

Barnet Copthall Masters Distance Meet

6th and 7th July 2013

Results

Event 1 Women 25-29 800 SC Meter Freestyle

| Name | Age | Team | Seed Time | Finals Time |
|--------------------|-----------------|---------------------------|-----------------|-----------------|
| 1 Samantha Effemey | 28 | Camden Swiss Cottage S.C. | 9:55.46 | 9:59.79 |
| | 32.11 | 1:08.20 (36.09) | 1:46.14 (37.94) | 2:23.47 (37.33) |
| | 3:00.99 (37.52) | 3:38.78 (37.79) | 4:16.83 (38.05) | 4:54.95 (38.12) |
| | 5:33.22 (38.27) | 6:11.26 (38.04) | 6:49.76 (38.50) | 7:27.99 (38.23) |
| | 8:06.35 (38.36) | 8:44.56 (38.21) | 9:22.55 (37.99) | 9:59.79 (37.24) |

Event 1 Women 30-34 800 SC Meter Freestyle

| | | | | |
|---------------------|------------------|------------------|------------------|------------------|
| 1 Catherine Hasnain | 32 | Otter | 10:30.00 | 10:27.19 |
| | 35.11 | 1:13.90 (38.79) | 1:52.92 (39.02) | 2:32.62 (39.70) |
| | 3:12.01 (39.39) | 3:51.64 (39.63) | 4:31.51 (39.87) | 5:10.89 (39.38) |
| | 5:50.34 (39.45) | 6:30.08 (39.74) | 7:09.77 (39.69) | 7:49.37 (39.60) |
| | 8:29.38 (40.01) | 9:09.01 (39.63) | 9:48.69 (39.68) | 10:27.19 (38.50) |
| 2 Claire Mc Mahon | 33 | Barnet Copthall | 12:40.00 | 12:28.98 |
| | 41.83 | 1:27.84 (46.01) | 2:15.14 (47.30) | 3:02.65 (47.51) |
| | 3:50.19 (47.54) | 4:37.52 (47.33) | 5:24.54 (47.02) | 6:12.28 (47.74) |
| | 7:00.24 (47.96) | 7:47.54 (47.30) | 8:35.45 (47.91) | 9:23.00 (47.55) |
| | 10:10.17 (47.17) | 10:57.19 (47.02) | 11:43.93 (46.74) | 12:28.98 (45.05) |

Event 1 Women 35-39 800 SC Meter Freestyle

| | | | | |
|---------------------|------------------|------------------|------------------|------------------|
| 1 Jessica Wooddisse | 38 | Stroud Masters | 9:46.42 | 9:45.48 |
| | 33.76 | 1:09.73 (35.97) | 1:46.03 (36.30) | 2:22.82 (36.79) |
| | 2:59.50 (36.68) | 3:36.25 (36.75) | 4:13.21 (36.96) | 4:50.34 (37.13) |
| | 5:27.19 (36.85) | 6:04.27 (37.08) | 6:41.25 (36.98) | 7:18.34 (37.09) |
| | 7:55.52 (37.18) | 8:32.68 (37.16) | 9:09.44 (36.76) | 9:45.48 (36.04) |
| 2 Gina Hobson | 36 | Otter | 10:15.00 | 10:02.58 |
| | 33.07 | 1:09.40 (36.33) | 1:46.41 (37.01) | 2:23.75 (37.34) |
| | 3:01.43 (37.68) | 3:38.95 (37.52) | 4:16.57 (37.62) | 4:54.49 (37.92) |
| | 5:32.47 (37.98) | 6:10.52 (38.05) | 6:48.67 (38.15) | 7:27.38 (38.71) |
| | 8:06.43 (39.05) | 8:46.08 (39.65) | 9:25.54 (39.46) | 10:02.58 (37.04) |
| 3 Emily Firth | 39 | Barnet Copthall | 13:40.00 | 12:40.65 |
| | 44.82 | 1:31.18 (46.36) | 2:18.50 (47.32) | 3:05.94 (47.44) |
| | 3:53.62 (47.68) | 4:41.54 (47.92) | 5:29.45 (47.91) | 6:17.15 (47.70) |
| | 7:04.89 (47.74) | 7:52.63 (47.74) | 8:40.55 (47.92) | 9:28.48 (47.93) |
| | 10:17.04 (48.56) | 11:05.14 (48.10) | 11:53.58 (48.44) | 12:40.65 (47.07) |

Event 1 Women 40-44 800 SC Meter Freestyle

| | | | | |
|------------------|------------------|--------------------|------------------|------------------|
| 1 Jeanne Petit | 43 | Maxwell | 11:30.01 | 11:11.22 |
| | 37.62 | 1:19.15 (41.53) | 2:01.51 (42.36) | 2:43.88 (42.37) |
| | 3:26.22 (42.34) | 4:08.64 (42.42) | 4:50.93 (42.29) | 5:33.33 (42.40) |
| | 6:15.58 (42.25) | 6:57.88 (42.30) | 7:40.15 (42.27) | 8:22.17 (42.02) |
| | 9:04.50 (42.33) | 9:47.02 (42.52) | 10:29.71 (42.69) | 11:11.22 (41.51) |
| 2 Judy Prior | 43 | Enfield Swim Squad | 11:10.00 | 11:28.31 |
| | 37.75 | 1:18.86 (41.11) | 2:01.40 (42.54) | 2:44.14 (42.74) |
| | 3:27.44 (43.30) | 4:10.81 (43.37) | 4:54.51 (43.70) | 5:38.42 (43.91) |
| | 6:22.20 (43.78) | 7:05.86 (43.66) | 7:49.63 (43.77) | 8:33.85 (44.22) |
| | 9:17.53 (43.68) | 10:01.20 (43.67) | 10:45.09 (43.89) | 11:28.31 (43.22) |
| 3 Melissa Spears | 40 | Barnet Copthall | 12:00.00 | 13:24.81 |
| | 44.13 | 1:36.15 (52.02) | 2:27.62 (51.47) | 3:19.39 (51.77) |
| | 4:10.49 (51.10) | 5:02.63 (52.14) | 5:53.89 (51.26) | 6:44.46 (50.57) |
| | 7:35.17 (50.71) | 8:25.86 (50.69) | 9:16.87 (51.01) | 10:07.33 (50.46) |
| | 10:56.99 (49.66) | 11:47.24 (50.25) | 12:36.01 (48.77) | 13:24.81 (48.80) |

Event 1 Women 45-49 800 SC Meter Freestyle

| | | | | |
|----------------------|-----------------|-----------------|------------------|--------------------------------------|
| 1 Allie Price | 48 | Cardiff Masters | 12:00.00 | <u>11:03.36 Welsh Record*</u> |
| | 35.96 | 1:16.04 (40.08) | 1:57.50 (41.46) | 2:39.71 (42.21) |
| | 3:21.81 (42.10) | 4:03.95 (42.14) | 4:46.29 (42.34) | 5:28.64 (42.35) |
| | 6:11.10 (42.46) | 6:53.32 (42.22) | 7:35.92 (42.60) | 8:18.37 (42.45) |
| | 9:00.46 (42.09) | 9:42.76 (42.30) | 10:24.06 (41.30) | 11:03.36 (39.30) |

Barnet Copthall Masters Distance Meet 6th and 7th July 2013 Results

| | | | | | |
|---|-----------------|------------------|------------------|------------------|----------|
| 2 | Lynne Dawson | 46 | Chapeltown | 12:30.00 | 12:13.64 |
| | 40.78 | 1:26.24 (45.46) | 2:12.30 (46.06) | 2:59.30 (47.00) | |
| | 3:46.23 (46.93) | 4:33.02 (46.79) | 5:19.54 (46.52) | 6:06.14 (46.60) | |
| | 6:52.49 (46.35) | 7:39.39 (46.90) | 8:25.99 (46.60) | 9:12.51 (46.52) | |
| | 9:58.49 (45.98) | 10:44.62 (46.13) | 11:30.14 (45.52) | 12:13.64 (43.50) | |

Event 1 Women 50-54 800 SC Meter Freestyle

| | | | | | |
|---|------------------------------|--------------------|------------------------------|--------------------|--------------------------------------|
| 1 | <i>Dymphna Morris</i> | 52 | Aer Lingus Masters (Ireland) | 10:20.00 | <u>10:00.50 Irish Record*</u> |
| | 34.13 | 1:10.78 (36.65) | 1:47.87 (37.09) | 2:25.49 (37.62) | |
| | 3:03.43 (37.94) | 3:41.77 (38.34) | 4:19.82 (38.05) | 4:58.12 (38.30) | |
| | 5:36.23 (38.11) | 6:14.27 (38.04) | 6:52.23 (37.96) | 7:30.49 (38.26) | |
| | 8:08.41 (37.92) | 8:46.37 (37.96) | 9:24.65 (38.28) | 10:00.50 (35.85) | |
| | | | | | |
| 2 | Anne Morrissey | 53 | Aer Lingus Masters (Ireland) | 12:30.00 | 12:25.61 |
| | 40.21 | 1:24.02 (43.81) | 2:10.98 (46.96) | 2:58.01 (47.03) | |
| | 3:44.50 (46.49) | 4:31.30 (46.80) | 5:18.52 (47.22) | 6:04.87 (46.35) | |
| | 6:51.95 (47.08) | 7:39.99 (48.04) | 8:26.28 (46.29) | 9:14.16 (47.88) | |
| | 10:02.36 (48.20) | 10:50.62 (48.26) | 11:38.48 (47.86) | 12:25.61 (47.13) | |
| | | | | | |
| 3 | K H Kim | 53 | Barnet Copthall | 15:00.00 | 14:20.67 |
| | 47.84 | 1:41.89 (54.05) | 2:37.22 (55.33) | 3:32.87 (55.65) | |
| | 4:28.48 (55.61) | 5:23.52 (55.04) | 6:18.33 (54.81) | 7:12.84 (54.51) | |
| | 8:06.94 (54.10) | 9:00.94 (54.00) | 9:54.66 (53.72) | 10:48.20 (53.54) | |
| | 11:41.96 (53.76) | 12:36.26 (54.30) | 13:29.82 (53.56) | 14:20.67 (50.85) | |
| | | | | | |
| 4 | Denise Poynter | 54 | Wellingborough | 15:30.00 | 16:23.13 |
| | 53.94 | 1:53.02 (59.08) | 2:55.74 (1:02.72) | 3:58.11 (1:02.37) | |
| | 5:01.28 (1:03.17) | 6:04.57 (1:03.29) | 7:07.82 (1:03.25) | 8:11.00 (1:03.18) | |
| | 9:13.79 (1:02.79) | 10:16.25 (1:02.46) | 11:20.17 (1:03.92) | 12:23.48 (1:03.31) | |
| | 13:26.15 (1:02.67) | 14:25.97 (59.82) | 15:25.42 (59.45) | 16:23.13 (57.71) | |

Event 1 Women 55-59 800 SC Meter Freestyle

| | | | | | |
|---|------------------|------------------|-------------------------|------------------|----------|
| 1 | Anne Bourne | 59 | Camphill Edwardians | 11:25.52 | 11:05.61 |
| | 38.18 | 1:19.53 (41.35) | 2:01.74 (42.21) | 2:43.76 (42.02) | |
| | 3:26.02 (42.26) | 4:08.01 (41.99) | 4:50.12 (42.11) | 5:32.15 (42.03) | |
| | 6:13.63 (41.48) | 6:54.92 (41.29) | 7:36.49 (41.57) | 8:18.38 (41.89) | |
| | 9:00.02 (41.64) | 9:42.22 (42.20) | 10:24.57 (42.35) | 11:05.61 (41.04) | |
| | | | | | |
| 2 | Amanda Heath | 56 | Spencer | 11:20.00 | 11:14.29 |
| | 38.66 | 1:20.09 (41.43) | 2:02.20 (42.11) | 2:44.58 (42.38) | |
| | 3:26.78 (42.20) | 4:09.27 (42.49) | 4:51.37 (42.10) | 5:33.90 (42.53) | |
| | 6:16.31 (42.41) | 6:58.80 (42.49) | 7:41.53 (42.73) | 8:24.24 (42.71) | |
| | 9:06.96 (42.72) | 9:49.84 (42.88) | 10:32.51 (42.67) | 11:14.29 (41.78) | |
| | | | | | |
| 3 | Jayne Ball | 59 | Gloucester Masters | 11:40.00 | 11:31.29 |
| | 40.02 | 1:22.72 (42.70) | 2:06.04 (43.32) | 2:49.46 (43.42) | |
| | 3:33.11 (43.65) | 4:16.49 (43.38) | 5:00.27 (43.78) | 5:43.87 (43.60) | |
| | 6:27.64 (43.77) | 7:11.34 (43.70) | 7:55.15 (43.81) | 8:38.56 (43.41) | |
| | 9:22.42 (43.86) | 10:06.03 (43.61) | 10:49.25 (43.22) | 11:31.29 (42.04) | |
| | | | | | |
| 4 | Catherine Hartle | 55 | Spencer | 11:50.00 | 11:33.33 |
| | 40.40 | 1:23.55 (43.15) | 2:06.99 (43.44) | 2:50.24 (43.25) | |
| | 3:33.59 (43.35) | 4:17.35 (43.76) | 5:00.74 (43.39) | 5:44.16 (43.42) | |
| | 6:27.84 (43.68) | 7:11.23 (43.39) | 7:54.88 (43.65) | 8:38.46 (43.58) | |
| | 9:22.30 (43.84) | 10:06.06 (43.76) | 10:50.35 (44.29) | 11:33.33 (42.98) | |
| | | | | | |
| 5 | Sara Perry | 56 | Cally Masters Islington | 11:58.00 | 11:50.21 |
| | 38.62 | 1:21.12 (42.50) | 2:04.73 (43.61) | 2:48.61 (43.88) | |
| | 3:32.53 (43.92) | 4:16.34 (43.81) | 5:00.22 (43.88) | 5:44.72 (44.50) | |
| | 6:29.64 (44.92) | 7:15.15 (45.51) | 8:00.87 (45.72) | 8:46.67 (45.80) | |
| | 9:32.37 (45.70) | 10:18.71 (46.34) | 11:05.59 (46.88) | 11:50.21 (44.62) | |

Barnet Cophall Masters Distance Meet 6th and 7th July 2013 Results

6 Sharon Mc Lellan 55 Sudbury & District 13:00.00 13:07.47
 44.75 1:33.20 (48.45) 2:22.38 (49.18) 3:12.09 (49.71)
 4:02.22 (50.13) 4:51.99 (49.77) 5:41.39 (49.40) 6:31.18 (49.79)
 7:21.12 (49.94) 8:11.34 (50.22) 9:01.46 (50.12) 9:51.30 (49.84)
 10:40.84 (49.54) 11:30.00 (49.16) 12:19.52 (49.52) 13:07.47 (47.95)

7 Pat Reed 56 Bexley 13:26.00 13:23.86
 45.68 1:35.97 (50.29) 2:26.46 (50.49) 3:16.74 (50.28)
 4:06.53 (49.79) 4:56.49 (49.96) 5:46.59 (50.10) 6:37.23 (50.64)
 7:28.03 (50.80) 8:18.94 (50.91) 9:10.40 (51.46) 10:01.77 (51.37)
 10:52.88 (51.11) 11:43.88 (51.00) 12:35.30 (51.42) 13:23.86 (48.56)

