7.30am MP   |                    | 5.15am-7.30am MP   |                  | 6.00am-8.00am CP      |                   |
| AGE GROUP (LAND) | 7.00pm-7.30pm      | 7.00pm-7.30pm      | 7.00pm-7.30pm      | 7.00pm-7.30pm      | 7.00pm-7.30pm    |                       |                   |
| JAG              | 7.30pm-9.00pm MP   | 7.30pm-9.00pm MP   | 7.30pm-9.00pm MP   | 7.30pm-9.00pm MP   | 7.30pm-9.00pm MP | 6.00am-8.00am MP      |                   |
| JAG (LAND)       | 7.00pm-7.30pm      | 7.00pm-7.30pm      | 7.00pm-7.30pm      | 7.00pm-7.30pm      | 7.00pm-7.30pm    |                       |                   |
| PRELIM GROUP     | 6.30pm-7.30pm MP   | 6.30pm-7.30pm MP   | 6.30pm-7.30pm MP   | 6.30pm-7.30pm MP   | 6.30pm-7.30pm MP | 6.00am-8.00am MP      |                   |
| SHARKS           | 5.30pm-6.30pm MP   |                    | 5.30pm-6.30pm MP   |                    | 5.30pm-6.30pm MP | 6.00am-8.00am MP      |                   |
| DOLPHINS 6-9 YRS |                    | 5.30pm-6.30pm MP   |                    | 5.30pm-6.30pm MP   |                  | 7.30am-8.00am Dive MP |                   |
| AGE AT 31 DEC    |                    |                    |                    |                    |                  | 8.00am-9.00am Swim CP |                   |
| DOLPHINS 10 YRS  |                    | 5.30pm-6.30pm CP   |                    | 5.30pm-6.30pm CP   |                  | 7.30am-8.00am Dive MP |                   |
| AGE AT 31 DEC    |                    |                    |                    |                    |                  | 8.00am-9.00am Swim CP |                   |
| JUNIOR CLUB B    |                    | 6.30pm-7.30pm CP   |                    | 6.30pm-7.30pm CP   |                  |                       | 9.00am-10.30am CP |
| JUNIOR CLUB A    |                    | 7.30pm-8.30pm CP   |                    | 7.30pm-8.30pm CP   |                  |                       | 9.00am-10.30am CP |
| SENIOR CLUB B    | 5.30pm-7.00pm CP   |                    | 5.30pm-7.00pm CP   |                    | 5.30pm-7.00pm CP |                       |                   |
| SENIOR CLUB A    | 7.00pm-8.30pm CP   |                    | 7.00pm-8.30pm CP   |                    | 7.00pm-8.30pm CP |                       |                   |
| MASTERS          | 9.00pm-10.30pm MP* | 9.00pm-10.30pm MP* | 9.00pm-10.30pm MP* | 9.00pm-10.30pm MP* |                  | 8.00am-9.00am MP      | 4.30pm-6.30pm MP  |