

**Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018  
Results**

**Event 1 Women 25-29 1500 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Stephanie Ramsay	25	Out to Swim	21:17.06	20:25.49
34.77	1:13.39 (38.62)	1:52.86 (39.47)	2:33.86 (41.00)	
3:14.27 (40.41)	3:54.30 (40.03)	4:35.12 (40.82)	5:16.27 (41.15)	
5:57.86 (41.59)	6:39.28 (41.42)	7:20.44 (41.16)	8:02.07 (41.63)	
8:43.52 (41.45)	9:25.84 (42.32)	10:07.32 (41.48)	10:48.49 (41.17)	
11:29.99 (41.50)	12:12.28 (42.29)	12:53.44 (41.16)	13:34.87 (41.43)	
14:15.62 (40.75)	14:57.40 (41.78)	15:39.23 (41.83)	16:20.42 (41.19)	
17:02.37 (41.95)	17:43.86 (41.49)	18:25.04 (41.18)	19:06.85 (41.81)	
19:47.39 (40.54)	20:25.49 (38.10)			

**Event 1 Women 30-34 1500 SC Meter Freestyle**

1 Sarah Nisbet	30	Lewes	21:00.55	19:33.13
33.71	1:10.37 (36.66)	1:48.77 (38.40)	2:27.16 (38.39)	
3:05.54 (38.38)	3:44.62 (39.08)	4:23.93 (39.31)	5:02.53 (38.60)	
5:41.92 (39.39)	6:21.23 (39.31)	7:00.25 (39.02)	7:39.86 (39.61)	
8:19.07 (39.21)	8:58.61 (39.54)	9:37.65 (39.04)	10:16.97 (39.32)	
10:56.57 (39.60)	11:36.33 (39.76)	12:15.78 (39.45)	12:55.10 (39.32)	
13:35.57 (40.47)	14:15.14 (39.57)	14:54.83 (39.69)	15:34.51 (39.68)	
16:14.03 (39.52)	16:54.55 (40.52)	17:34.92 (40.37)	18:14.54 (39.62)	
18:53.57 (39.03)	19:33.13 (39.56)			

2 Paola Freitas	31	Enfield Swim Squad	20:00.00	19:53.06
36.25	1:15.21 (38.96)	1:55.59 (40.38)	2:36.07 (40.48)	
3:16.24 (40.17)	3:56.57 (40.33)	4:36.81 (40.24)	5:16.99 (40.18)	
5:56.93 (39.94)	6:36.95 (40.02)	7:16.77 (39.82)	7:56.69 (39.92)	
8:36.69 (40.00)	9:16.48 (39.79)	9:56.35 (39.87)	10:35.95 (39.60)	
11:15.60 (39.65)	11:55.63 (40.03)	12:35.42 (39.79)	13:15.16 (39.74)	
13:55.21 (40.05)	14:35.00 (39.79)	15:15.34 (40.34)	15:55.51 (40.17)	
16:35.41 (39.90)	17:15.29 (39.88)	17:54.92 (39.63)	18:34.56 (39.64)	
19:14.46 (39.90)	19:53.06 (38.60)			

**Event 1 Women 35-39 1500 SC Meter Freestyle**

1 Jo Mitchinson	39	Stevenage	19:00.00	18:26.98
33.32	1:09.53 (36.21)	1:46.53 (37.00)	2:23.79 (37.26)	
3:01.10 (37.31)	3:38.49 (37.39)	4:16.08 (37.59)	4:53.48 (37.40)	
5:30.78 (37.30)	6:08.06 (37.28)	6:45.09 (37.03)	7:22.00 (36.91)	
7:58.94 (36.94)	8:35.98 (37.04)	9:13.01 (37.03)	9:49.99 (36.98)	
10:27.09 (37.10)	11:04.16 (37.07)	11:41.28 (37.12)	12:18.21 (36.93)	
12:55.26 (37.05)	13:32.26 (37.00)	14:09.32 (37.06)	14:46.62 (37.30)	
15:23.74 (37.12)	16:00.89 (37.15)	16:37.90 (37.01)	17:14.75 (36.85)	
17:51.35 (36.60)	18:26.98 (35.63)			

2 Gina Charleton	36	Orpington Ojays	24:00.00	22:42.82
40.44	1:22.81 (42.37)	2:06.48 (43.67)	2:51.21 (44.73)	
3:36.49 (45.28)	4:22.03 (45.54)	5:07.63 (45.60)	5:52.81 (45.18)	
6:38.58 (45.77)	7:24.10 (45.52)	8:09.42 (45.32)	8:54.86 (45.44)	
9:40.61 (45.75)	10:26.56 (45.95)	11:12.20 (45.64)	11:58.43 (46.23)	
12:44.31 (45.88)	13:30.03 (45.72)	14:16.39 (46.36)	15:02.02 (45.63)	
15:47.95 (45.93)	16:34.06 (46.11)	17:20.02 (45.96)	18:06.24 (46.22)	
18:52.26 (46.02)	19:38.94 (46.68)	20:25.23 (46.29)	21:12.20 (46.97)	
21:58.90 (46.70)	22:42.82 (43.92)			

3 Alaine Tsang	37	Asa Temporary Cat 2	30:00.00	27:21.21
50.81	1:43.55 (52.74)	2:38.60 (55.05)	3:34.75 (56.15)	
4:30.01 (55.26)	5:24.78 (54.77)	6:19.85 (55.07)	7:14.72 (54.87)	
8:08.95 (54.23)		9:03.74 ( )	10:00.17 (56.43)	
10:55.78 (55.61)	11:50.45 (54.67)	12:45.38 (54.93)	13:40.53 (55.15)	
14:34.77 (54.24)	15:30.20 (55.43)	16:25.06 (54.86)	17:19.64 (54.58)	
	18:14.98 ( )	19:09.38 (54.40)	20:04.80 (55.42)	
21:00.52 (55.72)	21:57.51 (56.99)	22:51.84 (54.33)	23:46.60 (54.76)	

**Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018**  
**Results**

24:42.16 (55.56)    25:37.11 (54.95)    26:31.56 (54.45)    27:21.21 (49.65)

**Event 1 Women 40-44 1500 SC Meter Freestyle**

1	Titta Laattala	41	Out to Swim	33:00.00	28:43.40
	50.83	1:46.56 (55.73)	2:43.89 (57.33)	3:41.02 (57.13)	
	4:37.61 (56.59)	5:34.47 (56.86)	6:31.49 (57.02)	7:27.86 (56.37)	
	8:25.09 (57.23)		9:23.03 ( )	10:23.39 (1:00.36)	
	11:22.80 (59.41)	12:21.14 (58.34)	13:20.83 (59.69)	14:21.05 (1:00.22)	
	15:20.43 (59.38)	16:19.48 (59.05)	17:17.55 (58.07)	18:16.24 (58.69)	
		19:15.48 ( )	20:12.49 (57.01)	21:10.28 (57.79)	
	22:08.49 (58.21)	23:05.76 (57.27)	24:03.46 (57.70)	25:01.12 (57.66)	
	25:58.57 (57.45)	26:56.49 (57.92)	27:52.59 (56.10)	28:43.40 (50.81)	
2	Joanna Wood	44	Redbridge Borough Masters	34:00.00	30:48.30
	50.49	1:48.53 (58.04)	2:49.20 (1:00.67)	3:49.95 (1:00.75)	
	4:51.40 (1:01.45)	5:53.15 (1:01.75)	6:54.97 (1:01.82)	7:56.69 (1:01.72)	
	8:58.77 (1:02.08)		10:00.26 ( )	11:02.22 (1:01.96)	
	12:04.77 (1:02.55)	13:06.72 (1:01.95)	14:09.10 (1:02.38)	15:11.22 (1:02.12)	
	16:12.24 (1:01.02)	17:15.33 (1:03.09)	18:18.32 (1:02.99)	19:20.92 (1:02.60)	
		20:24.41 ( )	21:27.60 (1:03.19)	22:31.17 (1:03.57)	
	23:34.11 (1:02.94)	24:36.77 (1:02.66)	25:39.29 (1:02.52)	26:42.28 (1:02.99)	
	27:44.76 (1:02.48)	28:47.35 (1:02.59)	29:48.86 (1:01.51)	30:48.30 (59.44)	

**Event 1 Women 45-49 1500 SC Meter Freestyle**

1	Lucy Roper	46	Reading	24:00.00	23:54.64
	42.64	1:28.92 (46.28)	2:16.42 (47.50)	3:03.90 (47.48)	
	3:51.46 (47.56)	4:39.43 (47.97)	5:27.17 (47.74)	6:15.22 (48.05)	
	7:03.84 (48.62)	7:51.80 (47.96)	8:40.32 (48.52)	9:28.79 (48.47)	
	10:16.45 (47.66)	11:04.33 (47.88)	11:52.18 (47.85)	12:40.25 (48.07)	
	13:28.73 (48.48)	14:17.45 (48.72)	15:05.43 (47.98)	15:53.37 (47.94)	
	16:41.59 (48.22)	17:30.31 (48.72)	18:18.39 (48.08)	19:06.63 (48.24)	
	19:54.86 (48.23)	20:43.36 (48.50)	21:31.35 (47.99)	22:20.51 (49.16)	
	23:08.99 (48.48)	23:54.64 (45.65)			
2	Caroline Coles	47	Enfield Swim Squad	27:30.00	24:47.23
	43.74	1:31.27 (47.53)	2:20.49 (49.22)	3:10.60 (50.11)	
	4:00.72 (50.12)	4:50.44 (49.72)	5:40.60 (50.16)	6:30.63 (50.03)	
	7:20.62 (49.99)	8:10.58 (49.96)	9:01.19 (50.61)	9:50.87 (49.68)	
	10:40.56 (49.69)	11:30.61 (50.05)	12:20.77 (50.16)	13:10.50 (49.73)	
	14:00.45 (49.95)	14:50.54 (50.09)	15:41.37 (50.83)	16:31.49 (50.12)	
	17:21.41 (49.92)	18:10.95 (49.54)	19:01.01 (50.06)	19:50.71 (49.70)	
	20:41.00 (50.29)	21:31.34 (50.34)	22:21.71 (50.37)	23:11.94 (50.23)	
	24:01.41 (49.47)	24:47.23 (45.82)			

**Event 1 Women 50-54 1500 SC Meter Freestyle**

1	Cate Jackson	54	Barnet Copthall	21:30.00	20:06.17
	36.08	1:15.22 (39.14)	1:54.99 (39.77)	2:35.47 (40.48)	
	3:15.65 (40.18)	3:55.32 (39.67)	4:35.03 (39.71)	5:15.34 (40.31)	
	5:55.48 (40.14)	6:35.47 (39.99)	7:15.72 (40.25)	7:56.19 (40.47)	
	8:37.05 (40.86)	9:17.33 (40.28)	9:57.81 (40.48)	10:38.24 (40.43)	
	11:18.63 (40.39)	11:58.83 (40.20)	12:39.92 (41.09)	13:20.47 (40.55)	
	14:00.97 (40.50)	14:41.38 (40.41)	15:22.40 (41.02)	16:03.42 (41.02)	
	16:44.65 (41.23)	17:25.88 (41.23)	18:06.95 (41.07)	18:47.60 (40.65)	
	19:27.54 (39.94)	20:06.17 (38.63)			
2	Karen Murphy	50	Enfield Swim Squad	29:30.00	27:12.77
	52.94	1:47.67 (54.73)	2:43.35 (55.68)	3:38.49 (55.14)	
	4:33.00 (54.51)	5:27.44 (54.44)	6:22.04 (54.60)	7:16.84 (54.80)	
	8:11.27 (54.43)	9:06.08 (54.81)	10:00.60 (54.52)	10:55.76 (55.16)	
	11:50.78 (55.02)	12:47.17 (56.39)	13:40.98 (53.81)	14:35.33 (54.35)	
	15:30.91 (55.58)	16:25.30 (54.39)	17:19.42 (54.12)	18:14.40 (54.98)	
	19:08.71 (54.31)	20:03.47 (54.76)	20:58.03 (54.56)	21:52.84 (54.81)	
	22:48.83 (55.99)	23:42.08 (53.25)	24:36.31 (54.23)	25:28.65 (52.34)	
	26:22.47 (53.82)	27:12.77 (50.30)			

**Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018**  
**Results**

3	Pauline Tester	54	Redbridge Borough Masters	30:00.00	27:21.77
	51.46	1:45.35 (53.89)	2:39.92 (54.57)	3:35.40 (55.48)	
	4:29.48 (54.08)	5:24.73 (55.25)	6:19.21 (54.48)	7:14.22 (55.01)	
	8:08.68 (54.46)		9:03.04 ( )	9:57.77 (54.73)	
	10:52.65 (54.88)	11:47.58 (54.93)	12:42.47 (54.89)	13:36.82 (54.35)	
	14:32.05 (55.23)	15:27.02 (54.97)	16:21.68 (54.66)	17:16.69 (55.01)	
		18:11.74 ( )	19:06.78 (55.04)	20:02.47 (55.69)	
	20:56.87 (54.40)	21:52.79 (55.92)	22:48.37 (55.58)	23:43.64 (55.27)	
	24:38.78 (55.14)	25:34.51 (55.73)	26:29.44 (54.93)	27:21.77 (52.33)	

**Event 1 Women 55-59 1500 SC Meter Freestyle**

1	Christina Symeonides	55	Enfield Swim Squad	26:30.00	26:36.47
	47.08	1:38.69 (51.61)	2:31.81 (53.12)	3:25.57 (53.76)	
	4:18.98 (53.41)	5:12.07 (53.09)	6:05.59 (53.52)	6:58.85 (53.26)	
	7:51.90 (53.05)	8:44.97 (53.07)	9:38.31 (53.34)	10:32.12 (53.81)	
	11:25.14 (53.02)	12:19.04 (53.90)	13:12.90 (53.86)	14:06.41 (53.51)	
	15:00.00 (53.59)	15:53.17 (53.17)	16:47.63 (54.46)	17:40.80 (53.17)	
	18:33.89 (53.09)	19:28.47 (54.58)	20:22.38 (53.91)	21:16.17 (53.79)	
	22:09.90 (53.73)	23:03.67 (53.77)	23:58.01 (54.34)	24:52.06 (54.05)	
	25:45.76 (53.70)	26:36.47 (50.71)			

2	Jacqueline Patel	58	Kings Cormorants	30:00.00	28:34.36
	50.04	1:46.28 (56.24)	2:44.38 (58.10)	3:41.21 (56.83)	
	4:38.49 (57.28)	5:35.66 (57.17)	6:32.55 (56.89)	7:30.03 (57.48)	
	8:27.53 (57.50)	9:24.68 (57.15)	10:21.94 (57.26)	11:19.79 (57.85)	
	12:16.99 (57.20)	13:14.21 (57.22)	14:11.46 (57.25)	15:09.10 (57.64)	
	16:06.80 (57.70)	17:04.54 (57.74)	18:02.31 (57.77)	19:00.63 (58.32)	
	19:58.61 (57.98)	20:56.51 (57.90)	21:54.76 (58.25)	22:52.73 (57.97)	
	23:50.52 (57.79)	24:49.20 (58.68)	25:46.69 (57.49)	26:44.05 (57.36)	
	27:40.93 (56.88)	28:34.36 (53.43)			

**Event 1 Women 60-64 1500 SC Meter Freestyle**

1	Sharon Mc Lellan	60	Sudbury & District	26:30.00	25:11.73
	45.84	1:35.31 (49.47)	2:26.03 (50.72)	3:16.43 (50.40)	
	4:06.96 (50.53)	4:57.39 (50.43)	5:47.75 (50.36)	6:38.16 (50.41)	
	7:29.05 (50.89)	8:19.78 (50.73)	9:09.92 (50.14)	10:00.56 (50.64)	
	10:51.15 (50.59)	11:41.62 (50.47)	12:31.99 (50.37)	13:22.42 (50.43)	
	14:12.91 (50.49)	15:03.87 (50.96)	15:54.58 (50.71)	16:45.30 (50.72)	
	17:35.88 (50.58)	18:26.45 (50.57)	19:17.22 (50.77)	20:07.91 (50.69)	
	20:58.97 (51.06)	21:49.68 (50.71)	22:40.73 (51.05)	23:31.68 (50.95)	
	24:22.53 (50.85)	25:11.73 (49.20)			

2	Oonagh Gormley	60	Out to Swim	28:00.00	27:12.08
	47.27	1:38.96 (51.69)	2:33.08 (54.12)	3:27.47 (54.39)	
	4:22.83 (55.36)	5:17.32 (54.49)	6:12.21 (54.89)	7:07.28 (55.07)	
	8:02.38 (55.10)	8:57.48 (55.10)	9:52.79 (55.31)	10:47.68 (54.89)	
	11:43.11 (55.43)	12:37.90 (54.79)	13:32.29 (54.39)	14:26.93 (54.64)	
	15:21.89 (54.96)	16:16.59 (54.70)	17:11.03 (54.44)	18:05.93 (54.90)	
	19:00.76 (54.83)	19:55.31 (54.55)	20:49.87 (54.56)	21:44.78 (54.91)	
	22:39.49 (54.71)	23:34.27 (54.78)	24:29.64 (55.37)	25:24.38 (54.74)	
	26:19.92 (55.54)	27:12.08 (52.16)			

3	Jane Murphy	62	Asa Temporary Cat 2	29:00.00	29:41.53
	54.75	1:49.90 (55.15)	2:48.46 (58.56)	3:47.14 (58.68)	
	4:46.17 (59.03)	5:43.81 (57.64)	6:44.98 (1:01.17)	7:44.74 (59.76)	
	8:43.94 (59.20)	9:45.38 (1:01.44)	10:46.64 (1:01.26)	11:47.79 (1:01.15)	
	12:48.46 (1:00.67)	13:48.37 (59.91)	14:46.74 (58.37)	15:45.55 (58.81)	
	16:46.04 (1:00.49)	17:45.59 (59.55)	18:44.42 (58.83)	19:44.31 (59.89)	
	20:42.78 (58.47)	21:42.96 (1:00.18)	22:43.11 (1:00.15)	23:42.26 (59.15)	

**Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018**  
**Results**

24:42.06 (59.80) 25:42.35 (1:00.29) 26:43.49 (1:01.14) 27:43.16 (59.67)  
 28:43.06 (59.90) 29:41.53 (58.47)

**Event 1 Women 70-74 1500 SC Meter Freestyle**

1 Elizabeth Savidge 74 Kings Cormorants 33:00.00 29:46.68  
 50.27 1:47.11 (56.84) 2:46.24 (59.13) 3:45.70 (59.46)  
 4:45.58 (59.88) 5:46.80 (1:01.22) 6:47.23 (1:00.43) 7:47.14 (59.91)  
 8:46.81 (59.67) 9:46.69 ( ) 10:46.54 (59.85)  
 11:47.13 (1:00.59) 12:45.27 (58.14) 13:45.85 (1:00.58) 14:48.13 (1:02.28)  
 15:48.07 (59.94) 16:47.78 (59.71) 17:49.46 (1:01.68) 18:48.96 (59.50)  
 19:48.50 ( ) 20:47.23 (58.73) 21:46.63 (59.40)  
 22:46.82 (1:00.19) 23:47.68 (1:00.86) 24:48.09 (1:00.41) 25:48.99 (1:00.90)  
 26:49.48 (1:00.49) 27:51.31 (1:01.83) 28:51.07 (59.76) 29:46.68 (55.61)

**Event 1 Men 25-29 1500 SC Meter Freestyle**

1 Jordan Gustavson 25 Out to Swim 23:30.00 20:32.67  
 35.29 1:13.86 (38.57) 1:52.68 (38.82) 2:33.19 (40.51)  
 3:13.83 (40.64) 3:54.57 (40.74) 4:34.84 (40.27) 5:16.13 (41.29)  
 5:57.58 (41.45) 6:39.09 (41.51) 7:20.50 (41.41) 8:01.71 (41.21)  
 8:43.90 (42.19) 9:25.32 (41.42) 10:06.27 (40.95) 10:48.58 (42.31)  
 11:30.52 (41.94) 12:12.30 (41.78) 12:54.12 (41.82) 13:36.39 (42.27)  
 14:18.32 (41.93) 15:00.57 (42.25) 15:42.86 (42.29) 16:25.76 (42.90)  
 17:08.26 (42.50) 17:50.78 (42.52) 18:31.81 (41.03) 19:14.05 (42.24)  
 19:55.19 (41.14) 20:32.67 (37.48)

2 Sam Bradley 25 Team Luton 22:30.00 21:33.21  
 38.09 1:19.05 (40.96) 2:00.86 (41.81) 2:42.83 (41.97)  
 3:25.17 (42.34) 4:08.27 (43.10) 4:50.85 (42.58) 5:34.07 (43.22)  
 6:17.34 (43.27) 7:00.39 (43.05) 7:43.58 (43.19) 8:26.87 (43.29)  
 9:09.78 (42.91) 9:53.40 (43.62) 10:36.96 (43.56) 11:20.56 (43.60)  
 12:03.93 (43.37) 12:47.61 (43.68) 13:31.56 (43.95) 14:15.82 (44.26)  
 15:00.40 (44.58) 15:44.44 (44.04) 16:28.10 (43.66) 17:11.53 (43.43)  
 17:55.07 (43.54) 18:38.78 (43.71) 19:23.02 (44.24) 20:06.41 (43.39)  
 20:50.30 (43.89) 21:33.21 (42.91)

**Event 1 Men 30-34 1500 SC Meter Freestyle**

1 Andrew Swanston 34 Barnet Copthall 18:15.21 17:36.20  
 31.76 1:06.44 (34.68) 1:42.02 (35.58) 2:17.59 (35.57)  
 2:53.42 (35.83) 3:28.94 (35.52) 4:04.32 (35.38) 4:39.67 (35.35)  
 5:15.06 (35.39) 5:50.46 (35.40) 6:25.62 (35.16) 7:00.93 (35.31)  
 7:36.87 (35.94) 8:12.47 (35.60) 8:47.93 (35.46) 9:23.60 (35.67)  
 9:59.19 (35.59) 10:34.85 (35.66) 11:10.85 (36.00) 11:46.88 (36.03)  
 12:22.56 (35.68) 12:58.02 (35.46) 13:33.33 (35.31) 14:08.46 (35.13)  
 14:43.62 (35.16) 15:19.01 (35.39) 15:54.03 (35.02) 16:28.88 (34.85)  
 17:03.30 (34.42) 17:36.20 (32.90)