8 Susan Green 57 Camden Swiss Cottage S.C. 15:01.00 14:37.39
 49.52 1:43.14 (53.62) 2:38.22 (55.08) 3:34.62 (56.40)
 4:31.05 (56.43) 5:26.06 (55.01) 6:22.08 (56.02) 7:17.65 (55.57)
 8:13.60 (55.95) 9:08.52 (54.92) 10:03.83 (55.31) 10:59.49 (55.66)
 11:54.60 (55.11) 12:48.90 (54.30) 13:44.46 (55.56) 14:37.39 (52.93)

Event 1 Women 60-64 800 SC Meter Freestyle

1 Sue Haigh 61 Tiverton 11:20.00 11:10.98
 37.86 1:19.04 (41.18) 2:01.55 (42.51) 2:44.18 (42.63)
 3:26.91 (42.73) 4:09.69 (42.78) 4:52.39 (42.70) 5:35.03 (42.64)
 6:17.76 (42.73) 6:59.94 (42.18) 7:42.05 (42.11) 8:24.37 (42.32)
 9:06.59 (42.22) 9:48.90 (42.31) 10:31.16 (42.26) 11:10.98 (39.82)

2 Christine Ayers 60 South Beds Masters 12:39.05 12:25.68
 40.32 1:25.61 (45.29) 2:12.31 (46.70) 2:59.16 (46.85)
 3:46.31 (47.15) 4:33.56 (47.25) 5:20.57 (47.01) 6:08.05 (47.48)
 6:55.62 (47.57) 7:43.13 (47.51) 8:31.09 (47.96) 9:18.80 (47.71)
 10:06.32 (47.52) 10:53.89 (47.57) 11:41.35 (47.46) 12:25.68 (44.33)

3 Sandra Vincent 63 Black Lion 13:30.10 12:46.70
 44.44 1:31.40 (46.96) 2:18.43 (47.03) 3:05.93 (47.50)
 3:54.47 (48.54) 4:43.83 (49.36) 5:32.40 (48.57) 6:21.01 (48.61)
 7:09.68 (48.67) 7:58.31 (48.63) 8:46.81 (48.50) 9:35.25 (48.44)
 10:23.65 (48.40) 11:12.24 (48.59) 12:00.50 (48.26) 12:46.70 (46.20)

Event 1 Women 70-74 800 SC Meter Freestyle

1 Ann Broomfield 71 St Albans Masters 20:00.00 19:46.34
 1:05.92 2:14.58 (1:08.66) 3:29.20 (1:14.62) 4:42.01 (1:12.81)
 5:58.67 (1:16.66) 7:14.19 (1:15.52) 8:30.14 (1:15.95) 9:45.40 (1:15.26)
 11:01.30 (1:15.90) 12:16.84 (1:15.54) 13:33.10 (1:16.26) 14:47.81 (1:14.71)
 16:03.57 (1:15.76) 17:18.61 (1:15.04) 18:33.75 (1:15.14) 19:46.34 (1:12.59)

Event 1 Men 18-24 800 SC Meter Freestyle

1 Matthew Breckon 23 Epsom District 8:10.00 8:17.24
 27.26 57.37 (30.11) 1:28.09 (30.72) 1:58.87 (30.78)
 2:29.86 (30.99) 3:00.97 (31.11) 3:32.18 (31.21) 4:03.43 (31.25)
 4:35.03 (31.60) 5:06.60 (31.57) 5:38.62 (32.02) 6:10.63 (32.01)
 6:42.78 (32.15) 7:14.89 (32.11) 7:46.92 (32.03) 8:17.24 (30.32)

Event 1 Men 25-29 800 SC Meter Freestyle

1 Roger Barnes 29 Aussi Masters 9:10.00 9:22.79
 30.96 1:05.37 (34.41) 1:40.70 (35.33) 2:16.21 (35.51)
 2:51.64 (35.43) 3:27.05 (35.41) 4:02.41 (35.36) 4:37.93 (35.52)
 5:13.78 (35.85) 5:49.66 (35.88) 6:25.41 (35.75) 7:01.24 (35.83)
 7:37.02 (35.78) 8:12.75 (35.73) 8:48.56 (35.81) 9:22.79 (34.23)

Event 1 Men 35-39 800 SC Meter Freestyle

1 David Denny 37 City of Oxford 9:00.00 8:53.28
 29.54 1:01.65 (32.11) 1:34.97 (33.32) 2:08.60 (33.63)
 2:42.20 (33.60) 3:15.84 (33.64) 3:49.51 (33.67) 4:23.30 (33.79)
 4:57.15 (33.85) 5:31.10 (33.95) 6:04.92 (33.82) 6:38.96 (34.04)
 7:12.94 (33.98) 7:47.17 (34.23) 8:20.91 (33.74) 8:53.28 (32.37)

Barnet Copthall Masters Distance Meet 6th and 7th July 2013 Results

Event 1 Men 40-44 800 SC Meter Freestyle

| | | | | | |
|---|------------------|------------------|------------------|------------------|----------|
| 1 | Adam Foreman | 40 | Barnet Copthall | 11:40.00 | 11:45.83 |
| | 38.17 | 1:21.23 (43.06) | 2:04.11 (42.88) | 2:48.42 (44.31) | |
| | 3:32.53 (44.11) | 4:17.62 (45.09) | 5:02.49 (44.87) | 5:47.39 (44.90) | |
| | 6:32.90 (45.51) | 7:18.17 (45.27) | 8:04.04 (45.87) | 8:49.71 (45.67) | |
| | 9:34.00 (44.29) | 10:19.20 (45.20) | 11:03.05 (43.85) | 11:45.83 (42.78) | |
| 2 | Michael Wilkner | 43 | Barnet Copthall | 11:40.00 | 12:33.24 |
| | 39.14 | 1:22.38 (43.24) | 2:08.14 (45.76) | 2:54.20 (46.06) | |
| | 3:41.28 (47.08) | 4:30.04 (48.76) | 5:18.14 (48.10) | 6:08.15 (50.01) | |
| | 6:57.69 (49.54) | 7:46.19 (48.50) | 8:34.98 (48.79) | 9:23.08 (48.10) | |
| | 10:11.90 (48.82) | 11:00.45 (48.55) | 11:48.22 (47.77) | 12:33.24 (45.02) | |

Event 1 Men 45-49 800 SC Meter Freestyle

| | | | | | |
|---|------------------|------------------|------------------------|------------------|----------|
| 1 | Andrew Gristwood | 49 | Cleethorpes & District | 10:10.00 | 10:07.28 |
| | 34.09 | 1:11.55 (37.46) | 1:49.95 (38.40) | 2:28.43 (38.48) | |
| | 3:06.71 (38.28) | 3:44.96 (38.25) | 4:23.09 (38.13) | 5:01.43 (38.34) | |
| | 5:40.02 (38.59) | 6:18.66 (38.64) | 6:57.01 (38.35) | 7:35.79 (38.78) | |
| | 8:13.82 (38.03) | 8:52.65 (38.83) | 9:31.32 (38.67) | 10:07.28 (35.96) | |
| 2 | Duncan Hartley | 45 | Barnet Copthall | 10:15.00 | 10:13.53 |
| | 33.96 | 1:11.48 (37.52) | 1:49.82 (38.34) | 2:28.75 (38.93) | |
| | 3:08.41 (39.66) | 3:47.97 (39.56) | 4:27.43 (39.46) | 5:06.30 (38.87) | |
| | 5:45.33 (39.03) | 6:24.49 (39.16) | 7:03.20 (38.71) | 7:41.91 (38.71) | |
| | 8:20.28 (38.37) | 8:58.70 (38.42) | 9:37.31 (38.61) | 10:13.53 (36.22) | |
| 3 | Mark Hitchcott | 45 | East Dorset Open Water | 12:30.00 | 12:13.25 |
| | 42.30 | 1:27.27 (44.97) | 2:13.53 (46.26) | 3:00.63 (47.10) | |
| | 3:47.72 (47.09) | 4:34.78 (47.06) | 5:21.71 (46.93) | 6:09.09 (47.38) | |
| | 6:56.08 (46.99) | 7:42.24 (46.16) | 8:28.19 (45.95) | 9:13.66 (45.47) | |
| | 9:58.84 (45.18) | 10:44.40 (45.56) | 11:29.90 (45.50) | 12:13.25 (43.35) | |
| 4 | Keith Spence | 47 | South Beds Masters | 15:25.00 | 14:12.29 |
| | 43.96 | 1:33.42 (49.46) | 2:24.95 (51.53) | 3:17.55 (52.60) | |
| | 4:11.08 (53.53) | 5:05.03 (53.95) | 5:59.52 (54.49) | 6:54.14 (54.62) | |
| | 7:49.04 (54.90) | 8:44.76 (55.72) | 9:40.11 (55.35) | 10:35.05 (54.94) | |
| | 11:30.74 (55.69) | 12:26.38 (55.64) | 13:20.31 (53.93) | 14:12.29 (51.98) | |

Event 1 Men 50-54 800 SC Meter Freestyle

| | | | | | |
|---|------------------|------------------|------------------|------------------|----------|
| 1 | Mark Partridge | 50 | Stroud Masters | 10:50.99 | 10:39.82 |
| | 34.84 | 1:13.10 (38.26) | 1:52.76 (39.66) | 2:32.55 (39.79) | |
| | 3:12.34 (39.79) | 3:52.30 (39.96) | 4:32.46 (40.16) | 5:12.85 (40.39) | |
| | 5:53.66 (40.81) | 6:34.67 (41.01) | 7:15.70 (41.03) | 7:56.77 (41.07) | |
| | 8:37.77 (41.00) | 9:18.72 (40.95) | 9:59.88 (41.16) | 10:39.82 (39.94) | |
| 2 | Alan Beggs | 50 | City of Oxford | 13:20.00 | 13:17.94 |
| | 44.86 | 1:33.55 (48.69) | 2:22.53 (48.98) | 3:12.76 (50.23) | |
| | 4:02.89 (50.13) | 4:53.17 (50.28) | 5:43.41 (50.24) | 6:33.87 (50.46) | |
| | 7:24.63 (50.76) | 8:15.25 (50.62) | 9:06.39 (51.14) | 9:57.05 (50.66) | |
| | 10:47.59 (50.54) | 11:38.23 (50.64) | 12:29.07 (50.84) | 13:17.94 (48.87) | |

Event 1 Men 55-59 800 SC Meter Freestyle

| | | | | | |
|---|------------------|-----------------|--------------------|------------------|----------|
| 1 | Colin Stephenson | 55 | Gloucester Masters | 10:23.37 | 10:07.58 |
| | 34.85 | 1:12.60 (37.75) | 1:51.20 (38.60) | 2:29.93 (38.73) | |
| | 3:08.57 (38.64) | 3:47.07 (38.50) | 4:25.68 (38.61) | 5:03.69 (38.01) | |
| | 5:41.96 (38.27) | 6:20.20 (38.24) | 6:58.33 (38.13) | 7:36.35 (38.02) | |
| | 8:14.60 (38.25) | 8:52.74 (38.14) | 9:30.90 (38.16) | 10:07.58 (36.68) | |

Event 1 Men 60-64 800 SC Meter Freestyle

| | | | | | |
|---|------------------|-----------------|--------------------|-----------------|----------|
| 1 | Stuart Mc Lellan | 64 | Sudbury & District | 12:20.00 | 11:55.89 |
| | 38.77 | 1:22.15 (43.38) | 2:07.50 (45.35) | 2:52.64 (45.14) | |
| | 3:37.92 (45.28) | 4:23.26 (45.34) | 5:08.57 (45.31) | 5:53.91 (45.34) | |
| | 6:39.25 (45.34) | 7:24.32 (45.07) | 8:09.58 (45.26) | 8:54.86 (45.28) | |

Barnet Copthall Masters Distance Meet 6th and 7th July 2013**Results**

9:40.48 (45.62) 10:26.06 (45.58) 11:12.01 (45.95) 11:55.89 (43.88)

2 Christopher Preston 62 Out to Swim 15:41.00 14:32.16

44.74 1:35.22 (50.48) 2:27.83 (52.61) 3:23.30 (55.47)
 4:19.41 (56.11) 5:13.57 (54.16) 6:08.83 (55.26) 7:04.66 (55.83)
 8:01.85 (57.19) 8:58.20 (56.35) 9:52.88 (54.68) 10:50.45 (57.57)
 11:45.54 (55.09) 12:42.14 (56.60) 13:38.92 (56.78) 14:32.16 (53.24)

Event 1 Men 65-69 800 SC Meter Freestyle

1 Derek Parr 69 Broomfield Park 12:30.00 12:07.82

40.41 1:25.31 (44.90) 2:11.21 (45.90) 2:56.95 (45.74)
 3:42.65 (45.70) 4:28.37 (45.72) 5:14.72 (46.35) 6:01.17 (46.45)
 6:47.91 (46.74) 7:34.46 (46.55) 8:20.91 (46.45) 9:07.21 (46.30)
 9:53.37 (46.16) 10:39.50 (46.13) 11:25.00 (45.50) 12:07.82 (42.82)

Event 1 Men 70-74 800 SC Meter Freestyle

1 Tony Cherrington 71 Gloucester Masters 12:00.00 11:53.92

38.21 1:20.47 (42.26) 2:05.02 (44.55) 2:50.21 (45.19)
 3:36.63 (46.42) 4:22.87 (46.24) 5:08.64 (45.77) 5:54.38 (45.74)
 6:40.15 (45.77) 7:25.11 (44.96) 8:10.59 (45.48) 8:55.73 (45.14)
 9:41.15 (45.42) 10:26.94 (45.79) 11:11.92 (44.98) 11:53.92 (42.00)

2 Paul Clarke 71 Team Luton 16:40.00 16:06.90

49.28 1:47.72 (58.44) 2:47.24 (59.52) 3:48.77 (1:01.53)
 4:50.01 (1:01.24) 5:51.51 (1:01.50) 6:53.46 (1:01.95) 7:56.20 (1:02.74)
 8:57.94 (1:01.74) 10:00.32 (1:02.38) 11:01.06 (1:00.74) 12:03.43 (1:02.37)
 13:06.44 (1:03.01) 14:08.62 (1:02.18) 15:09.06 (1:00.44) 16:06.90 (57.84)

3 Bruce Thompson 71 Barnet Copthall 16:40.00 16:36.23

55.79 1:55.97 (1:00.18) 2:57.84 (1:01.87) 3:59.45 (1:01.61)
 5:01.58 (1:02.13) 6:03.62 (1:02.04) 7:07.17 (1:03.55) 8:09.94 (1:02.77)
 9:13.52 (1:03.58) 10:16.18 (1:02.66) 11:19.53 (1:03.35) 12:23.50 (1:03.97)
 13:26.93 (1:03.43) 14:29.77 (1:02.84) 15:33.77 (1:04.00) 16:36.23 (1:02.46)

Event 1 Men 75-79 800 SC Meter Freestyle

1 John Harrington 77 Barnet Copthall 13:20.00 13:47.20

46.84 1:39.44 (52.60) 2:32.51 (53.07) 3:26.47 (53.96)
 4:19.83 (53.36) 5:12.27 (52.44) 6:05.42 (53.15) 6:57.82 (52.40)
 7:49.71 (51.89) 8:42.26 (52.55) 9:34.46 (52.20) 10:26.08 (51.62)
 11:16.97 (50.89) 12:08.92 (51.95) 13:00.00 (51.08) 13:47.20 (47.20)

Event 2 Women 18-24 400 SC Meter Freestyle

1 Lucy Tofield 22 Barnet Copthall 5:39.00 5:35.16

36.32 1:17.64 (41.32) 2:01.57 (43.93) 2:46.72 (45.15)
 3:28.30 (41.58) 4:10.84 (42.54) 4:53.82 (42.98) 5:35.16 (41.34)

Event 2 Women 25-29 400 SC Meter Freestyle

1 Jane Stalker 28 Camphill Edwardians 5:00.21 4:59.08

34.64 1:11.80 (37.16) 1:49.49 (37.69) 2:27.29 (37.80)
 3:04.99 (37.70) 3:42.95 (37.96) 4:21.10 (38.15) 4:59.08 (37.98)

Event 2 Women 30-34 400 SC Meter Freestyle

1 Catherine Hasnain 32 Otter 5:03.45 5:05.91

34.30 1:12.40 (38.10) 1:50.92 (38.52) 2:29.76 (38.84)
 3:08.94 (39.18) 3:48.62 (39.68) 4:27.87 (39.25) 5:05.91 (38.04)

2 Claire Mc Mahon 33 Barnet Copthall 6:15.00 6:07.29

41.79 1:26.84 (45.05) 2:12.68 (45.84) 2:59.44 (46.76)
 3:46.48 (47.04) 4:33.96 (47.48) 5:21.21 (47.25) 6:07.29 (46.08)

Event 2 Women 35-39 400 SC Meter Freestyle

1 Jessica Wooddisse 38 Stroud Masters 4:44.34 4:47.09

33.97 1:09.67 (35.70) 1:45.75 (36.08) 2:22.17 (36.42)

| Barnet Copthall Masters Distance Meet | | | | 6th and 7th July 2013 | Results |
|---|---|---------------------------------|-----------------|--|----------------|
| | 2:58.40 (36.23) | 3:34.82 (36.42) | 4:11.37 (36.55) | 4:47.09 (35.72) | |
| 2 | Michelle Senecal | 36 Otter | | 4:55.00 | 4:50.86 |
| | 32.79 | 1:08.59 (35.80) | 1:45.75 (37.16) | 2:23.52 (37.77) | |
| | 3:00.60 (37.08) | 3:37.94 (37.34) | 4:15.16 (37.22) | 4:50.86 (35.70) | |
| 3 | Gina Hobson | 36 Otter | | 5:00.00 | 4:56.80 |
| | 32.09 | 1:08.32 (36.23) | 1:45.67 (37.35) | 2:23.44 (37.77) | |
| | 3:01.62 (38.18) | 3:40.08 (38.46) | 4:19.01 (38.93) | 4:56.80 (37.79) | |
| 4 | Michelle Matson | 35 Basingstoke Bluefins | | 6:00.00 | 5:31.17 |
| | 37.32 | 1:18.32 (41.00) | 2:00.83 (42.51) | 2:43.84 (43.01) | |
| | 3:26.11 (42.27) | 4:08.54 (42.43) | 4:50.77 (42.23) | 5:31.17 (40.40) | |
| Event 2 Women 40-44 400 SC Meter Freestyle | | | | | |
| 1 | Jo Corben | 43 Portsmouth Northsea | | 5:10.00 | 4:53.41 |
| | 33.89 | 1:10.61 (36.72) | 1:48.07 (37.46) | 2:25.62 (37.55) | |
| | 3:02.90 (37.28) | 3:40.07 (37.17) | 4:17.10 (37.03) | 4:53.41 (36.31) | |
| 2 | Rachael Coleman | 40 Barnet Copthall | | 5:20.00 | 5:19.62 |
| | 36.02 | 1:15.40 (39.38) | 1:56.63 (41.23) | 2:38.73 (42.10) | |
| | 3:20.33 (41.60) | 4:01.97 (41.64) | 4:42.66 (40.69) | 5:19.62 (36.96) | |
| 3 | Susan Bull | 43 Mid-Sussex Marlins | | 6:30.00 | 5:56.07 |
| | 39.43 | 1:22.16 (42.73) | 2:06.97 (44.81) | 2:52.59 (45.62) | |
| | 3:38.78 (46.19) | 4:24.85 (46.07) | 5:11.30 (46.45) | 5:56.07 (44.77) | |
| --- | Sarah Adams | 40 Basingstoke Bluefins | | 4:58.00 | DQ |
| | 10.1 A swimmer did not cover the whole distance – DNF | | | | |
| Event 2 Women 45-49 400 SC Meter Freestyle | | | | | |
| 1 | Sandra Jones | 49 Gloucester Masters | | 5:40.00 | 5:34.97 |
| | 37.86 | 1:19.49 (41.63) | 2:02.48 (42.99) | 2:45.92 (43.44) | |
| | 3:29.67 (43.75) | 4:12.42 (42.75) | 4:55.19 (42.77) | 5:34.97 (39.78) | |
| 2 | Elizabeth Shaw | 47 Otter | | 5:35.00 | 5:45.24 |
| | 37.84 | 1:19.06 (41.22) | 2:02.45 (43.39) | 2:46.76 (44.31) | |
| | 3:30.84 (44.08) | 4:15.62 (44.78) | 5:01.37 (45.75) | 5:45.24 (43.87) | |
| 3 | Lynne Dawson | 46 Chapelton | | 6:05.00 | 5:53.48 |
| | 39.30 | 1:23.40 (44.10) | 2:08.48 (45.08) | 2:53.99 (45.51) | |
| | 3:39.12 (45.13) | 4:24.71 (45.59) | 5:10.21 (45.50) | 5:53.48 (43.27) | |
| Event 2 Women 50-54 400 SC Meter Freestyle | | | | | |
| 1 | Dymphna Morris | 52 Aer Lingus Masters (Ireland) | | 5:02.00 | 4:54.14 |
| | 33.35 | 1:09.34 (35.99) | 1:46.55 (37.21) | 2:24.00 (37.45) | |
| | 3:02.02 (38.02) | 3:40.10 (38.08) | 4:18.04 (37.94) | 4:54.14 (36.10) | |
| 2 | Marianne Lawrie | 53 Barnes | 5:31.00 | <u>5:22.09 Danish Record*</u> | |
| | 35.63 | 1:15.45 (39.82) | 1:56.53 (41.08) | 2:38.47 (41.94) | |
| | 3:20.18 (41.71) | 4:01.99 (41.81) | 4:43.37 (41.38) | 5:22.09 (38.72) | |
| 3 | Frances Hegarty | 53 Launceston | | 6:43.44 | 5:54.16 |
| | 40.31 | 1:23.74 (43.43) | 2:08.14 (44.40) | 2:53.26 (45.12) | |
| | 3:38.84 (45.58) | 4:25.41 (46.57) | 5:10.82 (45.41) | 5:54.16 (43.34) | |
| 4 | Jacqueline Patel | 53 Kings Cormorants | | 8:00.00 | 6:58.79 |
| | 46.81 | 1:38.67 (51.86) | 2:32.60 (53.93) | 3:26.97 (54.37) | |
| | 4:21.40 (54.43) | 5:15.47 (54.07) | 6:08.69 (53.22) | 6:58.79 (50.10) | |
| 5 | K H Kim | 53 Barnet Copthall | | 7:30.00 | 7:08.78 |
| | 49.10 | 1:42.70 (53.60) | 2:38.40 (55.70) | 3:34.32 (55.92) | |
| | 4:30.19 (55.87) | 5:25.29 (55.10) | 6:19.35 (54.06) | 7:08.78 (49.43) | |

Barnet Cophthall Masters Distance Meet 6th and 7th July 2013 Results

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|---------|
| 6 | Denise Poynter | 54 | Wellingborough | 7:43.00 | 7:39.11 |
| | 52.02 | 1:49.25 (57.23) | 2:47.75 (58.50) | 3:47.70 (59.95) | |
| | 4:46.87 (59.17) | 5:46.25 (59.38) | 6:44.08 (57.83) | 7:39.11 (55.03) | |

Event 2 Women 55-59 400 SC Meter Freestyle

| | | | | | |
|---|-----------------|-----------------|---------------------|-----------------|---------|
| 1 | Anne Bourne | 59 | Camphill Edwardians | 5:32.03 | 5:23.63 |
| | 37.66 | 1:18.51 (40.85) | 1:59.67 (41.16) | 2:41.13 (41.46) | |
| | 3:21.90 (40.77) | 4:02.97 (41.07) | 4:44.01 (41.04) | 5:23.63 (39.62) | |

| | | | | | |
|---|-----------------------|-----------------|-----------------------|-----------------|--|
| 2 | Margaret Smith | 55 | City of Milton Keynes | 5:40.00 | <u>5:34.26 Scottish Record*</u> |
| | 37.04 | 1:18.38 (41.34) | 2:01.16 (42.78) | 2:44.54 (43.38) | |
| | 3:27.42 (42.88) | 4:10.26 (42.84) | 4:53.00 (42.74) | 5:34.26 (41.26) | |

| | | | | | |
|---|------------------|-----------------|-----------------|-----------------|---------|
| 3 | Catherine Hartle | 55 | Spencer | 5:45.00 | 5:43.64 |
| | 39.58 | 1:22.26 (42.68) | 2:05.74 (43.48) | 2:49.31 (43.57) | |
| | 3:32.96 (43.65) | 4:16.45 (43.49) | 5:00.04 (43.59) | 5:43.64 (43.60) | |

| | | | | | |
|---|-----------------|-----------------|------------------|-----------------|---------|
| 4 | Roz Johnson | 56 | City of Coventry | 6:23.00 | 6:01.54 |
| | 39.73 | 1:23.56 (43.83) | 2:09.91 (46.35) | 2:55.72 (45.81) | |
| | 3:42.63 (46.91) | 4:29.37 (46.74) | 5:15.62 (46.25) | 6:01.54 (45.92) | |

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|---------|
| 5 | Amanda Doyle | 57 | Dorking | 6:00.00 | 6:01.70 |
| | 41.03 | 1:26.03 (45.00) | 2:12.12 (46.09) | 2:58.56 (46.44) | |
| | 3:44.94 (46.38) | 4:31.39 (46.45) | 5:17.50 (46.11) | 6:01.70 (44.20) | |

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|---------|
| 6 | Pat Reed | 56 | Bexley | 6:33.00 | 6:36.45 |
| | 44.64 | 1:33.60 (48.96) | 2:24.07 (50.47) | 3:14.65 (50.58) | |
| | 4:05.41 (50.76) | 4:56.05 (50.64) | 5:46.86 (50.81) | 6:36.45 (49.59) | |

Event 2 Women 60-64 400 SC Meter Freestyle

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|---------|
| 1 | Sue Haigh | 61 | Tiverton | 5:30.00 | 5:27.47 |
| | 37.84 | 1:18.84 (41.00) | 2:00.87 (42.03) | 2:43.01 (42.14) | |
| | 3:24.94 (41.93) | 4:06.64 (41.70) | 4:48.18 (41.54) | 5:27.47 (39.29) | |

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|---------|
| 2 | Sandra Vincent | 63 | Black Lion | 6:32.83 | 6:23.53 |
| | 41.83 | 1:26.95 (45.12) | 2:15.04 (48.09) | 3:04.78 (49.74) | |
| | 3:54.78 (50.00) | 4:44.87 (50.09) | 5:35.54 (50.67) | 6:23.53 (47.99) | |

| | | | | | |
|---|-----------------|-----------------|--------------------|-----------------|---------|
| 3 | Liz Neale | 61 | South Beds Masters | 7:14.00 | 7:08.49 |
| | 48.26 | 1:40.89 (52.63) | 2:34.96 (54.07) | 3:29.83 (54.87) | |
| | 4:24.55 (54.72) | 5:19.24 (54.69) | 6:14.55 (55.31) | 7:08.49 (53.94) | |

Event 2 Women 65-69 400 SC Meter Freestyle

| | | | | | |
|---|-------------------|-------------------|--------------------|--------------------|----------|
| 1 | Rita Egan | 69 | South Beds Masters | 10:10.00 | 10:13.51 |
| | 1:13.87 | 2:33.58 (1:19.71) | 3:52.32 (1:18.74) | 5:10.11 (1:17.79) | |
| | 6:27.53 (1:17.42) | 7:45.23 (1:17.70) | 9:02.10 (1:16.87) | 10:13.51 (1:11.41) | |

| | | | | | |
|---|-------------------|-------------------|-------------------|--------------------|----------|
| 2 | Jean Thomas | 69 | Wellingborough | 11:25.25 | 10:55.53 |
| | 1:12.44 | 2:31.88 (1:19.44) | 3:54.28 (1:22.40) | 5:16.75 (1:22.47) | |
| | 6:41.83 (1:25.08) | 8:06.41 (1:24.58) | 9:31.67 (1:25.26) | 10:55.53 (1:23.86) | |

Event 2 Women 70-74 400 SC Meter Freestyle

| | | | | | |
|---|-------------------|-----------------|-----------------|-----------------|---------|
| 1 | Jean Howard-Jones | 70 | Poole | 6:40.00 | 6:40.66 |
| | 44.60 | 1:34.20 (49.60) | 2:25.54 (51.34) | 3:16.70 (51.16) | |
| | 4:08.14 (51.44) | 5:00.33 (52.19) | 5:52.11 (51.78) | 6:40.66 (48.55) | |

| | | | | | |
|---|-------------------|-------------------|--------------------|-------------------|---------|
| 2 | Janet Masters | 73 | South Beds Masters | 7:58.00 | 7:54.82 |
| | 50.89 | 1:49.49 (58.60) | 2:48.63 (59.14) | 3:51.38 (1:02.75) | |
| | 4:52.70 (1:01.32) | 5:54.85 (1:02.15) | 6:56.07 (1:01.22) | 7:54.82 (58.75) | |

| | | | | | |
|---|-----------|----|------------------|---------|---------|
| 3 | Jose Adam | 72 | Brighton Dolphin | 8:15.00 | 8:22.80 |
|---|-----------|----|------------------|---------|---------|

Barnet Copthall Masters Distance Meet 6th and 7th July 2013**Results**

51.35 1:52.93 (1:01.58) 2:56.79 (1:03.86) 4:03.37 (1:06.58)
5:09.90 (1:06.53) 6:16.34 (1:06.44) 7:22.79 (1:06.45) 8:22.80 (1:00.01)

Event 3 Men 18-24 400 SC Meter Freestyle

| | | | | | |
|---|-----------------|-----------------|--------------------|-----------------|---------|
| 1 | Matthew Breckon | 23 | Epsom District | 3:58.45 | 4:01.48 |
| | 27.60 | 57.84 (30.24) | 1:28.70 (30.86) | 1:59.54 (30.84) | |
| | 2:30.51 (30.97) | 3:01.66 (31.15) | 3:32.56 (30.90) | 4:01.48 (28.92) | |
| 2 | Alex Fry | 23 | South Beds Masters | 6:00.00 | 5:52.36 |
| | 38.66 | 1:21.06 (42.40) | 2:05.24 (44.18) | 2:50.47 (45.23) | |
| | 3:36.65 (46.18) | 4:22.69 (46.04) | 5:08.53 (45.84) | 5:52.36 (43.83) | |

Event 3 Men 25-29 400 SC Meter Freestyle

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|---------|
| 1 | Roger Barnes | 29 | Aussi Masters | 4:25.00 | 4:35.75 |
| | 30.83 | 1:05.00 (34.17) | 1:40.02 (35.02) | 2:15.47 (35.45) | |
| | 2:50.88 (35.41) | 3:26.18 (35.30) | 4:01.10 (34.92) | 4:35.75 (34.65) | |
| 2 | Nicolas Barber | 29 | Otter | 4:36.21 | 4:36.78 |
| | 29.96 | 1:02.55 (32.59) | 1:36.19 (33.64) | 2:11.64 (35.45) | |
| | 2:47.56 (35.92) | 3:23.88 (36.32) | 4:00.87 (36.99) | 4:36.78 (35.91) | |
| 3 | Daniel Moulson | 29 | Otter | 6:10.00 | 6:06.78 |
| | 37.76 | 1:21.08 (43.32) | 2:07.61 (46.53) | 2:56.52 (48.91) | |
| | 3:46.25 (49.73) | 4:35.28 (49.03) | 5:22.86 (47.58) | 6:06.78 (43.92) | |