2 John Wood 32 Berkhamsted 17:40.00 18:05.35  
 30.22 1:04.14 (33.92) 1:38.85 (34.71) 2:13.89 (35.04)  
 2:49.12 (35.23) 3:24.88 (35.76) 4:00.72 (35.84) 4:36.62 (35.90)  
 5:12.51 (35.89) 5:48.61 (36.10) 6:25.05 (36.44) 7:01.53 (36.48)  
 7:37.71 (36.18) 8:13.95 (36.24) 8:50.62 (36.67) 9:27.43 (36.81)  
 10:04.63 (37.20) 10:41.51 (36.88) 11:18.31 (36.80) 11:55.26 (36.95)  
 12:32.19 (36.93) 13:09.28 (37.09) 13:46.51 (37.23) 14:23.94 (37.43)  
 15:00.93 (36.99) 15:37.90 (36.97) 16:14.85 (36.95) 16:52.27 (37.42)  
 17:29.62 (37.35) 18:05.35 (35.73)

3 Craig Holmes 34 Asa Temporary Cat 2 18:46.00 19:03.87  
 32.03 1:07.61 (35.58) 1:44.09 (36.48) 2:21.68 (37.59)  
 2:59.12 (37.44) 3:36.68 (37.56) 4:14.88 (38.20) 4:52.69 (37.81)  
 5:30.48 (37.79) 6:08.55 (38.07) 6:46.83 (38.28) 7:25.16 (38.33)  
 8:03.31 (38.15) 8:41.93 (38.62) 9:21.00 (39.07) 9:59.96 (38.96)

# Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018

## Results

10:38.27 (38.31)	11:16.78 (38.51)	11:55.45 (38.67)	12:34.55 (39.10)
13:13.29 (38.74)	13:52.19 (38.90)	14:31.66 (39.47)	15:10.46 (38.80)
15:49.12 (38.66)	16:28.30 (39.18)	17:07.12 (38.82)	17:46.81 (39.69)
18:26.13 (39.32)	19:03.87 (37.74)		

### Event 1 Men 35-39 1500 SC Meter Freestyle

1 Chris Short	36 Brentwood		
		19:45.00	19:28.26
33.43	1:10.13 (36.70)	1:48.16 (38.03)	2:26.27 (38.11)
3:05.45 (39.18)	3:44.48 (39.03)	4:23.67 (39.19)	5:02.81 (39.14)
5:41.97 (39.16)	6:21.17 (39.20)	7:00.81 (39.64)	7:40.05 (39.24)
8:19.34 (39.29)	8:58.91 (39.57)	9:38.20 (39.29)	10:17.78 (39.58)
10:57.13 (39.35)	11:36.45 (39.32)	12:15.78 (39.33)	12:54.87 (39.09)
13:34.54 (39.67)	14:14.63 (40.09)	14:54.11 (39.48)	15:33.37 (39.26)
16:13.46 (40.09)	16:53.08 (39.62)	17:32.72 (39.64)	18:11.83 (39.11)
18:50.54 (38.71)	19:28.26 (37.72)		
2 Gianluca Guicciardi	35 Asa Temporary Cat 2	20:00.00	19:42.30
36.39	1:13.92 (37.53)	1:52.55 (38.63)	2:31.68 (39.13)
3:10.90 (39.22)	3:50.22 (39.32)	4:29.66 (39.44)	5:08.91 (39.25)
5:48.30 (39.39)	6:27.95 (39.65)	7:07.24 (39.29)	7:46.85 (39.61)
8:26.48 (39.63)	9:06.24 (39.76)	9:49.09 (42.85)	10:28.53 (39.44)
11:08.28 (39.75)	11:47.64 (39.36)	12:27.30 (39.66)	13:06.87 (39.57)
13:46.39 (39.52)	14:26.45 (40.06)	15:05.91 (39.46)	15:45.02 (39.11)
16:24.76 (39.74)	17:04.47 (39.71)	17:44.53 (40.06)	18:24.71 (40.18)
19:04.13 (39.42)	19:42.30 (38.17)		

### Event 1 Men 40-44 1500 SC Meter Freestyle

1 Alan Wallace	42 City of Cambridge		
		21:45.00	21:42.25
38.02	1:19.53 (41.51)	2:02.04 (42.51)	2:45.56 (43.52)
3:29.21 (43.65)	4:12.46 (43.25)	4:56.08 (43.62)	5:39.78 (43.70)
6:24.15 (44.37)	7:07.41 (43.26)	7:51.07 (43.66)	8:35.50 (44.43)
9:19.70 (44.20)	10:03.24 (43.54)	10:47.06 (43.82)	11:30.53 (43.47)
12:14.69 (44.16)	12:58.19 (43.50)	13:41.90 (43.71)	14:26.35 (44.45)
15:09.87 (43.52)	15:53.56 (43.69)	16:37.48 (43.92)	17:21.35 (43.87)
18:05.25 (43.90)	18:49.09 (43.84)	19:33.84 (44.75)	20:17.75 (43.91)
21:01.49 (43.74)	21:42.25 (40.76)		
2 Barnaby Rudd	40 Guildford City	23:09.91	23:46.66
41.63	1:27.07 (45.44)	2:13.93 (46.86)	3:01.73 (47.80)
3:49.56 (47.83)	4:37.65 (48.09)	5:25.52 (47.87)	6:13.94 (48.42)
7:01.93 (47.99)	7:50.14 (48.21)	8:38.60 (48.46)	9:27.07 (48.47)
10:15.47 (48.40)	11:03.04 (47.57)	11:50.64 (47.60)	12:37.82 (47.18)
13:25.49 (47.67)	14:13.48 (47.99)	15:01.97 (48.49)	15:50.40 (48.43)
16:39.05 (48.65)	17:27.32 (48.27)	18:15.60 (48.28)	19:03.65 (48.05)
19:51.55 (47.90)	20:39.87 (48.32)	21:27.50 (47.63)	22:14.98 (47.48)
23:01.50 (46.52)	23:46.66 (45.16)		

### Event 1 Men 45-49 1500 SC Meter Freestyle

1 Glen Hall	47 Reading		
		20:30.00	18:04.67
32.96	1:08.39 (35.43)	1:44.26 (35.87)	2:20.44 (36.18)
2:56.60 (36.16)	3:33.06 (36.46)	4:09.63 (36.57)	4:46.13 (36.50)
5:22.53 (36.40)	5:58.75 (36.22)	6:35.10 (36.35)	7:11.37 (36.27)
7:47.61 (36.24)	8:24.01 (36.40)	9:00.32 (36.31)	9:36.51 (36.19)
10:12.82 (36.31)	10:49.32 (36.50)	11:25.55 (36.23)	12:01.96 (36.41)
12:38.26 (36.30)	13:14.81 (36.55)	13:51.36 (36.55)	14:27.76 (36.40)
15:04.28 (36.52)	15:40.53 (36.25)	16:17.04 (36.51)	16:53.26 (36.22)
17:29.49 (36.23)	18:04.67 (35.18)		
2 Niall Tiernan	49 Brentwood	19:55.00	20:10.87
32.73	1:08.61 (35.88)	1:45.49 (36.88)	2:23.04 (37.55)
3:01.73 (38.69)	3:41.31 (39.58)	4:21.26 (39.95)	5:01.69 (40.43)

# Barnet Cophall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018

## Results

5:42.53 (40.84)	6:23.92 (41.39)	7:04.82 (40.90)	7:46.22 (41.40)
8:27.42 (41.20)	9:08.87 (41.45)	9:50.84 (41.97)	10:32.69 (41.85)
11:13.94 (41.25)	11:55.32 (41.38)	12:36.81 (41.49)	13:17.70 (40.89)
13:59.16 (41.46)	14:40.69 (41.53)	15:22.02 (41.33)	16:04.00 (41.98)
16:45.83 (41.83)	17:28.12 (42.29)	18:08.83 (40.71)	18:49.90 (41.07)
19:30.53 (40.63)	20:10.87 (40.34)		

3	Chris Daniels	49	Camden Swiss Cottage S.C.	21:30.00	22:39.66
	38.41	1:20.67 (42.26)	2:04.98 (44.31)	2:50.25 (45.27)	
	3:35.84 (45.59)	4:22.20 (46.36)	5:09.46 (47.26)	5:55.48 (46.02)	
	6:41.79 (46.31)	7:28.34 (46.55)	8:15.66 (47.32)	9:03.17 (47.51)	
	9:49.93 (46.76)	10:35.86 (45.93)	11:21.59 (45.73)	12:06.81 (45.22)	
	12:52.71 (45.90)	13:38.36 (45.65)	14:23.90 (45.54)	15:09.39 (45.49)	
	15:55.10 (45.71)	16:40.36 (45.26)	17:26.18 (45.82)	18:11.19 (45.01)	
	18:56.60 (45.41)	19:42.28 (45.68)	20:27.55 (45.27)	21:12.77 (45.22)	
	21:57.16 (44.39)	22:39.66 (42.50)			

### Event 1 Men 50-54 1500 SC Meter Freestyle

1	David Josephs	54	Camden Swiss Cottage S.C.	21:30.00	22:23.00
	39.29	1:22.76 (43.47)	2:07.20 (44.44)	2:51.00 (43.80)	
	3:35.31 (44.31)	4:19.49 (44.18)	5:02.84 (43.35)	5:46.30 (43.46)	
	6:30.12 (43.82)	7:14.96 (44.84)	7:59.37 (44.41)	8:44.75 (45.38)	
	9:29.27 (44.52)	10:14.73 (45.46)	11:00.18 (45.45)	11:46.06 (45.88)	
	12:31.99 (45.93)	13:17.42 (45.43)	14:02.70 (45.28)	14:48.06 (45.36)	
	15:34.04 (45.98)	16:20.18 (46.14)	17:06.34 (46.16)	17:52.54 (46.20)	
	18:38.72 (46.18)	19:23.71 (44.99)	20:09.50 (45.79)	20:53.90 (44.40)	
	21:40.72 (46.82)	22:23.00 (42.28)			
2	Haydn Jones	53	Farnham	22:15.00	22:27.13
	40.02	1:23.34 (43.32)	2:07.76 (44.42)	2:52.44 (44.68)	
	3:37.36 (44.92)	4:22.50 (45.14)	5:08.11 (45.61)	5:53.26 (45.15)	
	6:38.65 (45.39)	7:23.95 (45.30)	8:09.02 (45.07)	8:54.57 (45.55)	
	9:39.84 (45.27)	10:24.97 (45.13)	11:10.79 (45.82)	11:56.22 (45.43)	
	12:41.45 (45.23)	13:27.08 (45.63)	14:12.64 (45.56)	14:58.32 (45.68)	
	15:43.82 (45.50)	16:29.52 (45.70)	17:14.82 (45.30)	18:00.26 (45.44)	
	18:45.42 (45.16)	19:30.81 (45.39)	20:15.97 (45.16)	21:00.61 (44.64)	
	21:44.82 (44.21)	22:27.13 (42.31)			

3	Simon Austin	54	Out to Swim	30:00.00	31:14.64
	52.47	1:50.18 (57.71)	2:52.33 (1:02.15)	3:53.71 (1:01.38)	
	4:53.62 (59.91)	5:57.47 (1:03.85)	7:00.44 (1:02.97)	8:04.50 (1:04.06)	
	9:06.69 (1:02.19)		10:08.34 ( )	11:11.27 (1:02.93)	
	12:15.38 (1:04.11)	13:19.00 (1:03.62)	14:24.27 (1:05.27)	15:29.07 (1:04.80)	
	16:31.96 (1:02.89)	17:35.99 (1:04.03)	18:40.43 (1:04.44)	19:46.68 (1:06.25)	
		20:51.16 ( )	21:55.93 (1:04.77)	22:56.66 (1:00.73)	
	24:01.30 (1:04.64)	25:05.07 (1:03.77)	26:07.03 (1:01.96)	27:11.75 (1:04.72)	
	28:14.25 (1:02.50)	29:14.88 (1:00.63)	30:17.86 (1:02.98)	31:14.64 (56.78)	