Event 3 Men 30-34 400 SC Meter Freestyle

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|---------|
| 1 | Ben Bradley | 33 | Barnes | 5:00.00 | 4:49.46 |
| | 30.05 | 1:05.14 (35.09) | 1:41.83 (36.69) | 2:19.58 (37.75) | |
| | 2:57.21 (37.63) | 3:35.12 (37.91) | 4:13.09 (37.97) | 4:49.46 (36.37) | |

Event 3 Men 35-39 400 SC Meter Freestyle

| | | | | | |
|---|------------------|-----------------|-----------------|-----------------|---------|
| 1 | Alan Wallace | 37 | City of Ely | 5:10.00 | 5:07.42 |
| | 34.09 | 1:11.73 (37.64) | 1:50.02 (38.29) | 2:29.53 (39.51) | |
| | 3:09.10 (39.57) | 3:48.20 (39.10) | 4:28.12 (39.92) | 5:07.42 (39.30) | |
| 2 | Justin Greenwood | 38 | Barnet Copthall | 5:19.00 | 5:36.30 |
| | 36.36 | 1:17.34 (40.98) | 2:00.26 (42.92) | 2:44.29 (44.03) | |
| | 3:28.15 (43.86) | 4:12.45 (44.30) | 4:56.24 (43.79) | 5:36.30 (40.06) | |

Event 3 Men 40-44 400 SC Meter Freestyle

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|---------|
| 1 | John O'Rourke | 44 | Team Luton | 5:32.00 | 5:25.57 |
| | 38.67 | 1:19.39 (40.72) | 2:00.10 (40.71) | 2:41.21 (41.11) | |
| | 3:22.35 (41.14) | 4:03.80 (41.45) | 4:44.96 (41.16) | 5:25.57 (40.61) | |
| 2 | Adam Foreman | 40 | Barnet Copthall | 5:40.00 | 5:36.15 |
| | 37.20 | 1:18.73 (41.53) | 2:00.92 (42.19) | 2:43.24 (42.32) | |
| | 3:26.28 (43.04) | 4:10.18 (43.90) | 4:54.15 (43.97) | 5:36.15 (42.00) | |
| 3 | Ian Norman | 44 | Team Luton | 6:15.00 | 6:07.11 |
| | 39.74 | 1:25.74 (46.00) | 2:13.55 (47.81) | 2:56.52 (48.91) | |
| | | 5:23.60 () | | 6:07.11 (43.51) | |

Event 3 Men 45-49 400 SC Meter Freestyle

| | | | | | |
|---|------------------|-----------------|------------------------|-----------------|---------|
| 1 | Andrew Gristwood | 49 | Cleethorpes & District | 5:05.00 | 4:57.17 |
| | 33.71 | 1:10.10 (36.39) | 1:47.37 (37.27) | 2:24.93 (37.56) | |
| | 3:03.50 (38.57) | 3:42.26 (38.76) | 4:21.01 (38.75) | 4:57.17 (36.16) | |
| 2 | David Griggs | 45 | Romford Town | 5:15.00 | 5:07.10 |
| | 35.52 | 1:15.63 (40.11) | 1:56.34 (40.71) | 2:36.55 (40.21) | |
| | 3:14.48 (37.93) | 3:51.55 (37.07) | 4:29.61 (38.06) | 5:07.10 (37.49) | |
| 3 | Richard O'Leary | 49 | March Marlins | 6:00.00 | 5:22.52 |
| | 37.38 | 1:17.39 (40.01) | 1:57.86 (40.47) | 2:38.83 (40.97) | |

| Barnet Copthall Masters Distance Meet | | | | 6th and 7th July 2013 | Results |
|--|-------------------|-------------------|---------------------------|--|----------------|
| | 3:20.08 (41.25) | 4:01.80 (41.72) | 4:43.27 (41.47) | 5:22.52 (39.25) | |
| 4 | Kevin Lief | | 46 Barnet Copthall | 5:15.00 | 5:23.18 |
| | 36.59 | 1:16.71 (40.12) | 1:57.18 (40.47) | 2:38.46 (41.28) | |
| | 3:19.85 (41.39) | 4:00.72 (40.87) | 4:42.20 (41.48) | 5:23.18 (40.98) | |
| 5 | Mark Hitchcott | | 45 East Dorset Open Water | 6:00.00 | 5:56.92 |
| | 39.70 | 1:22.39 (42.69) | 2:07.36 (44.97) | 2:53.48 (46.12) | |
| | 3:39.65 (46.17) | 4:25.45 (45.80) | 5:11.96 (46.51) | 5:56.92 (44.96) | |
| Event 3 Men 50-54 400 SC Meter Freestyle | | | | | |
| 1 | Dale Barker | | 51 Stowmarket | 4:57.50 | 4:56.97 |
| | 34.90 | 1:12.08 (37.18) | 1:49.51 (37.43) | 2:27.38 (37.87) | |
| | 3:05.12 (37.74) | 3:42.82 (37.70) | 4:20.68 (37.86) | 4:56.97 (36.29) | |
| 2 | Mark Partridge | | 50 Stroud Masters | 4:57.29 | 5:11.13 |
| | 33.00 | 1:09.91 (36.91) | 1:48.73 (38.82) | 2:28.11 (39.38) | |
| | 3:08.07 (39.96) | 3:49.12 (41.05) | 4:30.47 (41.35) | 5:11.13 (40.66) | |
| 3 | Tony Corben | | 51 Portsmouth Northsea | 5:25.00 | 5:19.86 |
| | 35.58 | 1:15.55 (39.97) | 1:58.88 (43.33) | 2:41.59 (42.71) | |
| | 3:21.66 (40.07) | 4:02.40 (40.74) | 4:41.48 (39.08) | 5:19.86 (38.38) | |
| Event 3 Men 55-59 400 SC Meter Freestyle | | | | | |
| 1 | Mark Straw | | 55 Basingstoke Bluefins | 5:20.90 | 5:20.11 |
| | 33.85 | 1:12.60 (38.75) | 1:52.75 (40.15) | 2:33.82 (41.07) | |
| | 3:15.04 (41.22) | 3:56.85 (41.81) | 4:39.52 (42.67) | 5:20.11 (40.59) | |
| Event 3 Men 70-74 400 SC Meter Freestyle | | | | | |
| 1 | Geoff Stokes | | 74 Rushmoor Royals | 5:50.50 | 5:45.04 |
| | 39.47 | 1:22.45 (42.98) | 2:05.95 (43.50) | 2:49.76 (43.81) | |
| | 3:34.15 (44.39) | 4:18.76 (44.61) | 5:03.25 (44.49) | 5:45.04 (41.79) | |
| 2 | Paul Clarke | | 71 Team Luton | 7:40.00 | 7:37.04 |
| | 47.42 | 1:43.27 (55.85) | 2:42.11 (58.84) | 3:41.84 (59.73) | |
| | 4:41.90 (1:00.06) | 5:41.57 (59.67) | 6:40.94 (59.37) | 7:37.04 (56.10) | |
| Event 3 Men 75-79 400 SC Meter Freestyle | | | | | |
| 1 | John Harrington | | 77 Barnet Copthall | 6:30.00 | 6:40.31 |
| | 45.55 | 1:37.35 (51.80) | 2:29.76 (52.41) | 3:21.03 (51.27) | |
| | 4:11.54 (50.51) | 5:02.36 (50.82) | 5:52.76 (50.40) | 6:40.31 (47.55) | |
| Event 3 Men 80-84 400 SC Meter Freestyle | | | | | |
| 1 | Richard Harding | | 80 Spencer | 10:00.00 | 9:48.41 |
| | 59.11 | 2:11.62 (1:12.51) | 3:25.88 (1:14.26) | 4:42.52 (1:16.64) | |
| | 6:04.24 (1:21.72) | 7:23.23 (1:18.99) | 8:42.29 (1:19.06) | 9:48.41 (1:06.12) | |
| Event 4 Women 25-29 200 SC Meter Backstroke | | | | | |
| 1 | Hannah Lord | | 25 Rushmoor Royals | 2:50.00 | 2:37.86 |
| | 37.53 | 1:17.17 (39.64) | 1:57.34 (40.17) | 2:37.86 (40.52) | |
| Event 4 Women 35-39 200 SC Meter Backstroke | | | | | |
| 1 | Michelle Senecal | | 36 Otter | 2:46.50 | 2:39.79 |
| | 38.25 | 1:18.61 (40.36) | 2:00.05 (41.44) | 2:39.79 (39.74) | |
| 2 | Lisa Dawson | | 35 Barnet Copthall | 2:45.00 | 2:42.31 |
| | 38.49 | 1:18.91 (40.42) | 2:00.54 (41.63) | 2:42.31 (41.77) | |
| Event 4 Women 40-44 200 SC Meter Backstroke | | | | | |
| 1 | Jo Corben | | 43 Portsmouth Northsea | 2:30.00 | 2:31.33 |
| | 36.62 | 1:15.48 (38.86) | 1:53.69 (38.21) | 2:31.33 (37.64) | |
| 2 | Ali Skirvin | | 44 Stratford Sharks | 3:20.00 | 3:15.45 |
| | 45.20 | 1:34.22 (49.02) | 2:26.03 (51.81) | 3:15.45 (49.42) | |

Barnet Copthall Masters Distance Meet 6th and 7th July 2013 Results

Event 4 Women 45-49 200 SC Meter Backstroke

| | | | | | |
|---|--------------|-----------------|-----------------|-----------------|---------|
| 1 | Allie Price | 48 | Cardiff Masters | 3:00.00 | 2:49.83 |
| | 39.47 | 1:22.38 (42.91) | 2:06.74 (44.36) | 2:49.83 (43.09) | |
| 2 | Lynne Dawson | 46 | Chapelton | 3:20.00 | 3:14.08 |
| | 46.32 | 1:35.79 (49.47) | 2:25.86 (50.07) | 3:14.08 (48.22) | |

Event 4 Women 50-54 200 SC Meter Backstroke

| | | | | | |
|---|--------------|-----------------|-------------------------|-----------------|---------|
| 1 | Anne Raymond | 50 | Sevenoaks Tri-Swim Club | 3:30.00 | 3:23.61 |
| | 49.90 | 1:41.75 (51.85) | 2:33.63 (51.88) | 3:23.61 (49.98) | |

Event 4 Women 55-59 200 SC Meter Backstroke

| | | | | | |
|---|---------------|-------------------|----------------------|-------------------|---------|
| 1 | Kathy Bidnall | 58 | Mid-Sussex Marlins | 3:08.00 | 2:59.57 |
| | 41.01 | 1:25.24 (44.23) | 2:13.45 (48.21) | 2:59.57 (46.12) | |
| 2 | Amanda Doyle | 57 | Dorking | 3:35.00 | 3:18.59 |
| | 47.33 | 1:38.46 (51.13) | 2:30.22 (51.76) | 3:18.59 (48.37) | |
| 3 | Karen Brown | 58 | West London Penguins | 4:14.16 | 4:25.84 |
| | 1:01.31 | 2:08.61 (1:07.30) | 3:17.74 (1:09.13) | 4:25.84 (1:08.10) | |

Event 4 Women 65-69 200 SC Meter Backstroke

| | | | | | |
|---|---------------|-------------------|--------------------|-------------------|---------|
| 1 | Elaine Blower | 68 | Barnet Copthall | 3:25.00 | 3:23.20 |
| | 48.19 | 1:40.18 (51.99) | 2:32.98 (52.80) | 3:23.20 (50.22) | |
| 2 | Andrea Minor | 65 | South Beds Masters | 4:20.00 | 4:17.23 |
| | 58.46 | 2:04.31 (1:05.85) | 3:11.54 (1:07.23) | 4:17.23 (1:05.69) | |

Event 5 Men 35-39 200 SC Meter Backstroke

| | | | | | |
|---|--------------|-----------------|-----------------|-----------------|---------|
| 1 | Mike Reys | 39 | Otter | 2:28.00 | 2:32.15 |
| | 37.35 | 1:15.76 (38.41) | 1:54.17 (38.41) | 2:32.15 (37.98) | |
| 2 | Alan Wallace | 37 | City of Ely | 2:32.53 | 2:33.25 |
| | 36.42 | 1:15.72 (39.30) | 1:55.34 (39.62) | 2:33.25 (37.91) | |

Event 5 Men 40-44 200 SC Meter Backstroke

| | | | | | |
|---|----------------|-----------------|--------------------|-----------------|---------|
| 1 | Steve Langford | 44 | Birmingham Masters | 2:40.51 | 2:41.63 |
| | 38.04 | 1:18.88 (40.84) | 2:01.00 (42.12) | 2:41.63 (40.63) | |
| 2 | John O'Rourke | 44 | Team Luton | 3:05.00 | 3:09.53 |
| | 45.83 | 1:33.91 (48.08) | 2:23.03 (49.12) | 3:09.53 (46.50) | |

Event 5 Men 50-54 200 SC Meter Backstroke

| | | | | | |
|---|-----------------|-----------------|-----------------|-----------------|---------|
| 1 | George Droungas | 52 | Barnet Copthall | 3:12.50 | 3:14.94 |
| | 42.55 | 1:32.19 (49.64) | 2:24.37 (52.18) | 3:14.94 (50.57) | |

Event 5 Men 60-64 200 SC Meter Backstroke

| | | | | | |
|---|---------------|-----------------|-----------------|-----------------|---------|
| 1 | David Pitcock | 64 | Barnet Copthall | 3:40.00 | 3:38.82 |
| | 51.14 | 1:45.98 (54.84) | 2:42.85 (56.87) | 3:38.82 (55.97) | |

Event 5 Men 70-74 200 SC Meter Backstroke

| | | | | | |
|---|----------------|-----------------|-------------------|-------------------|---------|
| 1 | Nigel Salsbury | 73 | Spencer | 3:30.00 | 3:30.29 |
| | 49.51 | 1:43.96 (54.45) | 2:38.54 (54.58) | 3:30.29 (51.75) | |
| 2 | Bruce Thompson | 71 | Barnet Copthall | 3:50.00 | 3:53.57 |
| | 54.16 | 1:52.68 (58.52) | 2:53.36 (1:00.68) | 3:53.57 (1:00.21) | |

Event 5 Men 80-84 200 SC Meter Backstroke

| | | | | | |
|---|-----------------|-------------------|-------------------|-------------------|---------|
| 1 | Richard Harding | 80 | Spencer | 4:25.00 | 4:28.32 |
| | 59.51 | 2:09.89 (1:10.38) | 4:28.32 (2:18.43) | | |
| 2 | Robert Curr | 84 | Serpentine | 6:20.00 | 5:47.87 |
| | 1:18.05 | 2:48.67 (1:30.62) | 4:20.53 (1:31.86) | 5:47.87 (1:27.34) | |

Event 6 Women 30-34 100 SC Meter Breaststroke

| | | | | | |
|---|--------------|-----------------|--------------------|---------|---------|
| 1 | Sarah Pearse | 31 | South Beds Masters | 1:22.50 | 1:21.97 |
| | 37.82 | 1:21.97 (44.15) | | | |

| Barnet Cophall Masters Distance Meet | | | | 6th and 7th July 2013 | Results |
|--|------------------|---------|------------------------------|--|----------------|
| 2 | Sachika Yamawaki | 32 | Barnet Cophall | 1:23.00 | 1:22.37 |
| | 39.17 | 1:22.37 | (43.20) | | |
| 3 | Emma Oliver | 32 | Basingstoke Bluefins | 1:22.00 | 1:23.02 |
| | 37.61 | 1:23.02 | (45.41) | | |
| Event 6 Women 35-39 100 SC Meter Breaststroke | | | | | |
| 1 | Dawn Palmer | 37 | Romford Town | 1:22.00 | 1:22.72 |
| | 39.47 | 1:22.72 | (43.25) | | |
| 2 | Michelle Matson | 35 | Basingstoke Bluefins | 1:27.00 | 1:30.32 |
| | 41.86 | 1:30.32 | (48.46) | | |
| Event 6 Women 40-44 100 SC Meter Breaststroke | | | | | |
| 1 | Ali Skirvin | 44 | Stratford Sharks | 1:33.91 | 1:33.31 |
| | 45.35 | 1:33.31 | (47.96) | | |
| Event 6 Women 45-49 100 SC Meter Breaststroke | | | | | |
| 1 | Sandra Jones | 49 | Gloucester Masters | 1:32.00 | 1:31.68 |
| | 43.62 | 1:31.68 | (48.06) | | |
| 2 | Elizabeth Shaw | 47 | Otter | 1:32.00 | 1:37.04 |
| | 45.63 | 1:37.04 | (51.41) | | |
| Event 6 Women 50-54 100 SC Meter Breaststroke | | | | | |
| 1 | Anne Morrissey | 53 | Aer Lingus Masters (Ireland) | 1:35.00 | 1:33.70 |
| | 44.60 | 1:33.70 | (49.10) | | |
| 2 | Jacqueline Patel | 53 | Kings Cormorants | 2:00.00 | 1:48.16 |
| | 51.69 | 1:48.16 | (56.47) | | |
| Event 6 Women 55-59 100 SC Meter Breaststroke | | | | | |
| 1 | Amanda Heath | 56 | Spencer | 1:28.00 | 1:27.51 |
| | 41.93 | 1:27.51 | (45.58) | | |
| 2 | Alison Sheehan | 55 | South Beds Masters | 1:50.00 | 1:45.93 |
| | 50.94 | 1:45.93 | (54.99) | | |
| Event 6 Women 65-69 100 SC Meter Breaststroke | | | | | |
| 1 | Rita Egan | 69 | South Beds Masters | 2:15.00 | 2:20.93 |
| | 1:09.50 | 2:20.93 | (1:11.43) | | |
| Event 6 Women 70-74 100 SC Meter Breaststroke | | | | | |
| 1 | Jose Adam | 72 | Brighton Dolphin | 2:08.00 | 2:10.88 |
| | 1:01.65 | 2:10.88 | (1:09.23) | | |
| Event 6 Women 80-84 100 SC Meter Breaststroke | | | | | |
| 1 | Jane Asher | 82 | Kings Cormorants | 2:10.00 | 2:01.74 |
| | 1:00.44 | 2:01.74 | (1:01.30) | | |
| Event 7 Men 18-24 100 SC Meter Breaststroke | | | | | |
| 1 | Jack Mc Garry | 19 | South Beds Masters | 1:18.00 | 1:17.89 |
| | 35.99 | 1:17.89 | (41.90) | | |
| 2 | Alex Fry | 23 | South Beds Masters | 1:35.00 | 1:32.70 |
| | 44.46 | 1:32.70 | (48.24) | | |
| Event 7 Men 25-29 100 SC Meter Breaststroke | | | | | |
| 1 | Brett Mc Lean | 27 | Anaconda | 1:05.97 | 1:07.97 |
| | 32.40 | 1:07.97 | (35.57) | | |
| Event 7 Men 30-34 100 SC Meter Breaststroke | | | | | |
| 1 | Ben Bradley | 33 | Barnes | 1:20.00 | 1:17.89 |
| | 36.81 | 1:17.89 | (41.08) | | |
| Event 7 Men 35-39 100 SC Meter Breaststroke | | | | | |
| 1 | Nick Karaiskos | 37 | Haverling Dolphins | 1:34.10 | 1:35.81 |
| | 44.98 | 1:35.81 | (50.83) | | |

Barnet Copthall Masters Distance Meet 6th and 7th July 2013 Results

Event 7 Men 40-44 100 SC Meter Breaststroke

| | | | | |
|---|----------------|-----------------------|---------|---------|
| 1 | Steve Langford | 44 Birmingham Masters | 1:25.83 | 1:25.50 |
| | 40.62 | 1:25.50 (44.88) | | |
| 2 | Roger Randall | 42 Barnet Copthall | 1:39.00 | 1:36.02 |
| | 46.13 | 1:36.02 (49.89) | | |

Event 7 Men 45-49 100 SC Meter Breaststroke

| | | | | |
|---|--------------|-----------------------|---------|---------|
| 1 | Keith Spence | 47 South Beds Masters | 1:34.00 | 1:33.12 |
| | 43.84 | 1:33.12 (49.28) | | |

Event 7 Men 50-54 100 SC Meter Breaststroke

| | | | | |
|---|----------------|--------------------|---------|---------|
| 1 | Mark Partridge | 50 Stroud Masters | 1:14.10 | 1:17.19 |
| | 35.86 | 1:17.19 (41.33) | | |
| 2 | Martyn Fresher | 51 March Marlins | 1:21.00 | 1:17.62 |
| | 35.81 | 1:17.62 (41.81) | | |
| 3 | Dale Barker | 51 Stowmarket | 1:25.80 | 1:24.35 |
| | 39.71 | 1:24.35 (44.64) | | |
| 4 | Phil Holme | 54 Barnet Copthall | 1:24.40 | 1:27.99 |
| | 41.46 | 1:27.99 (46.53) | | |

Event 7 Men 70-74 100 SC Meter Breaststroke

| | | | | |
|---|--------------|-----------------------|---------|---------|
| 1 | Keith Ingram | 73 Birmingham Masters | 1:33.43 | 1:34.06 |
| | 44.91 | 1:34.06 (49.15) | | |

Event 7 Men 75-79 100 SC Meter Breaststroke

| | | | | |
|---|---------------|--------------------------|---------|---------|
| 1 | Peter Harding | 75 Isle of Wight Marlins | 2:05.00 | 2:01.02 |
| | 58.74 | 2:01.02 (1:02.28) | | |

Event 7 Men 80-84 100 SC Meter Breaststroke

| | | | | |
|---|-------------|------------------------------|---------|---------|
| 1 | Neil Howell | 81 East Anglian Swallowtails | 2:24.75 | 2:24.18 |
| | 1:08.78 | 2:24.18 (1:15.40) | | |

Event 8 Women 30-34 200 SC Meter Butterfly

| | | | | |
|---|-------------------|------------------------------------|-----------------|---------|
| 1 | Catherine Hasnain | 32 Otter | 2:45.06 | 2:46.70 |
| | 36.30 | 1:18.61 (42.31) 2:01.81 (43.20) | 2:46.70 (44.89) | |

Event 8 Women 40-44 200 SC Meter Butterfly

| | | | | |
|---|------------------|------------------------------------|-----------------|---------|
| 1 | Catherine Shearn | 44 Basingstoke Bluefins | 3:05.10 | 3:01.46 |
| | 37.69 | 1:22.83 (45.14) 2:11.81 (48.98) | 3:01.46 (49.65) | |

Event 8 Women 50-54 200 SC Meter Butterfly

| | | | | |
|---|------------------|--|-------------------|---------|
| 1 | Jessica Rathke | 54 Spencer | 3:25.00 | 3:23.56 |
| | 42.54 | 1:34.73 (52.19) 2:30.11 (55.38) | 3:23.56 (53.45) | |
| 2 | Jacqueline Patel | 53 Kings Cormorants | 4:00.00 | 3:59.01 |
| | 53.45 | 1:53.83 (1:00.38) 2:57.14 (1:03.31) | 3:59.01 (1:01.87) | |

Event 8 Women 55-59 200 SC Meter Butterfly

| | | | | |
|---|-------------------|--------------------------------------|-----------------|---------|
| 1 | Christine Gillard | 57 Calverton & Bingham | 3:45.20 | 3:46.35 |
| | 46.73 | 1:46.62 (59.89) 2:46.64 (1:00.02) | 3:46.35 (59.71) | |

Event 8 Women 70-74 200 SC Meter Butterfly

| | | | | |
|---|------------------|--|-------------------|---------|
| 1 | Georgie Hamilton | 70 Barnet Copthall | 4:20.00 | 4:18.00 |
| | 58.18 | 2:03.71 (1:05.53) 3:09.67 (1:05.96) | 4:18.00 (1:08.33) | |

Event 9 Men 35-39 200 SC Meter Butterfly

| | | | | |
|---|-------------|------------------------------------|-----------------|---------|
| 1 | David Denny | 37 City of Oxford | 2:14.50 | 2:12.82 |
| | 29.80 | 1:03.11 (33.31) 1:37.39 (34.28) | 2:12.82 (35.43) | |

Event 9 Men 45-49 200 SC Meter Butterfly

| | | | | |
|---|---------------|------------------------------------|-----------------|---------|
| 1 | David Griggs | 45 Romford Town | 2:50.00 | 2:39.74 |
| | 36.16 | 1:18.75 (42.59) 1:59.71 (40.96) | 2:39.74 (40.03) | |
| 2 | Matthew Gomez | 47 City of Oxford | 2:40.50 | 2:39.84 |

Barnet Cophall Masters Distance Meet 6th and 7th July 2013**Results**

| | | | | | |
|--------------------|-------|-----------------|---------------------------|-----------------|---------|
| | 34.65 | 1:13.99 (39.34) | 1:56.34 (42.35) | 2:39.84 (43.50) | |
| 3 Andrew Gristwood | | | 49 Cleethorpes & District | 2:50.00 | 2:49.34 |
| | 38.73 | 1:21.39 (42.66) | 2:05.58 (44.19) | 2:49.34 (43.76) | |
| 4 Julian Reed | | | 48 City of Milton Keynes | 3:03.00 | 3:01.42 |
| | 39.20 | 1:24.18 (44.98) | 2:12.13 (47.95) | 3:01.42 (49.29) | |

Event 9 Men 50-54 200 SC Meter Butterfly

| | | | | | |
|---------------|-------|-----------------|------------------------|-----------------|---------|
| 1 Tony Corben | | | 51 Portsmouth Northsea | 2:50.00 | 2:52.41 |
| | 38.79 | 1:23.36 (44.57) | 2:08.63 (45.27) | 2:52.41 (43.78) | |

Event 9 Men 55-59 200 SC Meter Butterfly

| | | | | | |
|------------|-------|-----------------|-----------------------|-----------------|---------|
| 1 Jim Hunt | | | 55 Birmingham Masters | 3:34.00 | 3:35.05 |
| | 45.82 | 1:38.88 (53.06) | 2:36.16 (57.28) | 3:35.05 (58.89) | |

Event 9 Men 65-69 200 SC Meter Butterfly

| | | | | | |
|--------------|-------|-----------------|--------------------|-----------------|---------|
| 1 Derek Parr | | | 69 Broomfield Park | 3:20.00 | 3:15.54 |
| | 41.87 | 1:29.79 (47.92) | 2:25.63 (55.84) | 3:15.54 (49.91) | |

Event 10 Women 200-239 800 SC Meter Freestyle Relay

| | | | | | |
|------------------|-----------------|-------------------|-------------------|--------------------|---|
| 1 Spencer | | | A | NT | <u>10:11.80 European Record*</u> |
| | 34.81 | 1:12.22 (1:12.22) | 1:50.95 (1:50.95) | 2:29.84 (2:29.84) | <i>Jessie Campbell</i> |
| | 3:06.04 (36.20) | 3:45.26 (1:15.42) | 4:25.50 (1:55.66) | 5:05.21 (2:35.37) | <i>Amanda Heath</i> |
| | 5:42.77 (37.56) | 6:24.23 (1:19.02) | 7:06.85 (2:01.64) | 7:51.56 (2:46.35) | <i>Catherine Hartle</i> |
| | 8:22.41 (30.85) | 8:59.00 (1:07.44) | 9:36.13 (1:44.57) | 10:11.80 (2:20.24) | <i>Anne Hegvold</i> |

Event 11 Men 240-279 800 SC Meter Freestyle Relay

| | | | | | |
|-----------------|-----------------|-------------------|-------------------|--------------------|--|
| 1 Barnes | | | A | NT | <u>10:23.22 British Record*</u> |
| | 35.95 | 1:15.20 (1:15.20) | 1:56.05 (1:56.05) | 2:37.07 (2:37.07) | <i>Bruce Lawrie</i> |
| | 3:09.46 (32.39) | 3:45.91 (1:08.84) | 4:23.46 (1:46.39) | 5:01.11 (2:24.04) | <i>David Brandon</i> |
| | 5:40.79 (39.68) | 6:24.92 (1:23.81) | 7:10.39 (2:09.28) | 7:54.15 (2:53.04) | <i>Malcolm Munro</i> |
| | 8:28.99 (34.84) | 9:07.97 (1:13.82) | 9:46.15 (1:52.00) | 10:23.22 (2:29.07) | <i>Duncan Mc Creadie</i> |

Event 15 Women 40-44 400 SC Meter IM

| | | | | | |
|-------------|-----------------|-----------------|------------------------|-----------------|---------|
| 1 Jo Corben | | | 43 Portsmouth Northsea | 5:35.00 | 5:32.58 |
| | 37.60 | 1:21.39 (43.79) | 2:02.99 (41.60) | 2:43.18 (40.19) | |
| | 3:31.20 (48.02) | 4:18.49 (47.29) | 4:56.44 (37.95) | 5:32.58 (36.14) | |

Event 15 Women 45-49 400 SC Meter IM

| | | | | | |
|----------------------|-----------------|-----------------|--------------------|-----------------|------------------------------------|
| 1 Allie Price | | | 48 Cardiff Masters | 6:10.00 | <u>5:51.20 Welsh Record</u> |
| | 36.58 | 1:18.38 (41.80) | 2:03.26 (44.88) | 2:48.77 (45.51) | |
| | 3:39.28 (50.51) | 4:29.66 (50.38) | 5:10.80 (41.14) | 5:51.20 (40.40) | |

Event 15 Women 50-54 400 SC Meter IM

| | | | | | |
|--------------------|-------------------|-------------------|---------------------------------|-------------------|---------|
| 1 Anne Raymond | | | 50 Sevenoaks Tri-Swim Club | 6:55.64 | 6:53.34 |
| | 50.24 | 1:49.61 (59.37) | 2:43.47 (53.86) | 3:37.29 (53.82) | |
| | 4:29.74 (52.45) | 5:23.29 (53.55) | 6:08.89 (45.60) | 6:53.34 (44.45) | |
| *2 Anne Morrisey | | | 53 Aer Lingus Masters (Ireland) | 7:00.00 | 6:58.82 |
| | 46.27 | 1:43.40 (57.13) | 2:40.89 (57.49) | 3:41.36 (1:00.47) | |
| | 4:34.56 (53.20) | 5:29.86 (55.30) | 6:14.71 (44.85) | 6:58.82 (44.11) | |
| *2 Frances Hegarty | | | 53 Launceston | 7:08.10 | 6:58.82 |
| | 45.87 | 1:43.95 (58.08) | 2:38.39 (54.44) | 3:30.89 (52.50) | |
| | 4:32.48 (1:01.59) | 5:31.85 (59.37) | 6:16.02 (44.17) | 6:58.82 (42.80) | |
| 4 Jacqueline Patel | | | 53 Kings Cormorants | 9:00.00 | 8:16.17 |
| | 55.07 | 1:59.63 (1:04.56) | 3:12.60 (1:12.97) | 4:24.92 (1:12.32) | |
| | 5:26.59 (1:01.67) | 6:31.21 (1:04.62) | 7:25.05 (53.84) | 8:16.17 (51.12) | |