### Event 1 Men 55-59 1500 SC Meter Freestyle

1	Patrick Allen	56	Guildford City	23:00.00	21:57.26
	38.46	1:20.78 (42.32)	2:04.27 (43.49)	2:48.01 (43.74)	
	3:31.36 (43.35)	4:14.77 (43.41)	4:58.18 (43.41)	5:42.37 (44.19)	
	6:26.37 (44.00)	7:10.24 (43.87)	7:54.33 (44.09)	8:38.63 (44.30)	
	9:22.95 (44.32)	10:07.57 (44.62)	10:52.31 (44.74)	11:36.81 (44.50)	
	12:21.58 (44.77)	13:05.80 (44.22)	13:50.62 (44.82)	14:35.25 (44.63)	
	15:19.94 (44.69)	16:04.11 (44.17)	16:48.29 (44.18)	17:32.60 (44.31)	
	18:16.89 (44.29)	19:01.21 (44.32)	19:46.22 (45.01)	20:30.45 (44.23)	
	21:14.24 (43.79)	21:57.26 (43.02)			

**Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018**  
**Results**

2	Ralph Pinel	56	Redbridge Borough Masters	23:00.00	21:59.10
	38.28	1:17.85 (39.57)	1:58.45 (40.60)	2:39.53 (41.08)	
	3:20.71 (41.18)	4:01.93 (41.22)	4:43.18 (41.25)	5:24.52 (41.34)	
	6:06.76 (42.24)	6:49.14 (42.38)	7:31.60 (42.46)	8:14.57 (42.97)	
	8:57.69 (43.12)	9:41.93 (44.24)	10:25.12 (43.19)	11:10.41 (45.29)	
	11:55.69 (45.28)	12:40.18 (44.49)	13:25.82 (45.64)	14:11.55 (45.73)	
	14:57.57 (46.02)	15:43.58 (46.01)	16:29.33 (45.75)	17:14.83 (45.50)	
	18:00.54 (45.71)	18:46.62 (46.08)	19:34.29 (47.67)	20:22.18 (47.89)	
	21:11.26 (49.08)	21:59.10 (47.84)			

3	Ian Down	56	Barnet Copthall	27:00.00	23:20.57
	42.26	1:27.77 (45.51)	2:15.14 (47.37)	3:00.60 (45.46)	
	3:46.64 (46.04)	4:31.84 (45.20)	5:17.15 (45.31)	6:03.08 (45.93)	
	6:49.12 (46.04)	7:35.19 (46.07)	8:20.82 (45.63)	9:06.67 (45.85)	
	9:53.15 (46.48)	10:40.38 (47.23)	11:28.59 (48.21)	12:15.61 (47.02)	
	13:02.43 (46.82)	13:49.73 (47.30)	14:37.50 (47.77)	15:25.36 (47.86)	
	16:12.66 (47.30)	17:00.00 (47.34)	17:47.28 (47.28)	18:35.28 (48.00)	
	19:23.48 (48.20)	20:12.26 (48.78)	21:00.42 (48.16)	21:48.08 (47.66)	
	22:35.58 (47.50)	23:20.57 (44.99)			

4	Colin Stringer	56	Redbridge Borough Masters	30:00.00	27:14.29
	50.16	1:45.31 (55.15)	2:43.91 (58.60)	3:36.36 (52.45)	
	4:29.54 (53.18)	5:23.21 (53.67)	6:17.76 (54.55)	7:12.22 (54.46)	
	8:06.79 (54.57)		9:01.88 ( )	9:56.28 (54.40)	
	10:50.45 (54.17)	11:44.90 (54.45)	12:38.91 (54.01)	13:33.26 (54.35)	
	14:28.53 (55.27)	15:24.23 (55.70)	16:18.35 (54.12)	17:12.87 (54.52)	
		18:07.19 ( )	19:01.67 (54.48)	19:56.29 (54.62)	
	20:51.32 (55.03)	21:46.46 (55.14)	22:41.13 (54.67)	23:36.09 (54.96)	
	24:31.33 (55.24)	25:26.06 (54.73)	26:21.02 (54.96)	27:14.29 (53.27)	

**Event 1 Men 60-64 1500 SC Meter Freestyle**

1	Richard Whatling	64	Cally Masters Islington	26:12.46	25:46.11
	45.71	1:35.83 (50.12)	2:27.10 (51.27)	3:18.66 (51.56)	
	4:10.47 (51.81)	5:02.60 (52.13)	5:54.57 (51.97)	6:46.88 (52.31)	
	7:39.48 (52.60)	8:32.03 (52.55)	9:24.22 (52.19)	10:15.99 (51.77)	
	11:07.72 (51.73)	11:59.69 (51.97)	12:51.56 (51.87)	13:43.61 (52.05)	
	14:35.68 (52.07)	15:27.30 (51.62)	16:18.57 (51.27)	17:10.29 (51.72)	
	18:02.49 (52.20)	18:54.67 (52.18)	19:46.69 (52.02)	20:38.46 (51.77)	
	21:29.73 (51.27)	22:21.40 (51.67)	23:13.06 (51.66)	24:05.48 (52.42)	
	24:57.42 (51.94)	25:46.11 (48.69)			

2	Adrian Morton	61	Hackney Aquatics	28:00.00	28:53.45
	52.48	1:50.68 (58.20)	2:48.83 (58.15)	3:47.61 (58.78)	
	4:45.65 (58.04)	5:42.45 (56.80)	6:40.34 (57.89)	7:38.35 (58.01)	
	8:36.11 (57.76)	9:33.28 (57.17)	10:30.71 (57.43)	11:28.49 (57.78)	
	12:26.65 (58.16)	13:24.86 (58.21)	14:22.09 (57.23)	15:20.04 (57.95)	
	16:18.48 (58.44)	17:17.34 (58.86)	18:15.88 (58.54)	19:12.99 (57.11)	
	20:11.58 (58.59)	21:09.56 (57.98)	22:08.35 (58.79)	23:06.36 (58.01)	
	24:03.50 (57.14)	25:01.24 (57.74)	25:58.75 (57.51)	26:57.02 (58.27)	
	27:55.78 (58.76)	28:53.45 (57.67)			

**Event 1 Men 65-69 1500 SC Meter Freestyle**

1	Stuart Mc Lellan	69	Sudbury & District	23:45.00	23:32.10
	42.26	1:27.45 (45.19)	2:14.20 (46.75)	3:01.00 (46.80)	
	3:47.42 (46.42)	4:34.58 (47.16)	5:21.70 (47.12)	6:09.02 (47.32)	
	6:56.63 (47.61)	7:44.32 (47.69)	8:32.03 (47.71)	9:18.95 (46.92)	
	10:05.92 (46.97)	10:52.97 (47.05)	11:40.79 (47.82)	12:28.54 (47.75)	
	13:16.30 (47.76)	14:03.97 (47.67)	14:51.61 (47.64)	15:39.28 (47.67)	
	16:27.42 (48.14)	17:15.28 (47.86)	18:03.28 (48.00)	18:51.21 (47.93)	
	19:39.06 (47.85)	20:27.00 (47.94)	21:14.46 (47.46)	22:01.86 (47.40)	
	22:48.26 (46.40)	23:32.10 (43.84)			

**Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018  
Results**

2 Trevor Colman	65 Barnet Copthall	27:00.00	28:19.69
44.80	1:35.39 (50.59)	2:29.15 (53.76)	3:24.23 (55.08)
4:19.36 (55.13)	5:16.96 (57.60)	6:12.91 (55.95)	7:07.97 (55.06)
8:05.38 (57.41)	9:02.23 (56.85)	9:59.17 (56.94)	10:56.52 (57.35)
11:53.12 (56.60)	12:51.25 (58.13)	13:49.17 (57.92)	14:44.65 (55.48)
15:42.88 (58.23)	16:40.11 (57.23)	17:38.43 (58.32)	18:35.98 (57.55)
19:34.62 (58.64)	20:32.62 (58.00)	21:32.59 (59.97)	22:31.97 (59.38)
23:30.07 (58.10)	24:30.21 (1:00.14)	25:27.29 (57.08)	26:27.06 (59.77)
27:25.01 (57.95)	28:19.69 (54.68)		

3 Masa Yoshida	69 Asa Temporary Cat 2	28:00.00	28:48.72
52.48	1:46.29 (53.81)	2:42.62 (56.33)	3:37.60 (54.98)
4:35.53 (57.93)	5:32.61 (57.08)	6:29.81 (57.20)	7:27.20 (57.39)
8:25.17 (57.97)	9:22.74 (57.57)	10:20.86 (58.12)	11:17.39 (56.53)
12:16.69 (59.30)	13:14.75 (58.06)	14:12.35 (57.60)	15:11.87 (59.52)
16:09.98 (58.11)	17:08.63 (58.65)	18:07.18 (58.55)	19:06.37 (59.19)
20:05.25 (58.88)	21:04.57 (59.32)	22:03.49 (58.92)	23:01.02 (57.53)
24:00.58 (59.56)	24:59.46 (58.88)	25:57.01 (57.55)	26:55.26 (58.25)
27:53.71 (58.45)	28:48.72 (55.01)		

**Event 1 Men 70-74 1500 SC Meter Freestyle**

1 Peter Stephens	71 Truro City	24:56.80	25:04.80
44.36	1:33.38 (49.02)	2:23.49 (50.11)	3:13.89 (50.40)
4:04.16 (50.27)	4:54.86 (50.70)	5:44.99 (50.13)	6:35.35 (50.36)
7:25.68 (50.33)	8:15.37 (49.69)	9:06.47 (51.10)	9:57.58 (51.11)
10:48.53 (50.95)	11:39.17 (50.64)	12:30.15 (50.98)	13:21.13 (50.98)
14:11.12 (49.99)	15:01.86 (50.74)	15:51.60 (49.74)	16:42.33 (50.73)
17:33.32 (50.99)	18:24.03 (50.71)	19:14.24 (50.21)	20:05.23 (50.99)
20:56.09 (50.86)	21:47.42 (51.33)	22:36.88 (49.46)	23:27.41 (50.53)
24:17.52 (50.11)	25:04.80 (47.28)		

**Event 1 Men 90-94 1500 SC Meter Freestyle**

1 Edward Hoy	90 Shrewsbury	38:50.00	<b><u>36:10.67</u> European Record</b>
1:02.52	2:09.42 (1:06.90)	4:35.98 ( )	
5:47.91 (1:11.93)	8:13.36 ( )	9:25.60 (1:12.24)	10:39.00 (1:13.40)
11:51.45 (1:12.45)	13:03.10 (1:11.65)	14:15.17 (1:12.07)	15:27.64 (1:12.47)
16:40.70 (1:13.06)	17:54.26 (1:13.56)	<b><u>19:06.71*</u></b> (1:12.45)	20:20.13 (1:13.42)
21:32.78 (1:12.65)	22:45.86 (1:13.08)	23:58.01 (1:12.15)	25:11.80 (1:13.79)
26:24.13 (1:12.33)	27:38.20 (1:14.07)	28:52.64 (1:14.44)	30:05.77 (1:13.13)
31:19.19 (1:13.42)	32:35.58 (1:16.39)	33:49.12 (1:13.54)	35:04.05 (1:14.93)
			36:10.67 (1:06.62)