Event 15 Women 55-59 400 SC Meter IM

| | | | | | |
|-----------------|-------|-----------------|-----------------------|-----------------|---------|
| 1 Kathy Bidnall | | | 58 Mid-Sussex Marlins | 7:00.00 | 6:49.52 |
| | 45.44 | 1:36.97 (51.53) | 2:27.15 (50.18) | 3:17.02 (49.87) | |

| Barnet Copthall Masters Distance Meet | | | | 6 th and 7 th July 2013 | Results |
|--|---------------------------|-------------------|-------------------|---|---------|
| 4:16.32 (59.30) | 5:15.85 (59.53) | 6:03.20 (47.35) | 6:49.52 (46.32) | | |
| Event 15 Women 70-74 400 SC Meter IM | | | | | |
| 1 Georgie Hamilton | 70 Barnet Copthall | | 8:15.00 | | 8:12.82 |
| 55.67 | 1:58.83 (1:03.16) | 3:04.52 (1:05.69) | | | |
| 5:14.66 () | 6:23.07 (1:08.41) | 7:18.75 (55.68) | 8:12.82 (54.07) | | |
| Event 16 Men 30-34 400 SC Meter IM | | | | | |
| 1 Lewis Jones | 30 Portsmouth Northsea | | 4:58.37 | | 4:56.98 |
| 30.88 | 1:06.61 (35.73) | 1:44.62 (38.01) | 2:22.98 (38.36) | | |
| 3:07.48 (44.50) | 3:50.21 (42.73) | 4:24.16 (33.95) | 4:56.98 (32.82) | | |
| 2 Guy Armstrong | 31 Black Lion | | 6:00.00 | | 5:39.49 |
| 35.04 | 1:13.50 (38.46) | 1:57.65 (44.15) | 2:41.62 (43.97) | | |
| 3:31.07 (49.45) | 4:22.67 (51.60) | 5:01.23 (38.56) | 5:39.49 (38.26) | | |
| Event 16 Men 40-44 400 SC Meter IM | | | | | |
| 1 Roger Randall | 42 Barnet Copthall | | 6:45.00 | | 6:16.68 |
| 42.49 | | 2:20.36 () | 3:10.52 (50.16) | | |
| 4:02.79 (52.27) | 4:57.08 (54.29) | 5:39.54 (42.46) | 6:16.68 (37.14) | | |
| Event 16 Men 45-49 400 SC Meter IM | | | | | |
| 1 Matthew Gomez | 47 City of Oxford | | 5:44.03 | | 5:32.63 |
| 34.06 | 1:14.61 (40.55) | 1:58.74 (44.13) | 2:41.81 (43.07) | | |
| 3:27.41 (45.60) | 4:14.28 (46.87) | 4:54.32 (40.04) | 5:32.63 (38.31) | | |
| 2 Andrew Gristwood | 49 Cleethorpes & District | | 5:50.00 | | 5:48.01 |
| 36.50 | 1:19.62 (43.12) | 2:06.14 (46.52) | 2:51.24 (45.10) | | |
| 3:44.06 (52.82) | 4:34.12 (50.06) | 5:12.17 (38.05) | 5:48.01 (35.84) | | |
| Event 16 Men 55-59 400 SC Meter IM | | | | | |
| 1 Jim Hunt | 55 Birmingham Masters | | 7:20.00 | | 7:18.91 |
| 47.55 | 1:40.44 (52.89) | 2:42.23 (1:01.79) | 3:42.49 (1:00.26) | | |
| 4:43.45 (1:00.96) | 5:43.43 (59.98) | 6:33.22 (49.79) | 7:18.91 (45.69) | | |
| Event 16 Men 65-69 400 SC Meter IM | | | | | |
| 1 James Arthur | 65 Celtic Dolphins | | 6:40.00 | | 6:27.66 |
| 39.12 | 1:28.24 (49.12) | 2:18.46 (50.22) | 3:08.58 (50.12) | | |
| 4:03.52 (54.94) | 4:58.18 (54.66) | 5:43.50 (45.32) | 6:27.66 (44.16) | | |
| 2 Derek Parr | 69 Broomfield Park | | 7:15.00 | | 7:04.85 |
| 42.75 | 1:36.12 (53.37) | 2:35.74 (59.62) | 3:35.29 (59.55) | | |
| 4:36.42 (1:01.13) | 5:36.32 (59.90) | 6:20.63 (44.31) | 7:04.85 (44.22) | | |
| --- Chris Jessop | 67 South Beds Masters | | 8:35.00 | | DQ |
| 6.2 Left position on the back (other than to initiate a turn) - back | | | | | |
| 53.84 | | 2:56.65 () | 3:58.76 (1:02.11) | | |
| 5:05.01 (1:06.25) | 6:08.75 (1:03.74) | 7:18.38 (1:09.63) | DQ (1:09.49) | | |
| Event 17 Women 25-29 100 SC Meter Backstroke | | | | | |
| 1 Hannah Lord | 25 Rushmoor Royals | | 1:20.00 | | 1:16.20 |
| 37.18 | 1:16.20 (39.02) | | | | |
| Event 17 Women 30-34 100 SC Meter Backstroke | | | | | |
| 1 Sachika Yamawaki | 32 Barnet Copthall | | 1:12.50 | | 1:13.50 |
| 36.49 | 1:13.50 (37.01) | | | | |
| 2 Catherine Hasnain | 32 Otter | | 1:13.86 | | 1:13.53 |
| 35.96 | 1:13.53 (37.57) | | | | |
| Event 17 Women 35-39 100 SC Meter Backstroke | | | | | |
| 1 Dawn Palmer | 37 Romford Town | | 1:10.50 | | 1:10.33 |
| 34.63 | 1:10.33 (35.70) | | | | |
| 2 Gina Hobson | 36 Otter | | 1:12.00 | | 1:11.00 |
| 34.90 | 1:11.00 (36.10) | | | | |
| 3 Michelle Matson | 35 Basingstoke Bluefins | | 1:21.00 | | 1:21.02 |
| 39.20 | 1:21.02 (41.82) | | | | |

Barnet Cophall Masters Distance Meet**6th and 7th July 2013****Results****Event 17 Women 40-44 100 SC Meter Backstroke**

| | | | | | |
|---|-----------------|---------|---------------------|---------|---------|
| 1 | Jo Corben | 43 | Portsmouth Northsea | 1:12.00 | 1:09.63 |
| | 34.50 | 1:09.63 | (35.13) | | |
| 2 | Katrina Farrall | 43 | Basildon & Phoenix | 1:21.00 | 1:18.72 |
| | 37.44 | 1:18.72 | (41.28) | | |
| 3 | Susan Bull | 43 | Mid-Sussex Marlins | 1:29.34 | 1:23.52 |
| | 40.47 | 1:23.52 | (43.05) | | |
| 4 | Ali Skirvin | 44 | Stratford Sharks | 1:34.00 | 1:34.99 |
| | 45.40 | 1:34.99 | (49.59) | | |

Event 17 Women 45-49 100 SC Meter Backstroke

| | | | | | |
|-----|---|----|---------------------|---------|----|
| --- | Lesley Cordial | 46 | Ruislip & Northwood | 1:16.00 | DQ |
| | 6.2 Left position on the back (other than to initiate a turn) | | | | |
| | 37.63 | DQ | (40.78) | | |

Event 17 Women 55-59 100 SC Meter Backstroke

| | | | | | |
|---|----------------|---------|----------------------|---------|---------|
| 1 | Amanda Heath | 56 | Spencer | 1:28.00 | 1:27.80 |
| | 43.34 | 1:27.80 | (44.46) | | |
| 2 | Amanda Doyle | 57 | Dorking | 1:38.00 | 1:33.47 |
| | 45.45 | 1:33.47 | (48.02) | | |
| 3 | Alison Sheehan | 55 | South Beds Masters | 1:37.00 | 1:35.43 |
| | 45.68 | 1:35.43 | (49.75) | | |
| 4 | Karen Brown | 58 | West London Penguins | 2:05.48 | 2:06.44 |
| | 1:00.82 | 2:06.44 | (1:05.62) | | |

Event 17 Women 70-74 100 SC Meter Backstroke

| | | | | | |
|---|-----------|---------|------------------|---------|---------|
| 1 | Jose Adam | 72 | Brighton Dolphin | 1:59.34 | 1:57.94 |
| | 56.87 | 1:57.94 | (1:01.07) | | |

Event 18 Men 40-44 100 SC Meter Backstroke

| | | | | | |
|---|----------------|---------|--------------------|---------|---------|
| 1 | Steve Langford | 44 | Birmingham Masters | 1:13.06 | 1:11.08 |
| | 34.87 | 1:11.08 | (36.21) | | |

Event 18 Men 45-49 100 SC Meter Backstroke

| | | | | | |
|---|--------------|---------|--------------------|---------|---------|
| 1 | Keith Spence | 47 | South Beds Masters | 1:35.00 | 1:35.05 |
| | 45.52 | 1:35.05 | (49.53) | | |

Event 18 Men 50-54 100 SC Meter Backstroke

| | | | | | |
|---|----------------|---------|---------------|---------|---------|
| 1 | Martyn Fresher | 51 | March Marlins | 1:18.00 | 1:17.73 |
| | 37.97 | 1:17.73 | (39.76) | | |

Event 18 Men 60-64 100 SC Meter Backstroke

| | | | | | |
|---|---------------|---------|----------------|---------|---------|
| 1 | David Pitcock | 64 | Barnet Cophall | 1:42.00 | 1:40.74 |
| | 48.85 | 1:40.74 | (51.89) | | |

Event 18 Men 70-74 100 SC Meter Backstroke

| | | | | | |
|---|----------------|---------|----------------|---------|---------|
| 1 | Nigel Salsbury | 73 | Spencer | 1:32.00 | 1:34.07 |
| | 45.30 | 1:34.07 | (48.77) | | |
| 2 | Bruce Thompson | 71 | Barnet Cophall | 1:50.00 | 1:50.63 |
| | 53.62 | 1:50.63 | (57.01) | | |

Event 18 Men 80-84 100 SC Meter Backstroke

| | | | | | |
|---|-----------------|---------|------------|---------|---------|
| 1 | Richard Harding | 80 | Spencer | 2:00.00 | 2:01.21 |
| | 59.07 | 2:01.21 | (1:02.14) | | |
| 2 | Robert Curr | 84 | Serpentine | 2:55.00 | 2:41.76 |
| | 1:16.19 | 2:41.76 | (1:25.57) | | |

Event 19 Women 18-24 200 SC Meter Freestyle

| | | | | | |
|---|--------------|---------|----------------|---------|---------|
| 1 | Lucy Tofield | 22 | Barnet Cophall | 2:32.00 | 2:31.97 |
| | 33.89 | 1:12.70 | (38.81) | 1:51.96 | (39.26) |
| | | | | 2:31.97 | (40.01) |

Event 19 Women 25-29 200 SC Meter Freestyle

| Barnet Copthall Masters Distance Meet | | | | 6th and 7th July 2013 | Results |
|--|----------------------------------|-----------------|------------------------------|--|---------------------------------------|
| 1 | Jane Stalker | 28 | Camphill Edwardians | 2:21.57 | 2:20.36 |
| | 32.99 | 1:08.56 (35.57) | 1:44.33 (35.77) | 2:20.36 (36.03) | |
| 2 | Olivia Reynolds | 27 | Otter | 2:25.00 | 2:26.14 |
| | 33.46 | 1:09.98 (36.52) | 1:47.99 (38.01) | 2:26.14 (38.15) | |
| 3 | Hannah Lord | 25 | Rushmoor Royals | 2:40.00 | 2:29.01 |
| | 34.38 | 1:11.71 (37.33) | 1:50.49 (38.78) | 2:29.01 (38.52) | |
| Event 19 Women 30-34 200 SC Meter Freestyle | | | | | |
| 1 | Catherine Hasnain | 32 | Otter | 2:22.52 | 2:23.73 |
| | 33.54 | 1:10.57 (37.03) | 1:48.13 (37.56) | 2:23.73 (35.60) | |
| Event 19 Women 35-39 200 SC Meter Freestyle | | | | | |
| 1 | Gina Hobson | 36 | Otter | 2:17.00 | 2:15.83 |
| | 31.22 | 1:05.59 (34.37) | 1:41.10 (35.51) | 2:15.83 (34.73) | |
| 2 | Lisa Dawson | 35 | Barnet Copthall | 2:23.00 | 2:21.45 |
| | 34.15 | 1:10.35 (36.20) | 1:46.00 (35.65) | 2:21.45 (35.45) | |
| Event 19 Women 40-44 200 SC Meter Freestyle | | | | | |
| 1 | Susan Bull | 43 | Mid-Sussex Marlins | 2:50.05 | 2:41.83 |
| | 37.08 | 1:16.61 (39.53) | 1:59.28 (42.67) | 2:41.83 (42.55) | |
| 2 | Ali Skirvin | 44 | Stratford Sharks | 2:57.36 | 2:57.35 |
| | 39.69 | 1:24.42 (44.73) | 2:11.27 (46.85) | 2:57.35 (46.08) | |
| 3 | Elena DE LA Camara | 43 | Camden Swiss Cottage S.C. | 3:50.23 | 3:24.60 |
| | 46.65 | 1:37.61 (50.96) | 2:33.25 (55.64) | 3:24.60 (51.35) | |
| --- | Rachael Coleman | 40 | Barnet Copthall | 2:35.00 | DQ |
| | 4.4 Start before starting signal | | | | |
| | 33.90 | 1:11.42 (37.52) | 1:51.36 (39.94) | DQ (39.39) | |
| Event 19 Women 45-49 200 SC Meter Freestyle | | | | | |
| 1 | Lynne Dawson | 46 | Chapeltown | 2:56.00 | 2:49.95 |
| | 38.58 | 1:22.35 (43.77) | 2:06.50 (44.15) | 2:49.95 (43.45) | |
| Event 19 Women 50-54 200 SC Meter Freestyle | | | | | |
| 1 | Dymphna Morris | 52 | Aer Lingus Masters (Ireland) | 2:25.00 | 2:20.96 |
| | 33.57 | 1:09.26 (35.69) | 1:45.41 (36.15) | 2:20.96 (35.55) | |
| 2 | Denise Poynter | 54 | Wellingborough | 3:43.10 | 3:35.00 |
| | 47.58 | 1:40.07 (52.49) | 2:39.32 (59.25) | 3:35.00 (55.68) | |
| Event 19 Women 55-59 200 SC Meter Freestyle | | | | | |
| 1 | Anne Bourne | 59 | Camphill Edwardians | 2:39.64 | 2:38.78 |
| | 38.18 | 1:19.32 (41.14) | 1:59.07 (39.75) | 2:38.78 (39.71) | |
| 2 | Roz Johnson | 56 | City of Coventry | 3:10.00 | 2:51.95 |
| | 40.01 | 1:22.90 (42.89) | 2:08.35 (45.45) | 2:51.95 (43.60) | |
| 3 | Amanda Doyle | 57 | Dorking | 3:00.00 | 2:55.40 |
| | 42.09 | 1:26.42 (44.33) | 2:12.17 (45.75) | 2:55.40 (43.23) | |
| 4 | Christine Gillard | 57 | Calverton & Bingham | 2:55.63 | 3:04.33 |
| | 39.31 | 1:25.40 (46.09) | 2:14.51 (49.11) | 3:04.33 (49.82) | |
| 5 | Pat Reed | 56 | Bexley | 3:16.00 | 3:12.12 |
| | 44.49 | 1:34.19 (49.70) | 2:24.31 (50.12) | 3:12.12 (47.81) | |
| Event 19 Women 60-64 200 SC Meter Freestyle | | | | | |
| 1 | Sue Haigh | 61 | Tiverton | 2:38.00 | <u>2:34.12 British Record*</u> |
| | 36.64 | 1:16.03 (39.39) | 1:55.88 (39.85) | 2:34.12 (38.24) | |
| 2 | Sandra Vincent | 63 | Black Lion | 3:01.36 | 2:57.95 |
| | 40.88 | 1:25.69 (44.81) | 2:12.12 (46.43) | 2:57.95 (45.83) | |
| 3 | Liz Neale | 61 | South Beds Masters | 3:28.00 | 3:22.92 |
| | 47.06 | 1:38.30 (51.24) | 2:31.32 (53.02) | 3:22.92 (51.60) | |
| Event 19 Women 65-69 200 SC Meter Freestyle | | | | | |
| 1 | Elaine Blower | 68 | Barnet Copthall | 3:05.00 | 2:59.60 |
| | 41.99 | 1:28.49 (46.50) | 2:15.22 (46.73) | 2:59.60 (44.38) | |
| 2 | Andrea Minor | 65 | South Beds Masters | 3:38.00 | 3:32.23 |
| | 46.88 | 1:39.79 (52.91) | 2:36.04 (56.25) | 3:32.23 (56.19) | |

| Barnet Copthall Masters Distance Meet | | | | 6th and 7th July 2013 | | Results |
|--|-------------------|---------|------------------------|--|-------------------|----------------|
| 3 | Jean Thomas | 69 | Wellingborough | 5:21.83 | | 5:32.18 |
| | | 1:11.75 | 2:36.63 (1:24.88) | 4:02.65 (1:26.02) | 5:32.18 (1:29.53) | |
| Event 19 Women 70-74 200 SC Meter Freestyle | | | | | | |
| 1 | Jean Howard-Jones | 70 | Poole | 3:08.00 | | 3:05.65 |
| | | 42.34 | 1:29.97 (47.63) | 2:18.92 (48.95) | 3:05.65 (46.73) | |
| Event 20 Men 18-24 200 SC Meter Freestyle | | | | | | |
| 1 | Alex Fry | 23 | South Beds Masters | 2:50.00 | | 2:40.34 |
| | | 35.75 | 1:16.00 (40.25) | 1:59.35 (43.35) | 2:40.34 (40.99) | |
| Event 20 Men 25-29 200 SC Meter Freestyle | | | | | | |
| 1 | Nicolas Barber | 29 | Otter | 2:08.41 | | 2:08.76 |
| | | 28.75 | 1:00.55 (31.80) | 1:33.59 (33.04) | 2:08.76 (35.17) | |
| 2 | Jeff Mattick | 29 | Otter | 2:23.06 | | 2:21.57 |
| | | 33.38 | 1:08.87 (35.49) | 1:45.24 (36.37) | 2:21.57 (36.33) | |
| 3 | Paul Allen | 29 | Black Lion | 2:49.87 | | 2:40.82 |
| | | 35.05 | 1:15.64 (40.59) | 1:59.20 (43.56) | 2:40.82 (41.62) | |
| Event 20 Men 35-39 200 SC Meter Freestyle | | | | | | |
| 1 | Mike Reys | 39 | Otter | 2:08.00 | | 2:13.58 |
| | | 31.14 | 1:04.37 (33.23) | 1:38.86 (34.49) | 2:13.58 (34.72) | |
| 2 | Adam Freer | 36 | Barnet Copthall | 2:30.94 | | 2:33.18 |
| | | 33.11 | 1:10.83 (37.72) | 1:51.56 (40.73) | 2:33.18 (41.62) | |
| 3 | Justin Greenwood | 38 | Barnet Copthall | 2:35.00 | | 2:37.64 |
| | | 34.62 | 1:14.37 (39.75) | 1:56.99 (42.62) | 2:37.64 (40.65) | |
| Event 20 Men 40-44 200 SC Meter Freestyle | | | | | | |
| 1 | Ian Norman | 44 | Team Luton | 3:00.00 | | 2:57.22 |
| | | 38.73 | | 2:11.92 () | 2:57.22 (45.30) | |
| Event 20 Men 45-49 200 SC Meter Freestyle | | | | | | |
| 1 | Sean Mc Quaid | 45 | Barnet Copthall | 2:13.10 | | 2:12.46 |
| | | 31.10 | 1:04.71 (33.61) | 1:38.96 (34.25) | 2:12.46 (33.50) | |
| 2 | Andrew Gristwood | 49 | Cleethorpes & District | 2:25.00 | | 2:20.48 |
| | | 33.21 | 1:09.53 (36.32) | 1:45.87 (36.34) | 2:20.48 (34.61) | |
| Event 20 Men 50-54 200 SC Meter Freestyle | | | | | | |
| 1 | Patrick Allen | 51 | Guildford City | 2:40.00 | | 2:30.10 |
| | | 34.90 | 1:13.08 (38.18) | 1:52.76 (39.68) | 2:30.10 (37.34) | |
| Event 20 Men 55-59 200 SC Meter Freestyle | | | | | | |
| 1 | Mark Straw | 55 | Basingstoke Bluefins | 2:28.71 | | 2:32.81 |
| | | 33.98 | 1:12.21 (38.23) | 1:53.99 (41.78) | 2:32.81 (38.82) | |
| Event 20 Men 65-69 200 SC Meter Freestyle | | | | | | |
| 1 | Duncan Mc Creadie | 68 | Barnes | 2:30.00 | | 2:34.08 |
| | | 36.05 | 1:15.16 (39.11) | 1:55.60 (40.44) | 2:34.08 (38.48) | |
| Event 20 Men 70-74 200 SC Meter Freestyle | | | | | | |
| 1 | Geoff Stokes | 74 | Rushmoor Royals | 2:48.30 | | 2:44.83 |
| | | 38.71 | 1:20.90 (42.19) | 2:03.83 (42.93) | 2:44.83 (41.00) | |
| Event 20 Men 75-79 200 SC Meter Freestyle | | | | | | |
| 1 | Peter Harding | 75 | Isle of Wight Marlins | 4:05.00 | | 3:29.93 |
| | | 48.71 | 1:40.48 (51.77) | 2:37.10 (56.62) | 3:29.93 (52.83) | |
| Event 20 Men 80-84 200 SC Meter Freestyle | | | | | | |
| 1 | Richard Harding | 80 | Spencer | 4:20.00 | | 4:35.26 |
| | | 1:00.88 | 2:12.40 (1:11.52) | 3:24.78 (1:12.38) | 4:35.26 (1:10.48) | |
| Event 21 Women 30-34 100 SC Meter Butterfly | | | | | | |
| 1 | Catherine Hasnain | 32 | Otter | 1:13.51 | | 1:14.18 |

Barnet Copthall Masters Distance Meet **6th and 7th July 2013** **Results**
 34.71 1:14.18 (39.47)

Event 21 Women 40-44 100 SC Meter Butterfly

| | | | | |
|---|------------------|-------------------------|---------|---------|
| 1 | Katrina Farrall | 43 Basildon & Phoenix | 1:21.00 | 1:15.61 |
| | 34.91 | 1:15.61 (40.70) | | |
| 2 | Catherine Shearn | 44 Basingstoke Bluefins | 1:22.85 | 1:20.01 |
| | 37.31 | 1:20.01 (42.70) | | |

Event 21 Women 45-49 100 SC Meter Butterfly

| | | | | |
|---|----------------|------------------------|---------|---------|
| 1 | Lesley Cordial | 46 Ruislip & Northwood | 1:11.00 | 1:12.53 |
| | 35.21 | 1:12.53 (37.32) | | |
| 2 | Sandra Jones | 49 Gloucester Masters | 1:16.50 | 1:15.92 |
| | 35.80 | 1:15.92 (40.12) | | |

Event 21 Women 50-54 100 SC Meter Butterfly

| | | | | |
|---|------------------|---------------------|---------|---------|
| 1 | Jessica Rathke | 54 Spencer | 1:30.00 | 1:29.92 |
| | 42.13 | 1:29.92 (47.79) | | |
| 2 | Jacqueline Patel | 53 Kings Cormorants | 2:00.00 | 1:52.88 |
| | 53.15 | 1:52.88 (59.73) | | |

Event 21 Women 55-59 100 SC Meter Butterfly

| | | | | |
|---|-----------------------|--------------------------|---------|--|
| 1 | Margaret Smith | 55 City of Milton Keynes | 1:22.12 | <u>1:19.70 Scottish Record*</u> |
| | 37.96 | 1:19.70 (41.74) | | |
| 2 | Amanda Heath | 56 Spencer | 1:25.00 | 1:22.20 |
| | 40.06 | 1:22.20 (42.14) | | |
| 3 | Christine Gillard | 57 Calverton & Bingham | 1:40.71 | 1:42.03 |
| | 46.73 | 1:42.03 (55.30) | | |

Event 21 Women 70-74 100 SC Meter Butterfly

| | | | | |
|---|------------------|--------------------|---------|---------|
| 1 | Georgie Hamilton | 70 Barnet Copthall | 1:55.00 | 1:54.14 |
| | 54.40 | 1:54.14 (59.74) | | |

Event 21 Women 80-84 100 SC Meter Butterfly

| | | | | |
|---|------------|---------------------|---------|---------|
| 1 | Jane Asher | 82 Kings Cormorants | 2:15.00 | 2:05.13 |
| | 1:02.08 | 2:05.13 (1:03.05) | | |

Event 22 Men 30-34 100 SC Meter Butterfly

| | | | | |
|---|---------------|-----------------|---------|---------|
| 1 | Guy Armstrong | 31 Black Lion | 1:20.00 | 1:10.18 |
| | 32.47 | 1:10.18 (37.71) | | |

Event 22 Men 35-39 100 SC Meter Butterfly

| | | | | |
|---|----------------|----------------------|---------|---------|
| 1 | Nick Karaiskos | 37 Havering Dolphins | 1:38.60 | 1:35.32 |
| | 43.64 | 1:35.32 (51.68) | | |

Event 22 Men 40-44 100 SC Meter Butterfly

| | | | | |
|---|----------------|-----------------------|---------|---------|
| 1 | Steve Langford | 44 Birmingham Masters | 1:15.34 | 1:12.88 |
| | 35.27 | 1:12.88 (37.61) | | |
| 2 | Roger Randall | 42 Barnet Copthall | 1:27.50 | 1:24.86 |
| | 40.32 | 1:24.86 (44.54) | | |
| 3 | Ian Norman | 44 Team Luton | 1:45.00 | 1:41.67 |
| | 47.65 | 1:41.67 (54.02) | | |

Event 22 Men 45-49 100 SC Meter Butterfly

| | | | | |
|---|----------------|--------------------------|---------|---------|
| 1 | Mark Franklin | 46 Portsmouth Northsea | 1:15.60 | 1:08.63 |
| | 32.09 | 1:08.63 (36.54) | | |
| 2 | Duncan Hartley | 45 Barnet Copthall | 1:12.00 | 1:10.39 |
| | 34.39 | 1:10.39 (36.00) | | |
| 3 | Julian Reed | 48 City of Milton Keynes | 1:13.13 | 1:14.03 |
| | 34.41 | 1:14.03 (39.62) | | |
| 4 | Keith Spence | 47 South Beds Masters | 1:35.00 | 1:31.84 |
| | 43.76 | 1:31.84 (48.08) | | |

Event 22 Men 50-54 100 SC Meter Butterfly

| Barnet Copthall Masters Distance Meet | | | | 6th and 7th July 2013 | Results |
|--|------------------|---------|---------------------|--|-----------------|
| 1 | Dale Barker | 51 | Stowmarket | 1:15.00 | 1:13.67 |
| | | 35.60 | 1:13.67 (38.07) | | |
| 2 | Tony Corben | 51 | Portsmouth Northsea | 1:14.00 | 1:14.02 |
| | | 33.17 | 1:14.02 (40.85) | | |
| Event 22 Men 65-69 100 SC Meter Butterfly | | | | | |
| 1 | Derek Parr | 69 | Broomfield Park | 1:25.00 | 1:21.61 |
| | | 38.98 | 1:21.61 (42.63) | | |
| Event 22 Men 70-74 100 SC Meter Butterfly | | | | | |
| 1 | Keith Ingram | 73 | Birmingham Masters | 1:30.48 | 1:33.18 |
| | | 42.63 | 1:33.18 (50.55) | | |
| 2 | Paul Clarke | 71 | Team Luton | 1:59.00 | 1:54.83 |
| | | 54.42 | 1:54.83 (1:00.41) | | |
| Event 25 Women 35-39 200 SC Meter IM | | | | | |
| 1 | Dawn Palmer | 37 | Romford Town | 2:33.50 | 2:32.17 |
| | | 32.76 | 1:11.72 (38.96) | 1:57.14 (45.42) | 2:32.17 (35.03) |
| 2 | Gina Hobson | 36 | Otter | 2:40.00 | 2:37.18 |
| | | 34.44 | 1:14.05 (39.61) | 2:01.93 (47.88) | 2:37.18 (35.25) |
| Event 25 Women 40-44 200 SC Meter IM | | | | | |
| 1 | Jo Corben | 43 | Portsmouth Northsea | 2:46.00 | 2:41.97 |
| | | 35.99 | 1:16.73 (40.74) | 2:04.23 (47.50) | 2:41.97 (37.74) |
| Event 25 Women 45-49 200 SC Meter IM | | | | | |
| 1 | Lynne Dawson | 46 | Chapelton | 3:15.00 | 3:21.09 |
| | | 49.29 | 1:39.95 (50.66) | 2:36.05 (56.10) | 3:21.09 (45.04) |
| Event 25 Women 50-54 200 SC Meter IM | | | | | |
| 1 | Frances Hegarty | 53 | Launceston | 3:22.10 | 3:19.84 |
| | | 43.58 | 1:35.63 (52.05) | 2:38.18 (1:02.55) | 3:19.84 (41.66) |
| 2 | Jacqueline Patel | 53 | Kings Cormorants | 4:30.00 | 3:49.64 |
| | | 52.96 | 1:59.14 (1:06.18) | 2:59.33 (1:00.19) | 3:49.64 (50.31) |
| Event 25 Women 55-59 200 SC Meter IM | | | | | |
| 1 | Roz Johnson | 56 | City of Coventry | 4:00.00 | 3:21.97 |
| | | 50.79 | 1:42.60 (51.81) | 2:39.97 (57.37) | 3:21.97 (42.00) |
| Event 25 Women 60-64 200 SC Meter IM | | | | | |
| 1 | Sue Haigh | 61 | Tiverton | 3:10.00 | 3:08.63 |
| | | 40.10 | 1:31.83 (51.73) | 2:28.93 (57.10) | 3:08.63 (39.70) |
| Event 25 Women 70-74 200 SC Meter IM | | | | | |
| 1 | Georgie Hamilton | 70 | Barnet Copthall | 4:00.00 | 3:56.39 |
| | | 53.66 | 1:57.46 (1:03.80) | 3:01.87 (1:04.41) | 3:56.39 (54.52) |
| 2 | Jose Adam | 72 | Brighton Dolphin | 4:15.00 | 4:21.51 |
| | | 1:02.06 | 2:06.48 (1:04.42) | 3:23.20 (1:16.72) | 4:21.51 (58.31) |
| Event 26 Men 30-34 200 SC Meter IM | | | | | |
| 1 | Lewis Jones | 30 | Portsmouth Northsea | 2:17.89 | 2:17.22 |
| | | 29.07 | 1:03.81 (34.74) | 1:46.37 (42.56) | 2:17.22 (30.85) |
| Event 26 Men 35-39 200 SC Meter IM | | | | | |
| 1 | Nick Karaiskos | 37 | Havering Dolphins | 3:24.79 | 3:26.58 |
| | | 44.27 | 1:39.13 (54.86) | 2:39.11 (59.98) | 3:26.58 (47.47) |
| Event 26 Men 40-44 200 SC Meter IM | | | | | |
| 1 | Roger Randall | 42 | Barnet Copthall | 2:53.50 | 2:52.30 |
| | | 36.49 | 1:23.28 (46.79) | 2:14.48 (51.20) | 2:52.30 (37.82) |
| Event 26 Men 45-49 200 SC Meter IM | | | | | |
| 1 | Mark Franklin | 46 | Portsmouth Northsea | 2:49.80 | 2:31.94 |