**Event 2 Women 25-29 1500 SC Meter Freestyle**

1 Sarah-Jane Law	29 Otter	22:39.00	20:41.52
38.62	1:20.18 (41.56)	2:02.57 (42.39)	2:44.53 (41.96)
3:26.06 (41.53)	4:07.94 (41.88)	4:49.96 (42.02)	5:32.01 (42.05)
6:14.58 (42.57)	6:56.17 (41.59)	7:37.82 (41.65)	8:19.48 (41.66)
9:01.79 (42.31)	9:43.61 (41.82)	10:25.73 (42.12)	11:07.77 (42.04)
11:49.44 (41.67)	12:30.81 (41.37)	13:12.23 (41.42)	13:53.32 (41.09)
14:34.55 (41.23)	15:16.09 (41.54)	15:57.40 (41.31)	16:38.56 (41.16)
17:19.21 (40.65)	18:00.60 (41.39)	18:41.25 (40.65)	19:21.90 (40.65)
20:02.11 (40.21)	20:41.52 (39.41)		

**Event 2 Women 30-34 1500 SC Meter Freestyle**

1 Natalie Seymour	32 Teddington	20:10.00	19:17.22
34.58	1:11.85 (37.27)	1:49.32 (37.47)	2:27.07 (37.75)
3:05.27 (38.20)	3:43.71 (38.44)	4:22.29 (38.58)	5:01.12 (38.83)
5:40.03 (38.91)	6:19.21 (39.18)	6:58.17 (38.96)	7:37.34 (39.17)
8:16.36 (39.02)	8:55.53 (39.17)	9:34.36 (38.83)	10:13.43 (39.07)



## Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018

### Results

10:52.39 (38.96)	11:31.89 (39.50)	12:11.20 (39.31)	12:50.54 (39.34)
13:29.44 (38.90)	14:07.97 (38.53)	14:46.86 (38.89)	15:25.97 (39.11)
16:05.01 (39.04)	16:44.07 (39.06)	17:23.38 (39.31)	18:02.68 (39.30)
18:41.15 (38.47)	19:17.22 (36.07)		

2 Sophie Castle	30 Chelmsford City		21:15.00		20:25.88
37.17	1:17.00 (39.83)	1:58.09 (41.09)	2:39.41 (41.32)		
3:20.62 (41.21)	4:01.13 (40.51)	4:42.08 (40.95)	5:22.70 (40.62)		
6:04.61 (41.91)	6:45.74 (41.13)	7:26.85 (41.11)	8:08.12 (41.27)		
8:49.08 (40.96)	9:30.20 (41.12)	10:11.30 (41.10)	10:52.61 (41.31)		
11:34.25 (41.64)	12:15.33 (41.08)	12:56.89 (41.56)	13:38.33 (41.44)		
14:19.62 (41.29)	15:00.59 (40.97)	15:41.78 (41.19)	16:23.02 (41.24)		
17:04.52 (41.50)	17:45.88 (41.36)	18:26.60 (40.72)	19:07.19 (40.59)		
19:47.67 (40.48)	20:25.88 (38.21)				

3 Alice Dinsdale-Young	30 Otter		22:30.00		21:05.87
38.47	1:20.74 (42.27)	2:03.80 (43.06)	2:46.18 (42.38)		
3:28.91 (42.73)	4:12.01 (43.10)	4:55.42 (43.41)	5:38.24 (42.82)		
6:21.31 (43.07)	7:03.58 (42.27)	7:45.39 (41.81)	8:28.39 (43.00)		
9:10.85 (42.46)	9:53.66 (42.81)	10:36.24 (42.58)	11:19.21 (42.97)		
12:01.54 (42.33)	12:44.37 (42.83)	13:26.55 (42.18)	14:08.79 (42.24)		
14:50.79 (42.00)	15:32.71 (41.92)	16:14.18 (41.47)	16:55.97 (41.79)		
17:37.85 (41.88)	18:19.64 (41.79)	19:01.72 (42.08)	19:43.97 (42.25)		
20:26.17 (42.20)	21:05.87 (39.70)				

4 Laura Coulier	30 Cally Masters Islington		21:39.32		21:28.98
36.91	1:17.17 (40.26)	1:58.73 (41.56)	2:40.55 (41.82)		
3:22.13 (41.58)	4:03.97 (41.84)	4:46.77 (42.80)	5:29.19 (42.42)		
6:11.94 (42.75)	6:54.66 (42.72)	7:38.53 (43.87)	8:21.34 (42.81)		
9:05.23 (43.89)	9:48.54 (43.31)	10:31.79 (43.25)	11:16.04 (44.25)		
11:59.94 (43.90)	12:43.83 (43.89)	13:27.41 (43.58)	14:11.00 (43.59)		
14:54.79 (43.79)	15:39.24 (44.45)	16:23.30 (44.06)	17:07.61 (44.31)		
17:51.63 (44.02)	18:35.66 (44.03)	19:20.19 (44.53)	20:03.90 (43.71)		
20:47.51 (43.61)	21:28.98 (41.47)				

5 Laura Wilcox	33 Bracknell & Wokingham		23:00.00		22:31.07
37.08	1:18.77 (41.69)	2:02.01 (43.24)	2:47.06 (45.05)		
3:32.17 (45.11)	4:17.09 (44.92)	5:02.79 (45.70)	5:48.11 (45.32)		
6:33.45 (45.34)	7:19.05 (45.60)	8:04.55 (45.50)	8:50.13 (45.58)		
9:35.65 (45.52)	10:21.58 (45.93)	11:07.09 (45.51)	11:52.86 (45.77)		
12:39.13 (46.27)	13:25.00 (45.87)	14:11.29 (46.29)	14:57.14 (45.85)		
15:43.09 (45.95)	16:29.04 (45.95)	17:14.82 (45.78)	18:00.88 (46.06)		
18:46.97 (46.09)	19:33.39 (46.42)	20:19.11 (45.72)	21:04.24 (45.13)		
21:49.33 (45.09)	22:31.07 (41.74)				

### Event 2 Women 35-39 1500 SC Meter Freestyle

1 Zsuzsanna Felvegi	39 Szentesi Delfin E S C (Hungary)		22:45.00		22:30.83
37.38	1:18.40 (41.02)	2:00.98 (42.58)	2:43.98 (43.00)		
3:27.14 (43.16)	4:11.36 (44.22)	4:55.45 (44.09)	5:40.19 (44.74)		
6:25.53 (45.34)	7:11.00 (45.47)	7:56.34 (45.34)	8:41.76 (45.42)		
9:27.55 (45.79)	10:14.54 (46.99)	11:00.78 (46.24)	11:48.24 (47.46)		
12:33.77 (45.53)	13:19.44 (45.67)	14:05.74 (46.30)	14:51.68 (45.94)		
15:37.92 (46.24)	16:25.09 (47.17)	17:11.08 (45.99)	17:56.62 (45.54)		
18:42.60 (45.98)	19:28.93 (46.33)	20:16.28 (47.35)	21:01.53 (45.25)		
21:46.34 (44.81)	22:30.83 (44.49)				

2 Becky Slaymaker	35 Asa Temporary Cat 2		21:50.00		23:20.02
40.13	1:22.13 (42.00)	2:05.99 (43.86)	2:50.79 (44.80)		
3:37.07 (46.28)	4:23.28 (46.21)	5:09.69 (46.41)	5:56.12 (46.43)		
6:42.46 (46.34)	7:29.18 (46.72)	8:16.09 (46.91)	9:03.58 (47.49)		

**Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018**  
**Results**

9:50.80 (47.22)	10:38.05 (47.25)	11:25.68 (47.63)	12:13.38 (47.70)
13:00.42 (47.04)	13:49.18 (48.76)	14:42.73 (53.55)	15:33.11 (50.38)
16:19.68 (46.57)	17:06.75 (47.07)	17:54.16 (47.41)	18:41.85 (47.69)
19:28.47 (46.62)	20:15.08 (46.61)	21:02.29 (47.21)	21:48.68 (46.39)
22:34.38 (45.70)	23:20.02 (45.64)		

**Event 2 Women 40-44 1500 SC Meter Freestyle**

1	Maida Shvik	44	Camden Swiss Cottage S.C.	22:20.00	22:01.57
	41.96	1:26.52 (44.56)	2:11.52 (45.00)	2:56.81 (45.29)	
	3:41.34 (44.53)	4:25.96 (44.62)	5:10.79 (44.83)	5:55.37 (44.58)	
	6:39.54 (44.17)	7:23.89 (44.35)	8:07.88 (43.99)	8:52.05 (44.17)	
	9:35.97 (43.92)	10:20.07 (44.10)	11:04.37 (44.30)	11:48.75 (44.38)	
	12:32.97 (44.22)	13:16.94 (43.97)	14:00.55 (43.61)	14:44.42 (43.87)	
	15:28.00 (43.58)	16:11.63 (43.63)	16:55.48 (43.85)	17:39.76 (44.28)	
	18:23.78 (44.02)	19:07.92 (44.14)	19:51.85 (43.93)	20:35.91 (44.06)	
	21:19.86 (43.95)	22:01.57 (41.71)			
2	Clare Warren	41	South Beds Masters	22:15.00	22:11.26
	38.93	1:22.29 (43.36)	2:06.59 (44.30)	2:51.23 (44.64)	
	3:36.16 (44.93)	4:21.37 (45.21)	5:06.51 (45.14)	5:51.51 (45.00)	
	6:36.32 (44.81)	7:21.42 (45.10)	8:05.57 (44.15)	8:50.20 (44.63)	
	9:35.39 (45.19)	10:20.35 (44.96)	11:04.79 (44.44)	11:50.07 (45.28)	
	12:35.15 (45.08)	13:19.50 (44.35)	14:04.59 (45.09)	14:49.09 (44.50)	
	15:33.91 (44.82)	16:18.75 (44.84)	17:02.97 (44.22)	17:47.45 (44.48)	
	18:32.06 (44.61)	19:16.92 (44.86)	20:02.24 (45.32)	20:46.30 (44.06)	
	21:30.22 (43.92)	22:11.26 (41.04)			
3	Zoe Myerson	42	Asa Temporary Cat 2	32:00.00	27:57.54
	49.33	1:41.21 (51.88)	2:36.98 (55.77)	3:32.42 (55.44)	
	4:28.02 (55.60)	5:24.16 (56.14)	6:21.37 (57.21)	7:17.61 (56.24)	
	8:14.14 (56.53)	9:10.38 (56.24)	10:06.83 (56.45)	11:03.55 (56.72)	
	11:59.37 (55.82)	12:55.79 (56.42)	13:52.15 (56.36)	14:48.97 (56.82)	
	15:46.34 (57.37)	16:44.11 (57.77)	17:41.17 (57.06)	18:38.05 (56.88)	
	19:34.59 (56.54)	20:30.65 (56.06)	21:27.08 (56.43)	22:24.64 (57.56)	
	23:20.94 (56.30)	24:17.39 (56.45)	25:13.37 (55.98)	26:09.46 (56.09)	
	27:06.02 (56.56)	27:57.54 (51.52)			
4	Lucy Newman	41	Asa Temporary Cat 2	35:00.00	30:17.50
	49.05	1:45.83 (56.78)	2:43.61 (57.78)	3:45.28 (1:01.67)	
	4:48.42 (1:03.14)	5:50.09 (1:01.67)	6:52.10 (1:02.01)	7:52.71 (1:00.61)	
	8:52.86 (1:00.15)	9:54.28 (1:01.42)	10:55.67 (1:01.39)	11:56.54 (1:00.87)	
	12:57.51 (1:00.97)	13:56.92 (59.41)	14:58.56 (1:01.64)	16:00.16 (1:01.60)	
	17:01.05 (1:00.89)	18:00.26 (59.21)	19:01.83 (1:01.57)	20:03.28 (1:01.45)	
	21:04.24 (1:00.96)	22:08.59 (1:04.35)	23:09.27 (1:00.68)	24:11.98 (1:02.71)	
	25:12.79 (1:00.81)	26:14.39 (1:01.60)	27:14.82 (1:00.43)	28:16.56 (1:01.74)	
	29:16.92 (1:00.36)	30:17.50 (1:00.58)			