| Barnet Copthall Masters Distance Meet | | | | 6th and 7th July 2013 | Results |
|---|-------------------|-------------------|------------------------------|--|----------------|
| | 31.99 | 1:11.01 (39.02) | 1:56.06 (45.05) | 2:31.94 (35.88) | |
| 2 | Richard O'Leary | 49 | March Marlins | 3:15.00 | 2:52.52 |
| | 34.74 | 1:25.67 (50.93) | 2:14.71 (49.04) | 2:52.52 (37.81) | |
| Event 26 Men 50-54 200 SC Meter IM | | | | | |
| 1 | Martyn Fresher | 51 | March Marlins | 2:45.00 | 2:38.55 |
| | 33.47 | 1:15.16 (41.69) | 2:00.53 (45.37) | 2:38.55 (38.02) | |
| 2 | Dale Barker | 51 | Stowmarket | 2:42.00 | 2:44.68 |
| | 34.42 | 1:16.30 (41.88) | 2:07.44 (51.14) | 2:44.68 (37.24) | |
| 3 | Tony Corben | 51 | Portsmouth Northsea | 3:00.00 | 2:50.99 |
| | 33.82 | 1:19.81 (45.99) | 2:14.80 (54.99) | 2:50.99 (36.19) | |
| Event 26 Men 65-69 200 SC Meter IM | | | | | |
| 1 | James Arthur | 65 | Celtic Dolphins | 3:05.00 | 2:58.60 |
| | 38.80 | 1:26.03 (47.23) | 2:17.50 (51.47) | 2:58.60 (41.10) | |
| 2 | Derek Parr | 69 | Broomfield Park | 3:20.00 | 3:11.98 |
| | 38.35 | 1:34.03 (55.68) | 2:29.93 (55.90) | 3:11.98 (42.05) | |
| Event 26 Men 70-74 200 SC Meter IM | | | | | |
| 1 | Keith Ingram | 73 | Birmingham Masters | 3:15.11 | 3:18.08 |
| | 42.34 | 1:38.50 (56.16) | 2:34.27 (55.77) | 3:18.08 (43.81) | |
| Event 27 Women 40-44 200 SC Meter Breaststroke | | | | | |
| 1 | Ali Skirvin | 44 | Stratford Sharks | 3:18.78 | 3:21.59 |
| | 47.51 | 1:37.96 (50.45) | 2:30.65 (52.69) | 3:21.59 (50.94) | |
| Event 27 Women 50-54 200 SC Meter Breaststroke | | | | | |
| 1 | Anne Morrissey | 53 | Aer Lingus Masters (Ireland) | 3:30.00 | 3:22.56 |
| | 44.47 | 1:34.81 (50.34) | 2:28.54 (53.73) | 3:22.56 (54.02) | |
| 2 | Anne Raymond | 50 | Sevenoaks Tri-Swim Club | 3:25.00 | 3:25.65 |
| | 47.18 | 1:41.35 (54.17) | 2:34.46 (53.11) | 3:25.65 (51.19) | |
| 3 | Jacqueline Patel | 53 | Kings Cormorants | 4:00.00 | 3:57.82 |
| | 55.01 | 1:56.71 (1:01.70) | 2:57.68 (1:00.97) | 3:57.82 (1:00.14) | |
| Event 27 Women 55-59 200 SC Meter Breaststroke | | | | | |
| 1 | Amanda Heath | 56 | Spencer | 3:09.00 | 3:09.29 |
| | 43.61 | 1:32.76 (49.15) | 2:20.41 (47.65) | 3:09.29 (48.88) | |
| 2 | Susan Green | 57 | Camden Swiss Cottage S.C. | 4:05.50 | 4:08.77 |
| | 57.72 | 2:01.28 (1:03.56) | 3:06.10 (1:04.82) | 4:08.77 (1:02.67) | |
| Event 27 Women 65-69 200 SC Meter Breaststroke | | | | | |
| 1 | Andrea Minor | 65 | South Beds Masters | 4:15.00 | 4:09.32 |
| | 56.18 | 1:59.91 (1:03.73) | 3:05.03 (1:05.12) | 4:09.32 (1:04.29) | |
| Event 28 Men 35-39 200 SC Meter Breaststroke | | | | | |
| 1 | Adam Freer | 36 | Barnet Copthall | 2:55.00 | 2:59.53 |
| | 39.83 | 1:24.03 (44.20) | 2:11.29 (47.26) | 2:59.53 (48.24) | |
| Event 28 Men 45-49 200 SC Meter Breaststroke | | | | | |
| 1 | Keith Spence | 47 | South Beds Masters | 3:25.00 | 3:28.84 |
| | 46.76 | 1:41.00 (54.24) | 2:36.26 (55.26) | 3:28.84 (52.58) | |
| Event 28 Men 55-59 200 SC Meter Breaststroke | | | | | |
| 1 | Jim Hunt | 55 | Birmingham Masters | 3:41.00 | 3:40.10 |
| | 51.89 | 1:47.82 (55.93) | 2:45.07 (57.25) | 3:40.10 (55.03) | |
| Event 28 Men 65-69 200 SC Meter Breaststroke | | | | | |
| 1 | Duncan Mc Creadie | 68 | Barnes | 3:20.00 | 3:24.51 |
| | 46.83 | 1:39.61 (52.78) | 2:32.87 (53.26) | 3:24.51 (51.64) | |
| Event 28 Men 75-79 200 SC Meter Breaststroke | | | | | |
| 1 | Peter Harding | 75 | Isle of Wight Marlins | 4:11.00 | 4:23.33 |
| | 59.57 | 2:05.18 (1:05.61) | 4:23.33 (2:18.15) | | |

Barnet Copthall Masters Distance Meet 6th and 7th July 2013 Results

Event 28 Men 80-84 200 SC Meter Breaststroke

| | | | | |
|---|-------------|------------------------------|-------------------|-------------------|
| 1 | Neil Howell | 81 East Anglian Swallowtails | 5:12.38 | 5:19.62 |
| | 1:11.86 | 2:35.11 (1:23.25) | 3:59.20 (1:24.09) | 5:19.62 (1:20.42) |
| 2 | Robert Curr | 84 Serpentine | 6:00.00 | 5:54.68 |
| | 1:16.77 | 2:51.95 (1:35.18) | 4:26.39 (1:34.44) | 5:54.68 (1:28.29) |

Event 29 Women 18-24 100 SC Meter Freestyle

| | | | | |
|---|--------------|--------------------|---------|---------|
| 1 | Lucy Tofield | 22 Barnet Copthall | 1:07.00 | 1:10.66 |
| | 34.05 | 1:10.66 (36.61) | | |

Event 29 Women 25-29 100 SC Meter Freestyle

| | | | | |
|---|-----------------|------------------------|---------|---------|
| 1 | Olivia Reynolds | 27 Otter | 1:07.00 | 1:05.79 |
| | 31.39 | 1:05.79 (34.40) | | |
| 2 | Jane Stalker | 28 Camphill Edwardians | 1:07.88 | 1:06.95 |
| | 32.24 | 1:06.95 (34.71) | | |

Event 29 Women 30-34 100 SC Meter Freestyle

| | | | | |
|---|------------------|--------------------|---------|---------|
| 1 | Sachika Yamawaki | 32 Barnet Copthall | 1:03.50 | 1:03.11 |
| | 30.21 | 1:03.11 (32.90) | | |

Event 29 Women 40-44 100 SC Meter Freestyle

| | | | | |
|---|--------------------|------------------------------|---------|---------|
| 1 | Rachael Coleman | 40 Barnet Copthall | 1:15.00 | 1:09.28 |
| | 33.56 | 1:09.28 (35.72) | | |
| 2 | Susan Bull | 43 Mid-Sussex Marlins | 1:12.14 | 1:13.56 |
| | 35.34 | 1:13.56 (38.22) | | |
| 3 | Elena DE LA Camara | 43 Camden Swiss Cottage S.C. | 1:40.36 | 1:30.78 |
| | 44.36 | 1:30.78 (46.42) | | |

Event 29 Women 50-54 100 SC Meter Freestyle

| | | | | |
|---|------------------|---------------------------------|---------|---------|
| 1 | Anne Morrissey | 53 Aer Lingus Masters (Ireland) | 1:20.00 | 1:16.12 |
| | 36.23 | 1:16.12 (39.89) | | |
| 2 | Jessica Rathke | 54 Spencer | 1:15.00 | 1:17.63 |
| | 36.63 | 1:17.63 (41.00) | | |
| 3 | Jacqueline Patel | 53 Kings Cormorants | 2:00.00 | 1:37.89 |
| | 47.72 | 1:37.89 (50.17) | | |

Event 29 Women 55-59 100 SC Meter Freestyle

| | | | | |
|---|-------------------|------------------------------|---------|---------|
| 1 | Christine Gillard | 57 Calverton & Bingham | 1:19.81 | 1:20.52 |
| | 37.72 | 1:20.52 (42.80) | | |
| 2 | Alison Sheehan | 55 South Beds Masters | 1:34.00 | 1:33.72 |
| | 44.65 | 1:33.72 (49.07) | | |
| 3 | Susan Green | 57 Camden Swiss Cottage S.C. | 1:40.96 | 1:41.96 |
| | 48.22 | 1:41.96 (53.74) | | |

Event 29 Women 60-64 100 SC Meter Freestyle

| | | | | |
|---|-----------|-----------------------|---------|---------|
| 1 | Liz Neale | 61 South Beds Masters | 1:36.97 | 1:35.34 |
| | 46.17 | 1:35.34 (49.17) | | |

Event 29 Women 70-74 100 SC Meter Freestyle

| | | | | |
|---|-------------------|---------------------|---------|---------|
| 1 | Jean Howard-Jones | 70 Poole | 1:21.00 | 1:19.89 |
| | 37.66 | 1:19.89 (42.23) | | |
| 2 | Jose Adam | 72 Brighton Dolphin | 1:45.71 | 1:44.43 |
| | 49.56 | 1:44.43 (54.87) | | |

Event 30 Men 18-24 100 SC Meter Freestyle

| | | | | |
|---|----------|-----------------------|---------|---------|
| 1 | Alex Fry | 23 South Beds Masters | 1:16.00 | 1:10.18 |
| | 33.73 | 1:10.18 (36.45) | | |

Event 30 Men 25-29 100 SC Meter Freestyle

| | | | | |
|---|----------------|----------|-------|-------|
| 1 | Nicolas Barber | 29 Otter | 56.98 | 58.14 |
|---|----------------|----------|-------|-------|

| Barnet Cophall Masters Distance Meet | | | 6th and 7th July 2013 | Results |
|--|-------------------|------------------------------|--|----------------|
| | 27.56 | 58.14 (30.58) | | |
| 2 | Jeff Mattick | 29 Otter | 1:05.00 | 1:05.57 |
| | 31.55 | 1:05.57 (34.02) | | |
| 3 | Paul Allen | 29 Black Lion | 1:25.00 | 1:12.23 |
| | 34.03 | 1:12.23 (38.20) | | |
| Event 30 Men 30-34 100 SC Meter Freestyle | | | | |
| 1 | Guy Armstrong | 31 Black Lion | 1:02.00 | 1:01.14 |
| | 29.38 | 1:01.14 (31.76) | | |
| 2 | Francesco Capponi | 32 Camden Swiss Cottage S.C. | 1:10.00 | 1:05.61 |
| | 31.43 | 1:05.61 (34.18) | | |
| Event 30 Men 35-39 100 SC Meter Freestyle | | | | |
| 1 | Mike Reys | 39 Otter | 58.50 | 59.46 |
| | 28.67 | 59.46 (30.79) | | |
| 2 | Justin Greenwood | 38 Barnet Cophall | 1:12.50 | 1:09.54 |
| | 32.34 | 1:09.54 (37.20) | | |
| Event 30 Men 40-44 100 SC Meter Freestyle | | | | |
| 1 | Adam Foreman | 40 Barnet Cophall | 1:06.00 | 1:05.94 |
| | 31.35 | 1:05.94 (34.59) | | |
| Event 30 Men 45-49 100 SC Meter Freestyle | | | | |
| 1 | Sean Mc Quaid | 45 Barnet Cophall | 59.90 | 1:00.32 |
| | 28.69 | 1:00.32 (31.63) | | |
| Event 30 Men 50-54 100 SC Meter Freestyle | | | | |
| 1 | Patrick Allen | 51 Guildford City | 1:09.00 | 1:06.72 |
| | 31.57 | 1:06.72 (35.15) | | |
| 2 | Phil Holme | 54 Barnet Cophall | 1:12.00 | 1:11.96 |
| | 33.70 | 1:11.96 (38.26) | | |
| 3 | George Droungas | 52 Barnet Cophall | 1:12.50 | 1:13.04 |
| | 33.98 | 1:13.04 (39.06) | | |
| Event 30 Men 65-69 100 SC Meter Freestyle | | | | |
| 1 | Derek Parr | 69 Broomfield Park | 1:25.00 | 1:18.19 |
| | 37.76 | 1:18.19 (40.43) | | |
| Event 30 Men 70-74 100 SC Meter Freestyle | | | | |
| 1 | Nigel Salsbury | 73 Spencer | 1:30.00 | 1:25.73 |
| | 39.10 | 1:25.73 (46.63) | | |
| 2 | Paul Clarke | 71 Team Luton | 1:41.00 | 1:31.63 |
| | 42.23 | 1:31.63 (49.40) | | |
| Event 30 Men 80-84 100 SC Meter Freestyle | | | | |
| 1 | Richard Harding | 80 Spencer | 2:00.00 | 2:00.87 |
| | 55.68 | 2:00.87 (1:05.19) | | |
| 2 | Robert Curr | 84 Serpentine | 2:20.00 | 2:23.74 |
| | 1:05.81 | 2:23.74 (1:17.93) | | |

All Record claims subject to ratification