**Event 2 Women 45-49 1500 SC Meter Freestyle**

1	Zorika Adams	48	Camden Swiss Cottage S.C.	24:10.67	23:45.31
	41.70	1:29.09 (47.39)	2:17.28 (48.19)	3:05.40 (48.12)	
	3:54.01 (48.61)	4:42.65 (48.64)	5:30.85 (48.20)	6:18.36 (47.51)	
	7:06.42 (48.06)	7:54.98 (48.56)	8:42.87 (47.89)	9:30.99 (48.12)	
	10:19.39 (48.40)	11:08.04 (48.65)	11:56.25 (48.21)	12:44.73 (48.48)	
	13:32.93 (48.20)	14:21.05 (48.12)	15:08.86 (47.81)	15:56.81 (47.95)	
	16:44.71 (47.90)	17:31.36 (46.65)	18:18.83 (47.47)	19:06.52 (47.69)	
	19:53.91 (47.39)	20:41.25 (47.34)	21:27.98 (46.73)	22:15.12 (47.14)	
	23:02.69 (47.57)	23:45.31 (42.62)			
2	Alison Cowie	45	Chelmsford City	27:34.53	26:19.38
	45.95	1:35.66 (49.71)	2:27.24 (51.58)	3:19.65 (52.41)	

## Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018

### Results

4:11.90 (52.25)	5:05.00 (53.10)	5:57.94 (52.94)	6:51.18 (53.24)
7:44.23 (53.05)	8:36.78 (52.55)	9:29.58 (52.80)	10:23.04 (53.46)
11:16.38 (53.34)	12:10.13 (53.75)	13:02.90 (52.77)	13:56.62 (53.72)
14:48.96 (52.34)	15:42.14 (53.18)	16:35.86 (53.72)	17:30.23 (54.37)
18:24.12 (53.89)	19:18.11 (53.99)	20:11.22 (53.11)	21:04.08 (52.86)
21:58.00 (53.92)	22:51.71 (53.71)	23:44.86 (53.15)	24:37.17 (52.31)
25:29.46 (52.29)	26:19.38 (49.92)		

#### Event 2 Women 50-54 1500 SC Meter Freestyle

1	Sally Coleman	53	Hornchurch	30:00.00	26:03.63
	45.45	1:33.32 (47.87)	2:23.65 (50.33)	3:14.89 (51.24)	
	4:06.95 (52.06)	4:59.04 (52.09)	5:51.70 (52.66)	6:44.33 (52.63)	
	7:37.43 (53.10)	8:31.20 (53.77)	9:23.51 (52.31)	10:16.62 (53.11)	
	11:09.14 (52.52)	12:01.51 (52.37)	12:53.79 (52.28)	13:47.66 (53.87)	
	14:39.79 (52.13)	15:32.57 (52.78)	16:24.74 (52.17)	17:17.46 (52.72)	
	18:10.03 (52.57)	19:02.72 (52.69)	19:55.81 (53.09)	20:48.41 (52.60)	
	21:40.07 (51.66)	22:33.51 (53.44)	23:27.26 (53.75)	24:19.31 (52.05)	
	25:12.37 (53.06)	26:03.63 (51.26)			
2	Emma France	50	Guildford City	26:19.30	26:16.02
	46.94	1:37.25 (50.31)	2:28.28 (51.03)	3:19.96 (51.68)	
	4:11.68 (51.72)	5:03.81 (52.13)	5:56.32 (52.51)	6:48.31 (51.99)	
	7:40.94 (52.63)	8:33.64 (52.70)	9:26.46 (52.82)	10:19.48 (53.02)	
	11:12.52 (53.04)	12:05.35 (52.83)	12:58.74 (53.39)	13:52.41 (53.67)	
	14:45.71 (53.30)	15:38.96 (53.25)	16:32.42 (53.46)	17:25.72 (53.30)	
	18:18.93 (53.21)	19:12.22 (53.29)	20:05.41 (53.19)	20:58.85 (53.44)	
	21:52.18 (53.33)	22:45.57 (53.39)	23:39.00 (53.43)	24:32.49 (53.49)	
	25:25.06 (52.57)	26:16.02 (50.96)			
3	Nicolette Crinall	50	Teddington	33:00.00	28:18.64
	44.94	1:38.46 (53.52)	2:33.15 (54.69)	3:30.11 (56.96)	
	4:26.31 (56.20)	5:23.07 (56.76)	6:20.86 (57.79)	7:18.33 (57.47)	
	8:15.94 (57.61)	9:12.39 (56.45)	10:09.26 (56.87)	11:05.68 (56.42)	
	12:02.75 (57.07)	12:59.88 (57.13)	13:56.09 (56.21)	14:52.30 (56.21)	
	15:50.17 (57.87)	16:46.92 (56.75)	17:43.51 (56.59)	18:40.30 (56.79)	
	19:37.74 (57.44)	20:36.45 (58.71)	21:34.77 (58.32)	22:31.87 (57.10)	
	23:30.41 (58.54)	24:29.08 (58.67)	25:27.54 (58.46)	26:25.04 (57.50)	
	27:24.47 (59.43)	28:18.64 (54.17)			

#### Event 2 Women 85-89 1500 SC Meter Freestyle

1	Jane Asher	87	Kings Cormorants	28:30.00	29:23.83
	54.16	1:53.12 (58.96)	2:54.41 (1:01.29)	3:54.49 (1:00.08)	
	4:54.67 (1:00.18)	5:55.36 (1:00.69)	6:55.43 (1:00.07)	7:54.82 (59.39)	
	8:54.02 (59.20)	9:53.19 (59.17)	10:51.67 (58.48)	11:50.05 (58.38)	
	12:47.40 (57.35)	13:46.15 (58.75)	14:43.98 (57.83)	<b>15:40.41*</b> (56.43) <u><b>*15:40.41 European Record 800m split</b></u>	
	16:41.47 (1:01.06)	17:41.19 (59.72)	18:40.66 (59.47)	19:40.28 (59.62)	
	20:39.13 (58.85)	21:38.43 (59.30)	22:37.79 (59.36)	23:37.24 (59.45)	
	24:37.15 (59.91)	25:35.54 (58.39)	26:34.58 (59.04)	27:32.00 (57.42)	
	28:28.96 (56.96)	29:23.83 (54.87)			

#### Event 2 Men 25-29 1500 SC Meter Freestyle

1	Adam Warner	28	Barnet Copthall	20:00.00	19:04.99
	33.20	1:10.06 (36.86)	1:48.19 (38.13)	2:26.30 (38.11)	
	3:04.43 (38.13)	3:42.59 (38.16)	4:20.94 (38.35)	4:59.36 (38.42)	
	5:37.98 (38.62)	6:16.44 (38.46)	6:54.04 (37.60)	7:32.51 (38.47)	
	8:10.46 (37.95)	8:49.36 (38.90)	9:27.91 (38.55)	10:06.51 (38.60)	
	10:45.28 (38.77)	11:24.19 (38.91)	12:02.77 (38.58)	12:41.54 (38.77)	
	13:19.67 (38.13)	13:58.30 (38.63)	14:37.02 (38.72)	15:15.21 (38.19)	
	15:53.79 (38.58)	16:32.38 (38.59)	17:11.21 (38.83)	17:49.42 (38.21)	
	18:28.14 (38.72)	19:04.99 (36.85)			

**Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018**  
**Results**

**Event 2 Men 30-34 1500 SC Meter Freestyle**

1	Lorenzo Caciagli	30	Cally Masters Islington	17:35.39	17:33.85
	33.30	1:08.59 (35.29)	1:43.31 (34.72)	2:18.81 (35.50)	
	2:53.90 (35.09)	3:28.64 (34.74)	4:03.57 (34.93)	4:38.64 (35.07)	
	5:13.35 (34.71)	5:48.03 (34.68)	6:22.89 (34.86)	6:57.80 (34.91)	
	7:32.98 (35.18)	8:08.58 (35.60)	8:44.21 (35.63)	9:19.40 (35.19)	
	9:54.79 (35.39)	10:30.05 (35.26)	11:05.37 (35.32)	11:40.80 (35.43)	
	12:15.98 (35.18)	12:50.92 (34.94)	13:26.09 (35.17)	14:00.99 (34.90)	
	14:36.48 (35.49)	15:12.52 (36.04)	15:48.67 (36.15)	16:24.44 (35.77)	
	17:00.08 (35.64)	17:33.85 (33.77)			
2	Leigh Wright	31	Bletchley & District	22:10.69	21:25.88
	36.96	1:17.18 (40.22)	1:59.16 (41.98)	2:41.69 (42.53)	
	3:24.30 (42.61)	4:06.92 (42.62)	4:49.34 (42.42)	5:32.31 (42.97)	
	6:14.77 (42.46)	6:57.51 (42.74)	7:41.03 (43.52)	8:23.82 (42.79)	
	9:06.96 (43.14)	9:49.99 (43.03)	10:33.31 (43.32)	11:16.56 (43.25)	
	12:00.07 (43.51)	12:43.58 (43.51)	13:27.25 (43.67)	14:10.78 (43.53)	
	14:54.32 (43.54)	15:37.79 (43.47)	16:21.12 (43.33)	17:04.84 (43.72)	
	17:47.91 (43.07)	18:31.60 (43.69)	19:16.05 (44.45)	20:00.05 (44.00)	
	20:44.08 (44.03)	21:25.88 (41.80)			

**Event 2 Men 35-39 1500 SC Meter Freestyle**

1	Davide Papalini	35	Out to Swim	25:00.00	22:14.18
	37.25	1:18.09 (40.84)	2:00.92 (42.83)	2:44.92 (44.00)	
	3:29.31 (44.39)	4:14.68 (45.37)	4:59.61 (44.93)	5:45.09 (45.48)	
	6:30.97 (45.88)	7:15.87 (44.90)	8:01.31 (45.44)	8:46.52 (45.21)	
	9:31.15 (44.63)	10:16.62 (45.47)	11:01.92 (45.30)	11:47.68 (45.76)	
	12:32.73 (45.05)	13:18.66 (45.93)	14:03.68 (45.02)	14:48.75 (45.07)	
	15:34.43 (45.68)	16:19.84 (45.41)	17:05.21 (45.37)	17:50.76 (45.55)	
	18:36.38 (45.62)	19:21.11 (44.73)	20:06.46 (45.35)	20:51.30 (44.84)	
	21:36.55 (45.25)	22:14.18 (37.63)			

**Event 2 Men 40-44 1500 SC Meter Freestyle**

1	Nils Young	42	Cally Masters Islington	19:00.00	19:14.04
	35.96	1:14.18 (38.22)	1:53.07 (38.89)	2:31.64 (38.57)	
	3:10.14 (38.50)	3:48.34 (38.20)	4:26.71 (38.37)	5:04.99 (38.28)	
	5:43.52 (38.53)	6:22.18 (38.66)	7:00.69 (38.51)	7:39.35 (38.66)	
	8:18.01 (38.66)	8:56.51 (38.50)	9:35.27 (38.76)	10:14.00 (38.73)	
	10:52.71 (38.71)	11:31.70 (38.99)	12:10.57 (38.87)	12:49.15 (38.58)	
	13:27.85 (38.70)	14:06.27 (38.42)	14:44.76 (38.49)	15:23.53 (38.77)	
	16:02.28 (38.75)	16:41.17 (38.89)	17:20.35 (39.18)	17:59.53 (39.18)	
	18:38.48 (38.95)	19:14.04 (35.56)			
2	Robert Osborne	43	Tower Hamlets	20:00.00	19:31.17
	34.01	1:10.77 (36.76)	1:47.99 (37.22)	2:25.73 (37.74)	
	3:03.86 (38.13)	3:42.19 (38.33)	4:20.79 (38.60)	4:59.66 (38.87)	
	5:38.53 (38.87)	6:17.64 (39.11)	6:56.54 (38.90)	7:35.61 (39.07)	
	8:14.38 (38.77)	8:53.64 (39.26)	9:33.00 (39.36)	10:12.61 (39.61)	
	10:52.24 (39.63)	11:32.23 (39.99)	12:11.77 (39.54)	12:51.28 (39.51)	
	13:30.66 (39.38)	14:10.17 (39.51)	14:50.41 (40.24)	15:30.60 (40.19)	
	16:10.67 (40.07)	16:50.75 (40.08)	17:31.03 (40.28)	18:11.83 (40.80)	
	18:51.99 (40.16)	19:31.17 (39.18)			
3	Simon Marsden	44	Barnet Copthall	19:40.00	19:50.81
	36.04	1:14.86 (38.82)	1:53.82 (38.96)	2:32.96 (39.14)	
	3:12.41 (39.45)	3:52.08 (39.67)	4:32.08 (40.00)	5:11.97 (39.89)	
	5:51.92 (39.95)	6:31.92 (40.00)	7:12.16 (40.24)	7:52.59 (40.43)	
	8:32.91 (40.32)	9:13.08 (40.17)	9:52.97 (39.89)	10:32.97 (40.00)	
	11:13.01 (40.04)	11:52.95 (39.94)	12:33.04 (40.09)	13:12.97 (39.93)	
	13:53.25 (40.28)	14:33.41 (40.16)	15:13.63 (40.22)	15:53.68 (40.05)	
	16:33.67 (39.99)	17:13.69 (40.02)	17:53.56 (39.87)	18:32.88 (39.32)	

**Barnet Cophall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018**  
**Results**

19:11.75 (38.87)      19:50.81 (39.06)

4 Mark Posniak	41 Asa Temporary Cat 2	29:30.00	25:17.29
39.96	1:24.53 (44.57)	2:12.01 (47.48)	3:02.08 (50.07)
3:51.43 (49.35)	4:41.99 (50.56)	5:33.08 (51.09)	6:25.21 (52.13)
7:17.76 (52.55)	8:10.39 (52.63)	9:02.47 (52.08)	9:54.42 (51.95)
10:46.73 (52.31)	11:38.54 (51.81)	12:30.91 (52.37)	13:22.60 (51.69)
14:14.27 (51.67)	15:05.91 (51.64)	15:57.20 (51.29)	16:48.32 (51.12)
17:40.04 (51.72)	18:30.56 (50.52)	19:20.85 (50.29)	20:12.82 (51.97)
21:05.41 (52.59)	21:58.02 (52.61)	22:48.12 (50.10)	23:38.30 (50.18)
24:28.96 (50.66)	25:17.29 (48.33)		

5 Eli Robinson	44 Asa Temporary Cat 2	34:00.00	32:00.33
47.14	1:37.84 (50.70)	2:37.09 (59.25)	3:37.90 (1:00.81)
4:39.21 (1:01.31)	5:41.90 (1:02.69)	6:44.81 (1:02.91)	7:49.78 (1:04.97)
8:52.55 (1:02.77)	9:58.95 (1:06.40)	11:04.28 (1:05.33)	12:11.24 (1:06.96)
13:14.31 (1:03.07)	14:19.10 (1:04.79)	15:24.25 (1:05.15)	16:29.41 (1:05.16)
17:35.42 (1:06.01)	18:43.87 (1:08.45)	19:49.99 (1:06.12)	20:56.83 (1:06.84)
22:03.41 (1:06.58)	23:10.14 (1:06.73)	24:17.83 (1:07.69)	25:26.40 (1:08.57)
26:33.61 (1:07.21)	27:39.92 (1:06.31)	28:45.47 (1:05.55)	29:51.64 (1:06.17)
30:57.33 (1:05.69)	32:00.33 (1:03.00)		

**Event 2 Men 45-49 1500 SC Meter Freestyle**

1 Andrew Collins	48 Metropolitan Police	19:32.00	19:35.92
34.57	1:13.43 (38.86)	1:52.81 (39.38)	2:32.24 (39.43)
3:11.42 (39.18)	3:50.59 (39.17)	4:30.16 (39.57)	5:09.47 (39.31)
5:48.71 (39.24)	6:28.19 (39.48)	7:07.60 (39.41)	7:47.02 (39.42)
8:26.38 (39.36)	9:05.61 (39.23)	9:45.95 (40.34)	10:25.36 (39.41)
11:05.13 (39.77)	11:44.58 (39.45)	12:24.16 (39.58)	13:03.58 (39.42)
13:43.04 (39.46)	14:22.45 (39.41)	15:01.85 (39.40)	15:41.17 (39.32)
16:20.80 (39.63)	16:59.86 (39.06)	17:39.23 (39.37)	18:19.35 (40.12)
18:58.71 (39.36)	19:35.92 (37.21)		

2 Louis Neethling	47 Hillingdon	20:55.00	20:41.43
36.27	1:15.02 (38.75)	1:54.78 (39.76)	2:34.79 (40.01)
3:14.95 (40.16)	3:54.83 (39.88)	4:34.88 (40.05)	5:15.32 (40.44)
5:56.16 (40.84)	6:36.99 (40.83)	7:18.13 (41.14)	8:00.26 (42.13)
8:41.62 (41.36)	9:24.12 (42.50)	10:06.17 (42.05)	10:48.03 (41.86)
11:30.17 (42.14)	12:11.98 (41.81)	12:54.17 (42.19)	13:37.18 (43.01)
14:19.35 (42.17)	15:01.79 (42.44)	15:43.95 (42.16)	16:26.04 (42.09)
17:08.47 (42.43)	17:51.10 (42.63)	18:34.14 (43.04)	19:17.29 (43.15)
19:59.87 (42.58)	20:41.43 (41.56)		

3 Andrew Bell	45 Thurrock	22:00.00	21:00.19
35.26	1:15.40 (40.14)	1:56.23 (40.83)	2:37.66 (41.43)
3:19.42 (41.76)	4:01.62 (42.20)	4:43.65 (42.03)	5:25.76 (42.11)
6:08.84 (43.08)	6:51.11 (42.27)	7:33.58 (42.47)	8:16.25 (42.67)
8:58.61 (42.36)	9:41.39 (42.78)	10:24.14 (42.75)	11:06.84 (42.70)
11:49.22 (42.38)	12:31.61 (42.39)	13:14.26 (42.65)	13:56.46 (42.20)
14:38.77 (42.31)	15:21.14 (42.37)	16:03.65 (42.51)	16:46.32 (42.67)
17:29.25 (42.93)	18:12.49 (43.24)	18:55.13 (42.64)	19:37.98 (42.85)
20:19.81 (41.83)	21:00.19 (40.38)		

4 Nick White	47 Chelmsford City	22:30.00	22:20.18
37.67	1:19.49 (41.82)	2:02.99 (43.50)	2:46.42 (43.43)
3:30.88 (44.46)	4:15.45 (44.57)	4:59.84 (44.39)	5:44.65 (44.81)
6:29.93 (45.28)	7:15.17 (45.24)	8:00.74 (45.57)	8:45.72 (44.98)
9:30.69 (44.97)	10:16.12 (45.43)	11:02.27 (46.15)	11:47.84 (45.57)
12:34.15 (46.31)	13:19.30 (45.15)	14:04.67 (45.37)	14:49.78 (45.11)
15:34.99 (45.21)	16:20.79 (45.80)	17:05.90 (45.11)	17:51.39 (45.49)

**Barnet Copthall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018**  
**Results**

18:37.71 (46.32)	19:23.22 (45.51)	20:09.35 (46.13)	20:54.58 (45.23)
21:37.97 (43.39)	22:20.18 (42.21)		

5 Russell Edgings	45 Hornchurch	32:00.00	29:56.60
51.70	1:47.17 (55.47)	2:45.19 (58.02)	3:43.90 (58.71)
4:45.08 (1:01.18)	5:45.41 (1:00.33)	6:47.19 (1:01.78)	7:48.10 (1:00.91)
8:48.70 (1:00.60)	9:49.39 (1:00.69)	10:49.79 (1:00.40)	11:50.82 (1:01.03)
12:50.89 (1:00.07)	13:51.33 (1:00.44)	14:52.02 (1:00.69)	15:53.49 (1:01.47)
16:53.47 (59.98)	17:55.68 (1:02.21)	18:56.49 (1:00.81)	19:56.61 (1:00.12)
20:57.56 (1:00.95)	21:58.43 (1:00.87)	23:00.18 (1:01.75)	23:59.13 (58.95)
25:00.03 (1:00.90)	25:59.74 (59.71)	26:59.86 (1:00.12)	28:00.09 (1:00.23)
28:58.34 (58.25)	29:56.60 (58.26)		

--- Prashant Kapur	46 Asa Temporary Cat 2	30:00.00	DQ
4.4 Start before starting signal			
48.06	1:44.12 (56.06)	2:46.70 (1:02.58)	3:51.31 (1:04.61)
4:56.08 (1:04.77)	6:02.33 (1:06.25)	7:09.53 (1:07.20)	8:15.55 (1:06.02)
9:20.68 (1:05.13)	10:25.30 (1:04.62)	11:30.79 (1:05.49)	12:35.82 (1:05.03)
13:41.03 (1:05.21)	14:46.45 (1:05.42)	15:51.07 (1:04.62)	16:57.11 (1:06.04)
18:04.39 (1:07.28)	19:10.21 (1:05.82)	20:15.88 (1:05.67)	21:23.32 (1:07.44)
22:28.45 (1:05.13)	23:35.63 (1:07.18)	24:40.69 (1:05.06)	25:47.57 (1:06.88)
26:52.82 (1:05.25)	27:57.81 (1:04.99)	29:00.56 (1:02.75)	30:05.34 (1:04.78)
31:11.16 (1:05.82)	DQ (1:05.64)		

**Event 2 Men 50-54 1500 SC Meter Freestyle**

1 Alan Burrows	50 Black Lion	21:40.00	19:38.19
33.56	1:09.71 (36.15)	1:47.11 (37.40)	2:24.86 (37.75)
3:02.95 (38.09)	3:41.34 (38.39)	4:19.96 (38.62)	4:58.33 (38.37)
5:36.71 (38.38)	6:15.58 (38.87)	6:54.78 (39.20)	7:34.59 (39.81)
8:14.46 (39.87)	8:54.35 (39.89)	9:34.15 (39.80)	10:14.46 (40.31)
10:54.10 (39.64)	11:34.10 (40.00)	12:14.01 (39.91)	12:54.25 (40.24)
13:34.49 (40.24)	14:14.70 (40.21)	14:55.92 (41.22)	15:36.57 (40.65)
16:17.46 (40.89)	16:58.02 (40.56)	17:39.15 (41.13)	18:19.67 (40.52)
19:00.37 (40.70)	19:38.19 (37.82)		

2 Kevin Juggins	52 Hornchurch	28:00.00	26:06.05
44.99	1:34.86 (49.87)	2:26.43 (51.57)	3:19.23 (52.80)
4:11.72 (52.49)	5:04.15 (52.43)	5:56.13 (51.98)	6:48.88 (52.75)
7:41.19 (52.31)	8:34.14 (52.95)	9:26.59 (52.45)	10:19.87 (53.28)
11:12.90 (53.03)	12:04.55 (51.65)	12:57.71 (53.16)	13:50.36 (52.65)
14:43.06 (52.70)	15:35.16 (52.10)	16:28.04 (52.88)	17:20.65 (52.61)
18:12.67 (52.02)	19:05.26 (52.59)	19:57.68 (52.42)	20:50.47 (52.79)
21:42.78 (52.31)	22:35.58 (52.80)	23:28.99 (53.41)	24:22.89 (53.90)
25:16.47 (53.58)	26:06.05 (49.58)		

3 Wayne Mar	54 Kings Cormorants	28:30.00	27:23.89
49.28	1:42.72 (53.44)	2:36.44 (53.72)	3:31.77 (55.33)
4:26.92 (55.15)	5:22.56 (55.64)	6:17.44 (54.88)	7:12.31 (54.87)
8:08.92 (56.61)	9:03.91 (54.99)	9:58.32 (54.41)	10:53.11 (54.79)
11:48.20 (55.09)	12:43.84 (55.64)	13:38.89 (55.05)	14:33.87 (54.98)
15:29.49 (55.62)	16:24.52 (55.03)	17:19.92 (55.40)	18:15.03 (55.11)
19:10.60 (55.57)	20:05.99 (55.39)	21:01.08 (55.09)	21:56.54 (55.46)
22:51.93 (55.39)	23:47.58 (55.65)	24:43.44 (55.86)	25:37.18 (53.74)
26:31.15 (53.97)	27:23.89 (52.74)		

**Event 2 Men 55-59 1500 SC Meter Freestyle**

1 Nigel Woods	56 City of Milton Keynes	21:55.00	22:05.68
39.16	1:21.30 (42.14)	2:04.44 (43.14)	2:47.82 (43.38)
3:31.26 (43.44)	4:15.27 (44.01)	4:59.60 (44.33)	5:43.72 (44.12)
6:27.96 (44.24)	7:12.30 (44.34)	7:56.37 (44.07)	8:40.91 (44.54)

## Barnet Cophall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018

### Results

9:25.53 (44.62)	10:10.36 (44.83)	10:55.23 (44.87)	11:39.94 (44.71)
12:24.62 (44.68)	13:09.63 (45.01)	13:54.30 (44.67)	14:39.32 (45.02)
15:24.28 (44.96)	16:08.91 (44.63)	16:54.00 (45.09)	17:39.32 (45.32)
18:24.69 (45.37)	19:09.70 (45.01)	19:54.45 (44.75)	20:39.15 (44.70)
21:23.37 (44.22)	22:05.68 (42.31)		

#### Event 2 Men 60-64 1500 SC Meter Freestyle

1 Eugene Belin	61 Camden Swiss Cottage S.C.	29:00.00	27:28.93
51.10	1:45.03 (53.93)	2:40.24 (55.21)	3:36.40 (56.16)
4:31.46 (55.06)	5:27.39 (55.93)	6:22.90 (55.51)	7:19.17 (56.27)
8:14.79 (55.62)	9:10.38 (55.59)	10:06.50 (56.12)	11:02.55 (56.05)
11:57.61 (55.06)	12:53.46 (55.85)	13:48.71 (55.25)	14:43.77 (55.06)
15:38.64 (54.87)	16:33.78 (55.14)	17:28.84 (55.06)	18:23.94 (55.10)
19:18.13 (54.19)	20:12.88 (54.75)	21:07.41 (54.53)	22:02.15 (54.74)
22:57.01 (54.86)	23:51.97 (54.96)	24:46.75 (54.78)	25:41.09 (54.34)
26:34.99 (53.90)	27:28.93 (53.94)		
2 Colin Price	63 Hornchurch	32:00.00	30:48.89
50.08	1:46.58 (56.50)	2:47.77 (1:01.19)	3:49.37 (1:01.60)
4:50.91 (1:01.54)	5:51.21 (1:00.30)	6:51.74 (1:00.53)	7:52.58 (1:00.84)
8:54.81 (1:02.23)	9:57.41 (1:02.60)	10:59.00 (1:01.59)	12:00.68 (1:01.68)
13:03.21 (1:02.53)	14:05.15 (1:01.94)	15:07.40 (1:02.25)	16:09.75 (1:02.35)
17:12.24 (1:02.49)	18:15.90 (1:03.66)	19:20.73 (1:04.83)	20:24.73 (1:04.00)
21:27.29 (1:02.56)	22:30.59 (1:03.30)	23:32.03 (1:01.44)	24:34.62 (1:02.59)
25:38.20 (1:03.58)	26:42.06 (1:03.86)	27:45.80 (1:03.74)	28:46.23 (1:00.43)
29:51.08 (1:04.85)	30:48.89 (57.81)		

#### Event 2 Men 65-69 1500 SC Meter Freestyle

1 Joe Lound-Keast	67 Biggleswade	24:55.00	24:54.64
40.06	1:25.70 (45.64)	2:14.03 (48.33)	3:03.13 (49.10)
3:52.43 (49.30)	4:41.72 (49.29)	5:31.48 (49.76)	6:21.42 (49.94)
7:10.94 (49.52)	8:00.81 (49.87)	8:51.00 (50.19)	9:40.98 (49.98)
10:31.54 (50.56)	11:22.08 (50.54)	12:12.82 (50.74)	13:03.06 (50.24)
13:53.53 (50.47)	14:43.48 (49.95)	15:34.25 (50.77)	16:25.24 (50.99)
17:16.27 (51.03)	18:07.22 (50.95)	18:58.61 (51.39)	19:49.64 (51.03)
20:40.96 (51.32)	21:32.48 (51.52)	22:23.67 (51.19)	23:15.32 (51.65)
24:06.53 (51.21)	24:54.64 (48.11)		

#### Event 2 Men 70-74 1500 SC Meter Freestyle

1 Derek Parr	74 Broomfield Park	26:00.00	25:18.62
43.92	1:31.88 (47.96)	2:21.53 (49.65)	3:12.14 (50.61)
4:02.44 (50.30)	4:53.24 (50.80)	5:44.52 (51.28)	6:36.29 (51.77)
7:27.00 (50.71)	8:17.97 (50.97)	9:08.86 (50.89)	9:59.78 (50.92)
10:50.71 (50.93)	11:42.29 (51.58)	12:33.91 (51.62)	13:25.57 (51.66)
14:18.23 (52.66)	15:09.19 (50.96)	16:00.88 (51.69)	16:52.52 (51.64)
17:43.99 (51.47)	18:34.80 (50.81)	19:26.27 (51.47)	20:17.85 (51.58)
21:08.80 (50.95)	21:59.98 (51.18)	22:51.14 (51.16)	23:41.97 (50.83)
24:31.72 (49.75)	25:18.62 (46.90)		
2 Robert Williams	72 Hornchurch	27:00.00	25:33.23
43.27	1:31.41 (48.14)	2:21.53 (50.12)	3:12.61 (51.08)
4:04.28 (51.67)	4:55.41 (51.13)	5:47.12 (51.71)	6:38.74 (51.62)
7:30.37 (51.63)	8:22.53 (52.16)	9:14.83 (52.30)	10:07.92 (53.09)
10:59.30 (51.38)	11:51.38 (52.08)	12:43.75 (52.37)	13:34.96 (51.21)
14:26.86 (51.90)	15:18.21 (51.35)	16:10.16 (51.95)	17:02.16 (52.00)
17:55.10 (52.94)	18:47.40 (52.30)	19:39.78 (52.38)	20:31.45 (51.67)
21:21.81 (50.36)	22:14.27 (52.46)	23:04.79 (50.52)	23:55.28 (50.49)
24:45.07 (49.79)	25:33.23 (48.16)		
3 William Sampson	73 Melton Mowbray	28:54.43	29:17.54
48.72	1:45.29 (56.57)	2:42.69 (57.40)	3:40.99 (58.30)

**Barnet Cophall Swim Club Masters 1500 Freestyle Meet – 24<sup>th</sup> and 25<sup>th</sup> November 2018****Results**

4:39.43 (58.44)	5:38.87 (59.44)	6:37.79 (58.92)	7:36.59 (58.80)
8:35.27 (58.68)	9:34.46 (59.19)	10:34.43 (59.97)	11:33.73 (59.30)
12:33.42 (59.69)	13:32.75 (59.33)	14:31.56 (58.81)	15:30.42 (58.86)
16:29.74 (59.32)	17:28.47 (58.73)	18:28.13 (59.66)	19:28.58 (1:00.45)
20:28.40 (59.82)	21:27.84 (59.44)	22:28.09 (1:00.25)	23:27.77 (59.68)
24:28.25 (1:00.48)	25:26.89 (58.64)	26:25.90 (59.01)	27:26.03 (1:00.13)
28:24.90 (58.87)	29:17.54 (52.64)		

**Event 2 Men 75-79 1500 SC Meter Freestyle**

1 Paul Clarke	76 Beavers Masters (Bedford)	34:05.00	32:50.86
52.06	1:53.15 (1:01.09)	2:56.70 (1:03.55)	3:58.39 (1:01.69)
5:01.17 (1:02.78)	6:04.80 (1:03.63)	7:09.46 (1:04.66)	8:15.44 (1:05.98)
9:19.95 (1:04.51)	10:26.18 (1:06.23)	11:31.54 (1:05.36)	12:39.07 (1:07.53)
13:45.82 (1:06.75)	14:53.25 (1:07.43)	16:00.14 (1:06.89)	17:07.14 (1:07.00)
18:14.47 (1:07.33)	19:21.63 (1:07.16)	20:29.90 (1:08.27)	21:35.70 (1:05.80)
22:45.45 (1:09.75)	23:54.07 (1:08.62)	25:02.02 (1:07.95)	26:10.32 (1:08.30)
27:15.93 (1:05.61)	28:24.24 (1:08.31)	29:31.72 (1:07.48)	30:40.51 (1:08.79)
31:47.25 (1:06.74)	32:50.86 (1:03.61)		

**Event 2 Men 80-84 1500 SC Meter Freestyle**

1 Edward Gerald	82 Serpentine	30:20.00	30:10.51
53.54	1:52.18 (58.64)	2:55.27 (1:03.09)	3:57.32 (1:02.05)
4:59.78 (1:02.46)	6:00.57 (1:00.79)	6:59.86 (59.29)	8:01.01 (1:01.15)
9:00.90 (59.89)	10:00.82 (59.92)	11:00.07 (59.25)	12:00.86 (1:00.79)
13:01.73 (1:00.87)	14:02.72 (1:00.99)	15:03.37 (1:00.65)	16:04.01 (1:00.64)
17:04.56 (1:00.55)	18:05.61 (1:01.05)	19:06.49 (1:00.88)	20:05.64 (59.15)
21:08.58 (1:02.94)	22:09.06 (1:00.48)	23:10.42 (1:01.36)	24:10.24 (59.82)
25:13.02 (1:02.78)	26:13.82 (1:00.80)	27:14.33 (1:00.51)	28:15.98 (1:01.65)
29:16.25 (1:00.27)	30:10.51 (54.26)		

**All Records subject to Ratification**